

Grace Gold And Glory My Leap Of Faith The Gabriell

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The Notebook Girls Julia Baskin 2008-11-15 Everyone likes to think they started the notebook. Sophie claims she stole the idea from two girls in her math class. Courtney still has a death grip on the theory that the notebook was her invention. Lindsey doesn't really care; she's just along for the ride. And Julia never knows what's going on anyway. What we do know is that we started the notebook in freshman year at Stuyvesant High School as a way to keep in contact when our conflicting schedules denied us one another's company. It allowed us to express ourselves and our views of the world in a tone of complete sarcasm, obscenity, and blind honesty. We've spent a significant portion of our adolescence trying to figure out who we are. The notebook is the closest we've come. We're just a group of normal girls with normal lives. Our notebook is meant to make you laugh and make you remember.

Abused Rachel Haines 2019-04-12 Two-year-old Rachel Haines didn't know that she would be committing to twenty-one years of hard work, dedication, and perseverance as she jumped into the foam pit during her first "mommy and me" gymnastics class. She had no idea that one day she would become a two-time National Team Member, two-time National Champion, and a Division I college gymnast at the University of Minnesota. Nor could she have known that she had just signed herself up for serious injury, emotional distress, and continuous sexual assault by world-renowned trainer turned serial molester, Larry Nassar. In *Abused: Surviving Sexual Assault and a Toxic Gymnastics Culture*, Rachel details her experiences as a competitive gymnast and the painful realities of being one of Nassar's many victims. With honesty and candidness, Rachel shares how the sport she loved that gave her so much—friendships, accomplishments, a college education—is also tangled in a dangerously toxic culture that needs to be fixed. In a world that was setting her up for a lifetime of recovery, she tells how faith, family, and an army of survivors made healing possible.

Life After Darkness Michelle Knight 2018-05-01 From Michelle Knight-Cleveland kidnapping survivor and #1 New York Times bestselling author of *Finding Me* comes an inspirational book about healing and resilience, on the five-year anniversary of her escape. Michelle Knight -- now known as Lily Rose Lee -- captured the world's attention in May 2013, when she and two fellow kidnapping victims were found and freed after being held for more than a decade by notorious Cleveland kidnapper Ariel Castro. But many people are still asking: What happened after her escape? How do you re-enter society after years of abuse and isolation? How do you get past the trauma and live a happy and joy filled life? How do you learn to trust again? In *Life After Darkness*, published on the fifth anniversary of her liberation,

Lily describes how she managed to heal the wounds to her body, mind, and soul-wounds, she reveals, that were first inflicted even before her kidnapping. With the help of good friends and anchored by her own inner strength, she takes us with her step by step on her journey out of darkness into the light. An inspiring story -- and for anyone who has dared to hope after suffering, a guidebook to finding new purpose for a meaningful life.

Nadia Karlin Gray 2016-06-07 Nadia Comaneci was a feisty and fearless little girl who went from climbing trees in the forests of Romania to swinging into history at the 1976 Olympic Games, where she received an unprecedented seven perfect scores in gymnastics. But as readers will see in this first-ever illustrated picture book about Nadia's journey to Olympic gold, the road from small-town girl to world-class athlete was full of many imperfect moments. Expert illustrations that capture the energy and fluidity of Nadia's exuberant gymnastic routines and referential back matter round out this inspirational story of determination and overcoming adversity. A perfect 10.

