

# Billings Method Controlling Fertility Without Drug

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**Stay Fertile Longer** Mary Kittel 2004-09-08 A practical handbook on women's fertility shares secrets of how to extend fertility into a woman's thirties and forties, teaching women simple lifestyle changes that make fertility possible into middle age. Reprint. 10,000 first printing.

**Your Happy Marriage: 27 Lessons Learned from 27 Years of Married Life** Boni and Alice Belen 2022-03-14 Boni and Alice are the co-authors of “Your Happy Marriage: 27 Lessons Learned from 27 Years of Married Life.” They wrote this journal of their married life in their desire to share their poignant and personal experiences, practical insights, and Christian principles for those engaged or already married. Boni and Alice are hopeful that the 27 lessons they share will help provide a renewed impetus as couples navigate through the joyful and rough-and-tumble terrains of that greatest adventure of all human loves called Marriage.

**Clinical Management of Male Infertility** Giorgio Cavallini 2014-10-20 This book provides andrologists and other practitioners with reliable, up-to-date information on all aspects of male infertility and is designed to assist in the clinical management of patients. Clear guidance is offered on classification of infertility, sperm analysis interpretation and diagnosis. The full range of types and causes of male infertility are then

discussed in depth. Particular attention is devoted to poorly understood conditions such as unexplained couple infertility and idiopathic male infertility, but the roles of diverse disorders, health and lifestyle factors and environmental pollution are also fully explored. Research considered stimulating for the reader is highlighted, reflecting the fascinating and controversial nature of the field. International treatment guidelines are presented and the role of diet and dietary supplements is discussed in view of their increasing importance. Clinicians will find that the book's straightforward approach ensures that it can be easily and rapidly consulted.

**Pregnancy and Childbirth** Jan de Vries 2011-06-10 Allaying the doubts and fears which surround the most natural and yet probably the most traumatic experience a woman will go through, *Pregnancy and Childbirth* takes you step by step through conception, pregnancy, labour and the care of your baby. Calling upon a lifetime's experience in helping couples who have come to him following years of trying for a baby, Jan de Vries explains how he has helped them with either herbal or homoeopathic medicine, acupuncture or osteopathy. He describes how acupuncture can help, especially during labour, and provides advice for couples who have undergone severe stress when dealing with problems such as impotence, or feelings of inadequacy or rejection. What emerges from his extensive research is an overwhelming sense of hope in the wonder of nature and joy at the miracle of each new birth.

**Natural Family Planning** 1988

**Studies in Human Sexuality** Suzanne G. Frayser 1995 \*\*\*\* The first edition (1987) is cited in ARBA 1988 and the Supplement to Sheehy. A guide to the best and most informative books in the English language on the subject of human sexuality, for professionals, scholars, students, and laypeople. This expanded edition contains 1,091 abstracts, including some 500 new titles. The abstracts range in length from 100 to 600 words and are written from an objective viewpoint. Virtually all current, pressing sexual issues are represented, including abortion, AIDS, sexual abuse, incest, rape, and prostitution. The focus of this edition is on the proliferation of books published since 1970, with new material covering works from 1987 on. Annotation copyright by Book News, Inc., Portland, OR

The New York Times Book Review 1982

The Goddess' Guide to Love Margie Lapanja 1999-01-01 The mysteries of the immortals are revealed in this spirited guide to the irresistible playground of love. Features powerful love spells, recipes for practical seduction, and timeless secrets of the sensual arts. 30 illustrations.

Bodies of Technology Marta Kirejczyk 2000 This work is based on a concern for women's health and autonomy and on the premise that technology and society mutually shape one another. A basic question is one of cultural appropriation. Do technologies take on different shapes, different practices, and have different impacts as they spread from one place to another? By juxtaposing a number of culturally and historically contextualized studies of similar technologies, the editors demonstrate that although technologies globalize by spreading among cultures, they are also localized by the cultures they encounter.

Leaving and Coming Home David M. Cloutier 2010-06-04 SINCE 2002, THE SYMPOSIUM NEW WINE, NEW WINESKINS HAS OFFERED AN OPPORTUNITY for young Catholic moral theologians to engage in shared work and conversation. Here, the fruits of these labors are gathered into one collection, which represents the wide scope of the future of Catholic sexual ethics. This volume offers the first collection of a new generation's approaches to Catholic sexual ethics. The collection displays young scholars with diverse views, yet whose work moves beyond the impasses that have beset the field. The volume offers original and engaging essays on a variety of topics, from the hook-up culture and dating violence, to cohabitation and homosexuality, to contraception and natural family planning, to the promises and pitfalls of "the theology of the body." The authors display a fresh engagement with these issues in conversation with the Christian tradition and with contemporary culture. David Cloutier provides an introduction that locates this work within the past decades of Catholic scholarship, and articulates new categories for future work. The essays also offer practical insights and models that will interest pastors and lay ministers, as well as scholars.

