

# Horse Yoga 2020 Wall Calendar

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**When Father Comes Home** Sarah Jung 2020-11-10 From stunning debut talent Sarah Jung comes a heartwarming and beautifully told story about family, planting roots, and standing tall in the face of your fears. June's father is like a goose -- he flies away for long periods of time, which means that June doesn't get to see him very often. So he is happy when Father comes home from his journeys, and happier still when the family plants a tangerine tree together and Father tells June, "Next time I am here, this tree will be bigger, and so will you." Caring for a growing sapling is a great responsibility and June takes it very seriously. When an accident happens and the tree topples over, June worries his family will change forever. But things that have fallen can be replanted, and sometimes facing our biggest fears reveals our greatest strengths.

Sew Your Own Felt Advent Calendar Ishii 2018

Wasson Dreckly? Inkling 2021-12-07 Alright me 'ansum? Whether you've got pastys to bake, or you're off on a stank up north past the Tamar, this handy daily planner will do a proper job of organising your day. Written in the authentic(?) Cornish dialect, this funny Cornwall themed planner is essential for any busy Cornishman or Cornish Maid. Wattcaneeduwidden? (What am I able to use this publication for?) Aimed at improving productivity (and having a giggle at the same time!) this Cornish productivity planner is perfect for managing your time and helping you to achieve your daily goals with space for your 'to do' lists as well as your appointments and notes. Also includes a Full Year Diary Overview and additional Notes pages. Wazinun? (What is the contents of this daily planner?) Contains 100 undated daily pages for your To Do list, Appointments and Notes A full year overview with space to write in appointments and birthdays etc. Notes section Printed on high-quality white paper Owbigizza? (What are the dimensions of the organisational planner?) Measures 5.5 x 8.5 inches (A5 size) Proper job!

Hebrew Illuminations Adam Rhine 2017 "The spirit of Jewish tradition comes alive in the Hebrew Illuminations 2017-2018 Jewish calendar, featuring sacred letters and words from Jewish scripture. Jewish artist Adam Rhine's stunning Judaic paintings combine modern aesthetics with the influence of medieval illuminated manuscripts and lettering. This unique calendar features the final eleven letters of the Hebrew alphabet plus five illuminations of significant Jewish themes, such as Gavishi Menorah (the Crystalline Menorah) and Mizrach (The East)."--

*Monthly Planner* April Burleson 2021-07-15 This planner has 13 fill-in monthly calendars to help organize your schedule. Each monthly page has space to note each day's events and provides additional space for

reminders. There are also pages to log birthdays of friends and loved ones. There are an additional 35-pages for general notes or journaling.

*Dreaming Yourself Awake* B. Alan Wallace 2012-05-29 Some of the greatest of life's adventures can happen while you're sound asleep. That's the promise of lucid dreaming, which is the ability to alter your own dream reality any way you like simply by being aware of the fact that you're dreaming while you're in the midst of a dream. There is a range of techniques anyone can learn to become a lucid dreamer—and this book provides all the instruction you need to get started. But B. Alan Wallace also shows how to take the experience of lucid dreaming beyond entertainment to use it to heighten creativity, to solve problems, and to increase self-knowledge. He then goes a step further: moving on to the methods of Tibetan Buddhist dream yoga for using your lucid dreams to attain the profoundest kind of insight.

*Yoga Cats* Dan Borris 2021-03-09 We humans have never been crazier about our cats. And yoga just keeps getting bigger every year. So what happens when you combine cats and yoga? The best of everything and then some! Just seeing a cat makes us feel good, but seeing a cute kitty doing Warrior III? How can you not smile? Yoga Cats remind us of the basic principles of yoga: follow your breath; be present; feel connection to our living world... and don't forget to get in touch with your inner kitty!