Grace, Gold, and Glory My Leap of Faith Gabrielle Douglas 2012-11-27 The inspiring autobiography from Gabrielle Douglas—the first African-American gymnast in Olympic history to become the individual All-Around champion—revealing her journey from the time she first entered a gym to her gold-medal-winning performances. In the 2012 London Olympics, US gymnast Gabrielle Douglas stole hearts and flew high as the All-Around Gold Medal winner and the brightest star of the US gold-medal-winning women's gymnastics team. That same year, Gabrielle was also named the 2012 Sportswoman of the Year by the Women's Sports Foundation. In this personal autobiography, *Grace, Gold, and Glory My Leap of Faith*, Gabrielle tells her story of faith, perseverance, and determination. Walk with Gabby Douglas through her journey of faith and what her family overcame, from the time she first entered a gymnasium to her gold-medal-winning performances, demonstrating to readers ages 13 and up that they can reach their dreams when they let themselves soar. *Grace, Gold, and Glory My Leap of Faith: Is the official autobiography of renowned US gymnast Gabrielle Douglas Chronicles Gabrielle's journey from her first practice to becoming a 2012 gold-winning US gymnast Celebrates Gabrielle as the first African-American gymnast in Olympic history to become the individual All-Around champion, and the first American gymnast to win gold in both the individual All-Around and team competitions at the same Olympics. Is one of the most inspiring books on the market today for reader ages 13 and up*

The Flip Side Shawn Johnson 2016-06-07 An elite teenaged gymnast with Olympic dreams finds it hard to train when a irresistible guy comes along and threatens to throw her whole world off balance.

Heart of a Champion Kim Washburn 2012-05-22 Story of Olympic gymnast and motivational speaker Dominique Dawes. She knew what she wanted—a gold medal in the Olympics—and she worked to make it happen, winning her first at age 19. With her personal motto, “Determination, dedication, and desire,” Dominique went on to win two more Olympic gold medals in gymnastics. And today she carries her message to kids and adults as a motivational speaker with a passionate message—Never give up on your dreams!

Little Girls in Pretty Boxes Joan Ryan 2013-04-03 A sports reporter investigates the training of girls as professional gymnasts and figure skaters, arguing that the pressure to succeed and to look beautiful results in mental and physical harm, from eating disorders to psychological trauma.

Gabby Douglas Jon M. Fishman 2017-08-01 Audisee® eBooks with Audio combine professional narration and text highlighting for an engaging read aloud experience! Although she's just 4 feet, 11 inches tall, Gabby Douglas made a larger-than-life impact on the 2012 Olympic Games in London. Gabby

dominated the gymnastics all-around competition with her flawless execution and amazingly high flips, winning gold by a landslide. In early 2012, this pint-sized powerhouse was ready to quit gymnastics for good, but she kept going. Competing at the Olympics at just sixteen years old, she became the best female gymnast in the world. Read about this incredible athlete's journey from Virginia Beach to London gold.

I'll Never Write My Memoirs Grace Jones 2016-06-14 Iconic music and film legend Grace Jones gives an in-depth account of her stellar career, professional and personal life, and the signature look that catapulted her into the stardom stratosphere. Grace Jones, a veritable "triple-threat" as acclaimed actress, singer, and model, has dominated the entertainment industry since her emergence as a model in New York City in 1968. Quickly discovered for her obvious talent and cutting-edge style, Grace signed her first record deal in 1977 and became one of the more unforgettable characters to emerge from the Studio 54 disco scene, releasing the all-time favorite hits, "Pull Up to the Bumper," "Slave to the Rhythm," and "I'm Not Perfect (But I'm Perfect for You)." And with her sexually charged, outrageous live shows in the New York City nightclub circuit, Grace soon earned the title of "Queen of the Gay Discos." But with the dawn of the '80s came a massive anti-disco movement across the US, leading Grace to focus on experimental-based work and put her two-and-a-half-octave voice to good use. It was also around this time that she changed her look to suit the times with a detached, androgynous image. In this first-ever memoir, Grace gives an exclusive look into the transformation to her signature style and discusses how she expanded her musical triumph to success in the acting world, beginning in the 1984 fantasy-action film Conan the Destroyer alongside Arnold Schwarzenegger, then the James Bond movie A View to a Kill, and later in Eddie Murphy's Boomerang. Featuring sixteen pages of stunning full-color photographs, Miss Grace Jones takes us on a journey from Grace's religious upbringing in Jamaica to her heyday in Paris and New York in the '70s and '80s, all the way to present-day London, in what promises to be a no holds barred tell-all for the ages.