*The Art of Natural Family Planning* John F. Kippley 1996 The Couple to Couple League manual for the

sympto-thermal method of natural family planning. Large format; easy-to-read and understand; information on breastfeeding, cycle irregularities, miscarriages, family size, effectiveness, and much more.

Grieving Reproductive Loss Kathleen Gray 2018-10-26 Grieving Reproductive Loss: The Healing Process acknowledges the devastating impact these losses can have. Written in "plain language", the book attempts to bring about a greater understanding of the grief associated with reproductive loss and, through the Healing Process Model[[copyright](#)], offers a holistic approach for constructive healthy grieving and healing of body, mind, and spirit.

Encyclopedia of Birth Control Marian Rengel 2000 Presents cross-referenced, alphabetically arranged entries on topics related to birth control, including advocates and inventors, legal issues and cases, methods, countries, medical issues, organizations, religion, the reproductive system, research, and special populations.

Disease Control Priorities, Third Edition (Volume 2) Robert Black 2016-04-11 The evaluation of reproductive, maternal, newborn, and child health (RMNCH) by the Disease Control Priorities, Third Edition (DCP3) focuses on maternal conditions, childhood illness, and malnutrition. Specifically, the chapters address acute illness and undernutrition in children, principally under age 5. It also covers maternal mortality, morbidity, stillbirth, and influences to pregnancy and pre-pregnancy. Volume 3 focuses on developments since the publication of DCP2 and will also include the transition to older childhood, in particular, the overlap and commonality with the child development volume. The DCP3 evaluation of these conditions produced three key findings: 1. There is significant difficulty in measuring the burden of key conditions such as unintended pregnancy, unsafe abortion, nonsexually transmitted infections, infertility, and violence against women. 2. Investments in the continuum of care can have significant returns for improved and equitable access, health, poverty, and health systems. 3. There is a large difference in how RMNCH conditions affect different income groups; investments in RMNCH can lessen the disparity in terms of both health and financial risk.

How to Choose the Sex of Your Baby Landrum B. Shettles 2006-10-10 For almost forty years, How to

Choose the Sex of Your Baby has been the standard reference for couples trying to increase their chances of having the son or daughter they hope for. In this new edition of their classic book, Dr. Shettles and David Rorvik provide authoritative scientific studies and compelling anecdotal evidence demonstrating that the Shettles method continues to produce results unmatched by any other method. Dozens of testimonials confirm its ease of use and rate of success. How to Choose the Sex of Your Baby explains the simple, at-home, noninvasive Shettles method and presents detailed steps to take to conceive a child of a specific gender. The properly applied Shettles method gives couples a 75 percent or better chance of having a child of the desired sex. Some researchers have reported success rates of up to 90 percent!

**Teaching the Billings Ovulation Method** Evelyn Billings 1996

**The Personal Fertility Guide** Terrie Guay 1985-09 Advocating natural family planning, the author describes the development, use, and advantages of the ovulation method for preventing unwanted pregnancies

**Australian National Bibliography: 1992** National Library of Australia 1988

**The Billings Method of Natural Family Planning** Evelyn Billings 1980

**Biomedicen and Beatitude** Austriaco Op Nicanor Pier Giorgio 2021-06-25 This timely and up to date new edition of Biomedicine and Beatitude features an entirely new chapter on the ethics of bodily modification. It is also updated throughout to reflect the pontificate of Pope Francis, recent concerns including ethical issues raised by the COVID-19 pandemic, and feedback from the many instructors who used the first edition in the classroom.

*Contemporary Authors* Frances C. Locher 1984-10 Entries contain personal and career information on contemporary authors as well as their published writings and work in progress

**The Long Sexual Revolution** Hera Cook 2004-02-05 In this book Hera Cook traces the path of sexuality in England, and shows how its route was determined by the gradual exertion of control over fertility. Most

sexual activity had major economic and social costs, the most fundamental of which was the physical cost of children upon women's bodies. Around 1800 birth rates reached historical heights. Using a combination of demographic and qualitative sources, Dr Cook examines the connection between the struggle to lower fertility and the increasing repression of sexuality throughout the nineteenth century. Contraception became a viable option in the early twentieth century. The book charts the resulting slow relaxation of attitudes to sexuality and the remaking of heterosexual physical behaviour, culminating in the sexual revolution of the 1960s.