**These Precious Days** Ann Patchett 2021-11-23 The beloved New York Times bestselling author reflects on home, family, friendships and writing in this deeply personal collection of essays. "The elegance of Patchett's prose is seductive and inviting: with Patchett as a guide, readers will really get to grips with the power of struggles, failures, and triumphs alike." —Publisher's Weekly "Any story that starts will also end." As a writer, Ann Patchett knows what the outcome of her fiction will be. Life, however, often takes turns we do not see coming. Patchett ponders this truth in these wise essays that afford a fresh and intimate look into her mind and heart. At the center of *These Precious Days* is the title essay, a surprising and moving meditation on an unexpected friendship that explores "what it means to be seen, to find someone with whom you can be your best and most complete self." When Patchett chose an early galley of actor and producer Tom Hanks' short story collection to read one night before bed, she had no idea that this single choice would be life changing. It would introduce her to a remarkable woman—Tom's brilliant assistant Sooki—with whom she would form a profound bond that held monumental consequences for them both. A literary alchemist, Patchett plumbs the depths of her experiences to create gold: engaging and moving pieces that are both self-portrait and landscape, each vibrant with emotion and rich in insight. Turning her writer's eye on her own experiences, she transforms the private into the universal, providing us all a way to look at our own worlds anew, and reminds how fleeting and enigmatic life can be. From the enchantments of Kate DiCamillo's children's books (author of *The Beatryce Prophecy*) to youthful memories of Paris; the cherished life gifts given by her three fathers to the unexpected influence of Charles Schultz's Snoopy; the expansive vision of Eudora Welty to the importance of knitting, Patchett connects life and art as she illuminates what matters most. Infused with the author's grace, wit, and warmth, the pieces in *These Precious Days* resonate deep in the soul, leaving an indelible mark—and demonstrate why Ann Patchett is one of the most celebrated writers of our time.

**Supercars 2022** 2021-08-31 Speed, power, and head-turning looks—there's no mistaking a supercar! In this 16-month wall calendar, G. F. Williams' superb photography captures the greatest high-performance offerings. From classics like the Jaguar XJ220 and Ferrari 250 to today's stunning Bugatti, Pagani, and McLaren hypercars, *Supercars 2022* features top makes and models from around the world. This 12"×12" wall calendar includes a convenient page that shows the months of September, October, November, and December 2021, followed by individual pages for the months of 2022. *Supercars 2022* belongs on the

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wall of any fan of these super high-performance machines.

Strangeling Jasmine Becket-Griffith 2014-07-08 For the past 15 years, fantasy artist Jasmine Becket-Griffith has captivated a worldwide audience with her imaginative acrylic paintings. Exploring realms of sparkling whimsy and gothic melancholy, her original characters evoke an emotional response with their large luminous eyes. This volume contains a comprehensive compilation of fine colour reproductions of Jasmine's paintings and serves as a true treasure for long-time collectors as well as being a very accessible introduction for new fans. In addition to detailed personal insights from the artist, the artworks are supplemented with the poetry and short stories of Amber Logan and Kachina Glenn - the artist's sisters - illuminating the histories behind some of Jasmine's most beloved characters.

**Scary Stories for Young Foxes** Christian McKay Heidicker 2019-07-30 A 2020 Newbery Honor Recipient! Christian McKay Heidicker, author of the Thieves of Weirdwood trilogy, draws inspiration from Bram Stoker, H. P. Lovecraft and Edgar Allan Poe for his debut middle-grade novel, a thrilling portrait of survival and an unforgettable tale of friendship. "Clever and harrowing." —The Wall Street Journal "Into the finest tradition of storytelling steps Christian McKay Heidicker with these highly original, bone-chilling, and ultimately heart-warming stories. All that's needed is a blazing campfire and a delicious plate of peaches and centipedes." —Kathi Appelt, Newbery Award honoree and National Book Award finalist The haunted season has arrived in the Antler Wood. No fox kit is safe. When Mia and Uly are separated from their litters, they discover a dangerous world full of monsters. In order to find a den to call home, they must venture through field and forest, facing unspeakable things that dwell in the darkness: a zombie who hungers for their flesh, a witch who tries to steal their skins, a ghost who hunts them through the snow . . . and other things too scary to mention. Featuring eight interconnected stories and sixteen hauntingly beautiful illustrations, Scary Stories for Young Foxes contains the kinds of adventures and thrills you love to listen to beside a campfire in the dark of night. Fans of Neil Gaiman, Jonathan Auxier, and R. L. Stine have found their next favorite book. A Booklist 2019 Editors' Choice Selection

Dancers and Dogs Kelly Pratt 2019-11-19 A photographic art book capturing dynamic dancer and dog duos.