[The Matheny Manifesto](#) Mike Matheny 2017-03-28 St. Louis Cardinals manager Mike Matheny's New York Times bestselling manifesto about what parents, coaches, and athletes get wrong about sports; what we can do better; and how sports can teach eight keys to success in sports and life. Mike Matheny was just forty-one, without professional managerial experience and looking for a next step after a successful career as a Major League catcher, when he succeeded the legendary Tony La Russa as manager of the St. Louis Cardinals in 2012. While Matheny has enjoyed immediate success, leading the Cards to the postseason four times in his first four years—a Major League record—people have noticed something else about his life, something not measured in day-to-day results. Instead, it's based on a frankly worded letter he wrote to the parents of a Little League team he coached, a cry for change that became an Internet sensation and eventually a "manifesto." The tough-love philosophy Matheny expressed in the letter contained his throwback beliefs that authority should be respected, discipline and hard work rewarded, spiritual faith cultivated, family made a priority, and humility considered a virtue. In *The Matheny Manifesto*, he builds on his original letter by first diagnosing the problem at the heart of youth sports—it starts with parents and coaches—and then by offering a hopeful path forward. Along the way, he uses stories from his small-town childhood as well as his career as a player, coach, and manager to explore eight keys to success: leadership, confidence, teamwork, faith, class, character, toughness, and humility. From "The Coach Is Always Right, Even When He's Wrong" to "Let Your Catcher Call the Game," Matheny's old-school advice might not always be popular or politically correct, but it works. His entertaining and deeply inspirational book will not only resonate with parents, coaches, and athletes, it will also be a powerful reminder, from one of the most successful new managers in the game, of what sports can teach us all about winning on the field and in life.

Grace Abounding to the Chief of Sinners ... John Bunyan 1888

My Gymnastics Journal K. Francklin 2016-04-25 *My Gymnastics Journal (Diary): Keeping Track of the Ups and Downs!* is not just for writing details of your progress, it is also full of interesting facts and information about gymnastics plus fun activities to complete. To really make this journal special each page shows an image of a gymnast in the bottom corner so that when you turn the pages quickly you also have a fun flip book. Flick the pages one way and you will see a gymnast perform a cartwheel and flick the other way to see a gymnast doing a backward walkover/flip prep! This journal is the ideal gift for all female artistic gymnasts who want to learn more about the sport and keep a diary of their weekly progress. What You Get Inside you'll have 48 weeks worth of progress reports to update and more than 20 pages of both interactive activities and fun gymnastics facts. This Gymnastics Book has been written and designed with the help of my daughter who is a keen gymnast and wanted to create a journal for her own use - so here it is! Enjoy! The activities and interesting facts will require some reading ability. For girls younger than 9 years, adult help may be required.

Grace, Gold and Glory Gabrielle Douglas 2013-11-18 The Olympic gold medalist shares the story of her life and how her faith allowed her to persevere and reach her dreams.

Finding My Shine Nastia Liukin 2015-11-24 Nastia Liukin is an Olympic gymnastics all-around gold medalist, but the road to her success was not an easy one. In *Finding My Shine*, she shares not only her personal journey of success, but also her biggest challenges, including her career ending fall during the 2012 Olympic Trials that she now says was the defining moment of her life. Throughout this book, she delivers her motivational tips toward reaching any goal, overcoming obstacles, and learning how to pick yourself up after the inevitable falls you will have in life. Nastia's story is a true American dream. Born in Moscow, Russia, her parents were both champion gymnasts in their native country. The Liukins moved to the United States when Nastia was two and a half, because they wanted to give their daughter every opportunity possible. Even then, Nastia was certain she wanted to be a gymnast, and spent every hour she could in training. That dedication paid off. Nastia became a key member of the US team, winning five Olympic medals. She also won nine world championship medals (four gold and five silver) making her one of the most celebrated gymnasts in US history. Nastia was in the spotlight again in 2015 when she became a competitor on *Dancing with the Stars*, partnered with Derek Hough. She now speaks to girls and young women across the country in the hopes of motivating them to turn their own dreams into reality. *Finding My Shine* is a moving story of a remarkable young woman who won Olympic gold, but whose passion truly lies in inspiring others.