*Contraceptive Research and Development* Institute of Medicine 1996-11-04 The "contraceptive revolution" of the 1960s and 1970s introduced totally new contraceptive options and launched an era of research and product development. Yet by the late 1980s, conditions had changed and improvements in contraceptive products, while very important in relation to improved oral contraceptives, IUDs, implants, and injectables, had become primarily incremental. Is it time for a second contraceptive revolution and how might it happen? *Contraceptive Research and Development* explores the frontiers of science where the contraceptives of the future are likely to be found and lays out criteria for deciding where to make the next R&D investments. The book comprehensively examines today's contraceptive needs, identifies "niches" in those needs that seem most readily translatable into market terms, and scrutinizes issues that shape the market: method side effects and contraceptive failure, the challenge of HIV/AIDS and other sexually transmitted diseases, and the implications of the "women's agenda." *Contraceptive Research and Development* analyzes the response of the pharmaceutical industry to current dynamics in regulation, liability, public opinion, and the economics of the health sector and offers an integrated set of recommendations for public- and private-sector action to meet a whole new generation of demand.

*Journal of Reproductive Medicine* 1986

*APAIS, Australian Public Affairs Information Service* 1986 Vol. for 1963 includes section Current Australian serials; a subject list.

*Human Sexuality* Vern L. Bullough 2014-01-14 First Published in 1994. Routledge is an imprint of Taylor

& Francis, an informa company.

**Taking Charge of Your Fertility, 10th Anniversary Edition** Toni Weschler 2006-10-31 Celebrating 10 years of helping hundreds of thousands of women achieve pregnancy, avoid pregnancy naturally, and gain better control of their health and lives, the 10th Anniversary Edition of the classic bestseller will include:

- New 'Preface to the 10th Anniversary Edition"
- Updates on new fertility technologies
- Natural approaches to conception
- Updated Resources and Books

For any woman unhappy with her current method of birth control; demoralized by her quest to have a baby; or experiencing confusing symptoms in her cycle, this book provides answers to all these questions, plus amazing insights into a woman's body. Weschler thoroughly explains the empowering Fertility Awareness Method, which in only a couple minutes a day allows a woman to:

- Enjoy highly effective, scientifically proven birth control without chemicals or devices
- Maximize her chances of conception or expedite fertility treatment by identifying impediments to conception
- Increase the likelihood of choosing the gender of her baby
- Gain control of her sexual and gynecological health

Using Science to Improve the BLM Wild Horse and Burro Program Committee to Review the Bureau of Land Management Wild Horse and Burro Management Program 2013-09-18 Using Science to Improve the BLM Wild Horse and Burro Program: A Way Forward reviews the science that underpins the Bureau of Land Management's oversight of free-ranging horses and burros on federal public lands in the western United States, concluding that constructive changes could be implemented. The Wild Horse and Burro Program has not used scientifically rigorous methods to estimate the population sizes of horses and burros, to model the effects of management actions on the animals, or to assess the availability and use of forage on rangelands. Evidence suggests that horse populations are growing by 15 to 20 percent each year, a level that is unsustainable for maintaining healthy horse populations as well as healthy ecosystems. Promising fertility-control methods are available to help limit this population growth, however. In addition, science-based methods exist for improving population estimates, predicting the effects of management practices in order to maintain genetically diverse, healthy populations, and estimating the productivity of rangelands. Greater transparency in how science-based methods are used to inform management decisions may help increase public confidence in the Wild Horse and Burro Program.

The Billings Method Evelyn Billings 1993

Sex Au Naturel Patrick Coffin 2010 Sex Au Naturel: What It Is and Why It's Good For Your Marriage by radio host Patrick Coffin is a bracing ride across the landscape of the Catholic sexual ethic. If you're looking for intellectual ammo with which to defend and explain the teaching of *Humanae Vitae*, or if you reject it altogether, you'll agree that Coffin approaches the topic from a wide array of new and persuasive angles. With humor and enthusiasm and a total absence of moralizing you'll learn: Why Paul VI's landmark 1968 encyclical was widely rejected a generation ago and why it's gaining new respectability now Where exactly the Bible teaches against birth control The differences between contraception and natural family planning (hint: they're more profound than you think) The meaning of the natural law and how it applies to birth control How the dogma of the Blessed Trinity implicit condemns birth control That every single Protestant denomination rejected birth control until 1930 Why the myth of overpopulation is used against the Church, and how to answer it How faithful adherence to the teaching of *Humanae Vitae* is causally related to marital happiness and longevity Why it's not too late to start over, even if you've been sterilized How to rely on the ever-present grace of God rather than your own strength in faithfully following this challenging, life-giving aspect of Christian discipleship Much, much more!

The Consumer Health Information Source Book Alan M. Rees 1981 "This book assembles, describes, and evaluates the principal sources of health information for the layperson." Contains bibliography of books and pamphlets of current literature, as well as directory information to audiovisual producers/distributors and resource organizations. Author, title, subject indexes.

Safe Abortion Organisation mondiale de la santé 2003-05-13 At a UN General Assembly Special Session in 1999, governments recognised unsafe abortion as a major public health concern, and pledged their commitment to reduce the need for abortion through expanded and improved family planning services, as well as ensure abortion services should be safe and accessible. This technical and policy guidance provides a comprehensive overview of the many actions that can be taken in health systems to ensure that women have access to good quality abortion services as allowed by law.