Catch a Star Tamika Catchings 2016-03-01 When all she wanted was to fit in, Tamika Catchings never imagined one day she'd stand out--as a basketball superstar and an inspiration. Catchings faced being set apart by her hearing loss, separation from family, living up to high expectations, and the pain and discouragement of debilitating physical injuries. Yet she reached for the stars with hard work, perseverance, and her faith in God. Through the silence, she found the way to shine. *Catch a Star* tells Tamika's story of overcoming: of leading the Indiana Fever to its first championship, being named to the WNBA's All Decade Team, earning four Olympic gold medals, and founding the *Catch the Stars* Foundation to help young people achieve their dreams. Her story will inspire readers to face their doubts and fears, encouraging them to reach for their own stars, no matter what challenges come their way.

One Breath Away Heather Gudenkauf 2020-03-16 In this gripping and emotionally-charged thriller, New York Times bestselling author Heather Gudenkauf shows how all it takes is a single moment to change

everything. In the midst of a sudden spring snowstorm, a man armed with a gun walks into a school. Officer Meg Barrett holds the responsibility of the children of Broken Branch in her hands. Will Thwaite stands by helplessly and wonders if he has failed his child again. Trapped in her classroom, Evelyn Oliver watches for an opportunity to rescue the children in her care. And thirteen-year-old Augie Baker will risk her own safety to protect her little brother. As tension mounts with each passing minute, and as the people of Broken Branch race to uncover the identity of the stranger, small acts of fear and courage reveal hidden truths that will alter the town forever. Previously published. Don't miss these other gripping thrillers from New York Times bestselling author Heather Gudenkauf: *The Weight of Silence* *These Things Hidden* *Little Mercies* *Missing Pieces* *Not a Sound Before She Was Found*

Landing on My Feet Kerri Strug 1998-09 The gymnast who led the U.S. team to the gold medal at the 1996 Summer Olympics recounts her childhood, her training, her relationship with her coaches, and her Olympic experience

Gold Medal Summer Donna Freitas 2012-06-01 Joey Jordan loves gymnastics: the thrill of performing a backflip on the beam, the cheers of the audience when she sticks a landing. But even with all her talent and style, she's never quite made it to that gold medal stand. Now big changes shake up Joey's life in and out of the gym. Joey wants to break out some daring new beam and floor routines--but she'll have to defy her strict coach to do it. Her best friend, Alex, is thinking about quitting gymnastics for good. And an old friend named Tanner just moved back to town, and he's suddenly gotten very, very cute. Can Joey handle all the challenges coming her way, and make her gold medal summer happen at last? Drawing on her real-life experience as a competitive gymnast, acclaimed novelist Donna Freitas delivers both a terrific gymnastics story and a classic novel about stretching some limits, bending the rules, and finding your balance.

Everything Is Possible Jen Bricker 2016-09-06 Born without Legs, She Inspires Others to Overcome Jen Bricker was born without legs. Shocked and uncertain they could care for her, her biological parents gave her up for adoption. In her loving adoptive home, there was just one simple rule: "Never say 'can't.'" And pretty soon, there was nothing this small but mighty powerhouse set her sights on that she couldn't conquer: roller-skating, volleyball, power tumbling, and spinning from silk ribbons thirty feet in the air. *Everything Is Possible* is her incredible story--a story of God working out his plan for her life from before day one. Readers follow Jen from the challenges of growing up different to holding captive audiences numbering in the tens of thousands. *Everything Is Possible* shows readers what they can accomplish when they remove the words coincidence and limitation from their vocabulary. Filled with heart and spirit, as well as Jen's wit, wisdom, and no-holds-barred honesty, this inspiring true story points the way to purpose and joy. Foreword by Nick Vujicic.

It's Not About Perfect Shannon Miller 2015-04-21 "When the odds were against me, I was always at my best." When she retired at age 19, Shannon Miller did so as one of the most recognizable gymnasts in the country. The winner of seven Olympic medals and the most decorated gymnast, male or female, in U.S. history, Shannon tells a story of surviving and thriving. A shy, rambunctious girl raised in Oklahoma, Shannon fell in love with gymnastics at a young age and fought her way to the top. In 1992 she won five Olympic medals after breaking her elbow in a training accident just months prior to the Games. Then, in 1996, a doctor advised her to retire immediately or face dire consequences if she chose to compete on her injured wrist. Undeterred, Shannon endured the pain and led her team, the "Magnificent Seven," to the first Olympic team gold medal for the United States in gymnastics. She followed up as the first American to win gold on the balance beam. Equally intense, heroic and gratifying is the story of her brutal but successful battle with ovarian cancer, a disease from which

fewer than fifty percent survive. Relying on her faith and hard-learned perseverance, Shannon battled through surgery and major chemotherapy to emerge on the other side with a miracle baby girl. Her story of trial, triumph and life after cancer reminds us all that its life's bumps and bruises that reveal our character. From early on in her career, Shannon knew that life wasn't about perfection. In this incredible and inspirational tale, Shannon speaks out so as to be seen and heard by thousands as a beacon of hope.

The End of the Perfect 10 Dvora Meyers 2016-07-05 In *The end of the perfect 10*, Dvora Meyers provides an account of the controversial world of gymnastics, the recent changes to the scoring system, and what these changes mean for the future of American gymnastics.

Paradise Lost, Book 3 John Milton 1915

Letters to a Young Gymnast Nadia Comaneci 2004 The record-breaking gymnast provides a firsthand look into the world of the female athlete as she shows what it takes to achieve athletic perfection, offering inspiring stories from her own experience, anecdotes, and practical advice that reveal the mindset of a top competitor. 75,000 first printing.

Larry Gets Lost in the Twin Cities John Skewes 2012 In Larry the adorable pooch's latest adventure, he goes on vacation with Pete and his family to Minneapolis/St. Paul. As usual, in hot pursuit of a tempting treat, he gets separated from his family and frantically tries to find them again. Along the way he discovers some of the city's most fun and interesting landmarks and cultural attractions, including: Mall of America Hiawatha Line (light rail) Metrodome Mary Tyler Moore statue Skyways Minnehaha Falls Foshay Tower Mill Ruins Park St. Anthony Falls/locks The New Guthrie Theater Walker Art Center sculpture park (Spoonbridge) Lake Harriet (St. Paul) High Bridge Rice Park (Peanuts sculptures) Mickey's Diner Summit Avenue

Douglas Grace Burrowes 2021-01-03 Guinevere Hollister, cousin to the Marquis of Heathgate, has fashioned a life as a poor relation, raising her daughter Rose in rural obscurity and focusing her considerable passion and intellect on stewarding the estate they live on. Douglas Allen, Viscount Amery, is sent to Gwen by their mutual relations for lessons in husbandry of the land. As Douglas and Gwen find common ground, and then mutual pleasure, Gwen's past rises up in the person of the powerful Duke of Moreland, who is bent on wresting control of Rose from her mother, even if it means Gwen must marry the Moreland heir.

Wreck My Life Mo Isom 2016-08-02 A NEW YORK TIMES BESTSELLER Inspiring Story of How Brokenness Leads to Bold Faith Jesus promises peace and trouble for his followers. But most of us accept the peace and are confused and angry when adversity comes our way. All-American soccer star Mo Isom knows the struggle firsthand. While her life seemed like a success, she was battling an eating disorder, the suicide of her father, and a horrific car accident. It wasn't until God wrecked her life that she discovered the glory of renewal through Jesus Christ and that wreckage can be sacred rather than scarring. Readers take the journey from broken to bold with her and learn to surrender their lives to the King who was wrecked on their behalf. Endorsements "Mo reminds us that brokenness is actually the very place God meets us the most, and the place where we can find Jesus like never before."--Jefferson Bethke, New York Times bestselling author of *Jesus > Religion* "Every person who picks up this book will be challenged, entertained, and more connected with God by reading it."--Annie Downs, author of *Let's All Be Brave*

In the Water They Can't See You Cry Amanda Beard 2013-04-16 "A seven-time Olympic medalist describes her battles with depression, eating disorders and substance abuse in spite of her successful career, recounting how she hid her struggles from her loved ones before seeking help and finding renewal in the birth of her son. 75,000 first printing."