**Catholic Theology of Marriage in the Era of HIV and AIDS** Emily Reimer-Barry 2015-04-09 Marriage for Life begins by listening to the lived experiences of Catholic, married, HIV-positive women, in order to better understand their struggles. The eight women interviewed in Chicago, Illinois, USA, shared their stories of marriage, of family life, of church involvement, and of living with HIV. Their candid reflections offer a fresh and grounded perspective on the challenges of living with HIV in a US context. After listening to and learning from these women's experiences, Reimer-Barry constructs a theology of Christian marriage that is life-giving in a world with AIDS. While Catholic teachings have developed and now affirm the equal dignity of women and men, troubling legacies of women's subordination remain embedded in liturgical practices and theological texts. Arguing that self-care is an indispensable component of a healthy marriage, Reimer-Barry constructs a life-affirming theology of marriage that is sensitive to the struggles of her collaborators. She argues that marriage for life must promote the full flourishing of both partners, respect wives as equal partners with their husbands, and offer a coherent and empowering sexual ethic. Building on the wisdom of her collaborators' lived experiences, Reimer-Barry examines the need for a more adequate Catholic response to HIV and AIDS, arguing that church communities should promote comprehensive sexual education, affirm both abstinence and condom use for HIV prevention, and actively work to reduce stigmatizing behaviors within church communities. She also unpacks the implications of marriage for life for Catholic liturgical practice, marriage preparation programs, sexual education programs, and family ministries. Modeling her method on what Pope Francis calls the "art of accompaniment," Reimer-Barry argues that Catholic theology of marriage must be renewed and updated so that all can plainly understand that marriage is for life.

Encyclopedia of Birth Control Vern L. Bullough 2001-01-01 Edited by a noted scholar of health and sexuality, Encyclopedia of Birth Control is a complete report on the historical development and efficacy of contraceptive practices around the world, both past and present. \* More than 100 A-Z entries written by scholars in bioethics, history, nursing, sexual medicine, and sociology \* Descriptions of the positions of the major religions toward birth control \* Country-by-country analysis of current contraceptive practices \* Illustrations including contemporary and historical photographs, posters, advertisements, and art

Humanae Vitae, 50 Years Later Charles J. Chaput 2019 "Experts representing a variety of disciplines

including history, culture, theology, medicine, law, and psychology reflect upon the Catholic Church's teachings on marriage and licit methods for the regulation of births, on the occasion of the 50th anniversary of the papal document *Humanae vitae*. Includes selected bibliography"--

**Population and Society** Dudley L. Poston, Jr 2016-12-28 This comprehensive yet accessible textbook is an ideal resource for undergraduate and graduate students taking their first course in demography. Clearly explaining technical demographic issues without using extensive mathematics, *Population and Society* is sociologically oriented, but incorporates a variety of social sciences in its approach, including economics, political science, geography, and history. It highlights the significant impact of decision-making at the individual level - especially regarding fertility, but also mortality and migration - on population change. The text engages students by providing numerous examples of demography's practical applications in their lives, and demonstrates the extent of its relevance by examining a wide selection of data from the United States, Africa, Asia, and Europe. This thoroughly revised edition includes four new chapters, covering topics such as race and sexuality, and encourages students to consider the broad implications of population growth and change for global challenges such as environmental degradation.

**What every woman and girl should know about herself** Rob Quentin 1997 The book gives women and girls an abundance of knowledge and understanding about their bodies and sex. The monthly menstrual cycle and how a woman can recognise her natural signs that tell her the few days when conception can happen and the numerous days in the month when conception is not possible are explained. The book fills the need for better and fuller sex education.

**Aphrodite's Magic** Jane Meredith 2014-01-01 Are you a woman who believes in your own beauty? Do you love your sensuality and live it fully? *Aphrodite's Magic* is a journey into seven aspects of women's sexuality. Enter the Temple of Aphrodite, Goddess of Love and explore the layers of your most private, feminine self. This book will guide you to resolve and heal past trauma, grief and abuse so your sexuality is set free from the past. You will be inspired to honor and celebrate your unique embodiment of the feminine and allow the magic of the Goddess to enter your body with every breath you take.

Visualizations and rituals are included to support each step of your journey. Rediscovering seven strands

of your sexuality, dancing, journaling and creative processes lead the reader to weave a spell that culminates in a powerful affirmation of self-honoring and sexual embodiment. You can also create your own magical girdle, like the one worn by Aphrodite herself. Aphrodite's Magic will release you from the past and inspire your sexual and spiritual self for the future.

*The Subfertility Handbook* Gabor T. Kovacs 1997-09-11 An essential, practical guide for clinicians treating patients with infertility.

Population Reports 1981