In the Country We Love Diane Guerrero 2016-05-03 Diane Guerrero, the television actress was just fourteen years old on the day her parents and brother were arrested and deported to Colombia while she was at school. Born in the U.S., Guerrero was able to remain in the country and continue her education, depending on the kindness of family friends who took her in and helped her build a life and a successful acting career for herself, without the support system of her family

Raising the Bar Gabrielle Douglas 2013 The gold medal-winning gymnast shares photographs, quotes, and information about her day-to-day life and offers advice on how to stay healthy, look good, and keep strong under pressure.

Winning Balance Shawn Johnson 2012-06-05 At age 20, American gymnast Shawn Johnson is a four-time Olympic gold and silver medalist; a national- and world-champion athlete. Already a popular role model to all ages, in 2009 she captured the national spotlight again when she won the widely popular *Dancing with the Stars*. Yet Shawn is no stranger to hard work and adversity. Her loss of the major gymnastics prize everyone expected her to win in Beijing, the all-around Olympic gold medal, was the loss of a dream she'd worked for since childhood. And later, she suffered a staggering injury in a skiing accident that forced her life to a halt and made her rethink what was really important. She wasn't sure who she was anymore. She wasn't sure what her goals were. And she wasn't sure she was satisfied with where she was with her faith and God. Could she find the right kind of success in life—the kind that doesn't involve medals or trophies, but peace, love, and lasting joy? This is the amazing true journey of how the young woman who won an Olympic gold medal on the balance beam became even more balanced.

First Rich Froning 2013-06-21 Physical Strength Can Only Take You So Far Reigning CrossFit World Champion Rich Froning is "The Fittest Man on Earth." He's fast. He's strong. And he's incredibly disciplined. But it takes more than physical strength to compete and win at an elite level. It takes incredible mental and spiritual toughness as well. And it is the precise balance of all three that makes Rich Froning a champion. In *First*, readers come alongside Rich as he trains for and competes in back-to-back-to-back CrossFit World Championships. Along the way, Rich shares invaluable training tips, motivational techniques, and spiritual insights that, in keeping with the CrossFit philosophy, will prepare you to respond to any real-life physical, mental and spiritual challenge.

Courage to Soar Simone Biles 2018-03-08 "Simone takes you through the events, challenges, and trials that carried her from an early childhood in foster care to a coveted spot on the 2016 Olympic team" --

On My Own Two Feet Amy Purdy 2014-12-30 Amy Purdy, who inspired a nation on *Dancing with the Stars* and has been called a hero by Oprah Winfrey, reveals the intimate details of her triumphant comeback from the brink of death to making history as a Paralympic snowboarder. In this poignant and uplifting memoir, *Dancing With the Stars* sensation Amy Purdy reveals the story of how losing her legs led her to find a spiritual path. When the Las Vegas native was just nineteen, she contracted bacterial meningitis and was given less than a two percent chance of survival. In a near-death experience, she

saw three figures who told her: "You can come with us, or you can stay. No matter what happens in your life, it's all going to make sense in the end." In that moment, Amy chose to live. Her glimpse of the afterlife—coupled with a mysterious premonition she'd had a month before —became the defining experiences that put Amy's life on a new trajectory after her legs had to be amputated. She wouldn't just beat meningitis and walk again; she would go on to create a life filled with bold adventures, big dreams, and boundless vitality—and share that spirit with the world. In 2014, Amy—the only competitor, male or female, with two prosthetic legs—claimed a bronze medal for the U.S. Paralympic team in adaptive snowboarding. She then became a contestant on season eighteen of *Dancing With the Stars*, and viewers were captivated as the girl with bionic legs managed to out-dance her competitors all the way to the finale. Amy's journey is a testament to the resilience of the human spirit and the capacity we all have to dream bigger, defy expectations, and rewrite our stories. Amy was given a second chance for a reason—to use her life to inspire others. Her powerful memoir urges us to live life to the fullest, because we are all a lot more capable than we could ever imagine.

I Got This Laurie Hernandez 2017-01-24 New York Times, Wall Street Journal, and USA Today Bestseller! Gold medal-winning Olympic gymnast and *Dancing with the Stars* champion Laurie Hernandez shares her story in her own words in this debut book for fans of all ages—with never-before-seen photos! At sixteen years old, Laurie Hernandez has already made many of her dreams come true—and yet it's only the beginning for this highly accomplished athlete. A Latina Jersey girl, Laurie saw her life take a dramatic turn last summer when she was chosen to be a part of the 2016 US Olympic gymnastics team. After winning gold in Rio as part of the Final Five, Laurie also earned an individual silver medal for her performance on the balance beam. Nicknamed "the Human Emoji" for her wide-eyed and animated expressions, Laurie continued to dance her way into everyone's hearts while competing on the hit reality TV show *Dancing with the Stars*, where she was the youngest-ever winner of the Mirrorball Trophy. Poignant and funny, Laurie's story is about growing up with the dream of becoming an Olympian and what it took to win gold. She talks about her loving family, her rigorous training, her intense sacrifices, and her amazing triumphs. Be prepared to fall in love with and be mesmerized by America's newest sweetheart all over again.

Epic Athletes: Stephen Curry Dan Wetzel 2019-05-14 In *Epic Athletes: Stephen Curry*, acclaimed journalist and bestselling author Dan Wetzel tells the inspiring, electrifying story of the NBA superstar, beginning a new series of sports biographies for young readers! Featuring comic-style illustrations by Zeke Peña! When you think of Stephen Curry, one word comes to mind: greatness. From shooting three-pointers with laser precision to his clutch ability to hit buzzer-beaters time and again, he has established himself as one of the best players in pro basketball. But greatness was never a guarantee for Steph. The son of a talented NBA player, he dreamed of one day playing professionally just like his dad. Yet Steph, who was always smaller and weaker than the competition, was told over and over that he would never be talented enough to be a college star or NBA player--let alone the MVP of the entire league. Through tenacity and hard work, he proved them all wrong and went on to dismantle the record books. With the high energy of a TV commentator, and featuring dynamic comic-style illustrations, this engaging biography tells the story of an NBA All-Star and the path he took to achieve his dreams. * "Wetzel knows how to organize the facts and tell a good story. . . an unusually informative and enjoyable sports biography for young readers." —Booklist (starred review) A Junior Library Guild selection!

Fierce Aly Raisman 2017-11-14 Discover Aly Raisman's inspiring story of dedication, perseverance, and learning to think positive even in the toughest times on her path to gold medal success in two Olympic Games--and beyond. Aly Raisman first stepped onto a gymnastics mat as a toddler in a "mommy & me"

gymnastics class. No one could have predicted then that sixteen years later, she'd be standing on an Olympic podium, having achieved her dreams. Aly's road to success was full of hard work, perseverance, and victories, but not without its hardships. Aly faced many obstacles, from naysayers who said she'd never make it in gymnastics to classmates who shamed her for her athletic body to a devastating betrayal of trust. Through it all, Aly surrounded herself with supportive family, friends, and teammates and found the inner strength to remain positive and believe in herself. Now, in her own words, Aly shows what it takes to be a champion on and off the floor, and takes readers on a behind-the-scenes journey before, during, and after her remarkable achievements in two Olympic Games--through her highest highs, lowest lows, and all the moments in between. Honest and heartfelt, frank and funny, Aly's story is enhanced with never-before-published photos, excerpts from the personal journals she's kept since childhood that chronicle memorable moments with her teammates, and hard-won advice for readers striving to rise above challenges, learn to love themselves, and make their own dreams come true.

Off Balance Dominique Moceanu 2012-06-12 In this searing and riveting New York Times bestseller, Olympic gold medalist Dominique Moceanu reveals the dark underbelly of Olympic gymnastics, the true price of success...and the shocking secret about her past and her family that she only learned years later. At fourteen years old, Dominique Moceanu was the youngest member of the 1996 US Women's Olympic Gymnastics team, the first and only American women's team to take gold at the Olympics. Her pixyish appearance and ferocious competitive drive quickly earned her the status of media darling. But behind the fame, the flawless floor routines, and the million-dollar smile, her life was a series of challenges and hardships. *Off Balance* vividly delineates each of the dominating characters who contributed to Moceanu's rise to the top, from her stubborn father and long-suffering mother to her mercurial coach, Bela Karolyi. Here, Moceanu finally shares the haunting stories of competition, her years of hiding injuries and pain out of fear of retribution from her coaches, and how she hit rock bottom after a public battle with her parents. But medals, murder plots, drugs, and daring escapes aside (all of which figure into Moceanu's incredible journey), the most unique aspect of her life is the family secret that Moceanu discovers, opening a new and unexpected chapter in her adult life. A mysterious letter from a stranger reveals that she has a second sister—born with a physical disability and given away at birth—who has nonetheless followed in Moceanu's footsteps in an astonishing way. A multilayered memoir that transcends the world of sports, *Off Balance* will touch anyone who has ever dared to dream of a better life.

Trailblazers: Simone Biles Sally J. Morgan 2020-05-05 Bring history home with you and meet some of the world's greatest game changers! Get inspired by the true story of the most award-winning American gymnast. This biography series is for kids who loved *Who Was?* and are ready for the next level. In August 2016, American gymnast Simone Biles won four Olympic gold medals! Her irresistible smile, fierce determination, and unbeatable strength have made her a favorite around the world. Find out how the girl who taught herself to flip on her backyard trampoline blazed a trail in gymnastics. *Trailblazers* is a biography series that celebrates the lives of amazing pioneers, past and present, from all over the world. Get inspired by more *Trailblazers*: Neil Armstrong, Jackie Robinson, Jane Goodall, Harriet Tubman, Albert Einstein, Beyoncé, and Simone Biles. What kind of trail will you blaze?

Pain and Prejudice Gabrielle Jackson 2021-03-08 “[A] powerful account of the sexism cooked into medical care ... will motivate readers to advocate for themselves.”—Publishers Weekly **STARRED** Review A groundbreaking and feminist work of investigative reporting: Explains why women experience healthcare differently than men Shares the author's journey of fighting for an endometriosis diagnosis In *Pain and Prejudice*, acclaimed investigative reporter Gabrielle Jackson takes readers behind the

scenes of doctor's offices, pharmaceutical companies, and research labs to show that—at nearly every level of healthcare—men's health claims are treated as default, whereas women's are often viewed as atypical, exaggerated, and even completely fabricated. The impacts of this bias? Women are losing time, money, and their lives trying to navigate a healthcare system designed for men. Almost all medical research today is performed on men or male mice, making most treatments tailored to male bodies only. Even conditions that are overwhelmingly more common in women, such as chronic pain, are researched on mostly male bodies. Doctors and researchers who do specialize in women's healthcare are penalized financially, as procedures performed on men pay higher. Meanwhile, women are reporting feeling ignored and dismissed at their doctor's offices on a regular basis. Jackson interweaves these and more stunning revelations in the book with her own story of suffering from endometriosis, a condition that affects up to 20% of American women but is poorly understood and frequently misdiagnosed. She also includes an up-to-the-minute epilogue on the ways that Covid-19 are impacting women in different and sometimes more long-lasting ways than men. A rich combination of journalism and personal narrative, *Pain and Prejudice* reveals a dangerously flawed system and offers solutions for a safer, more equitable future.