*Horse As Teacher: The Path To Relationship* Linda-Ann Bowling 2010 A collection of short non-fiction pieces by various authors about how they experienced personal growth through a relationship with horses.

**Cats on Catnip** Andrew Marttila 2018-06-19 A humorous collection of dozens of photos of funny and adorable cats as they play with, roll in, and chow down their favorite snack of choice -- catnip. Cats love catnip. Whether it's eating it, playing with it, or rolling around in it, catnip turns our domestic feline friends into hilarious balls of activity. Carefree and unconstrained, they are free to be silly, exceptionally playful, and downright gnarly. Professional pet photographer and self-confessed crazy cat man Andrew Marttila (the photographer behind Shop Cats of New York) captures a range of the cats' silly and expressive personalities as they react to their catnip trip. Delightful, elegant Fluffy transforms into a hell-bent renegade. Shy, reserved Mittens becomes a free-loving acrobat. In the blink of an eye, a cat's expression transforms from bored to inquisitive to playful to curious to bizarre . . . to utterly unhinged. A fun and delightful look at our furry companions, this gift book is perfect for every cat lover.

**What Your Lab Is Thinking** Willow Creek Press 2018-08 Labs are known for their furry snuggles, playful romping and soulful eyes; just think if they're tongues were wagging instead of their tails! This playful

little book is full of side-splitting inner monologues about a lab's favorite things, the people they meet and places they go. The bold colors and lighthearted quips are paired with an array of adorable yellow, black and chocolate dogs and puppies, making this the perfect gift book for anyone who's ever loved a lab. 5.5" X 5.5" \* 96 PAGES, COLOR PHOTOS \* HARDCOVER \* \$14.95 (CAN \$19.95)

**Unlikely Friendships** Jennifer S. Holland 2011-06-15 The “irresistible” New York Times bestseller that “features heartwarming stories of interspecies love and adorable photographs” (The New York Times Book Review). Written by National Geographic magazine writer Jennifer Holland, *Unlikely Friendships* documents one heartwarming tale after another of animals who, with nothing else in common, bond in the most unexpected ways. A cat and a bird. A mare and a fawn. An elephant and a sheep. A snake and a hamster. The well-documented stories of Koko the gorilla and All Ball the kitten; and the hippo Owen and the tortoise Mzee. And almost inexplicable stories of predators befriending prey—an Indian leopard slips into a village every night to sleep with a calf. A lioness mothers a baby oryx. Holland narrates the details and arc of each story, and offers insights into why—how the young leopard, probably motherless, sought maternal comfort with the calf, and how a baby oryx inspired the same mothering instinct in the lioness. Or, in the story of Cashew, the lab mix that was losing his eyesight, and Libby, the stray cat who began to guide the dog’s way through the house and yard. With Libby, Cashew lived out his last few years with loving support and a lasting friendship. These are the most amazing friendships between species, collected from around the world and documented in a selection of full-color candid photographs. “The feel-good book of the summer—maybe the year—may very well be *Unlikely Friendships*.” —USA Today “With aww-inducing photographs, the book highlights the most improbable animal connections.” —National Geographic

**Just Sisters** Bonnie Louise Kuchler 2006 Combines whimsical and inspirational animal photography with lighthearted quotes celebrating the unique duality of sisterhood and the ways in which a sister can be both a soulmate and a dire enemy.

**Gifts Journal** DiBiasio Publications 2016-11-01 Blank 200 page journal

**Daily / Weekly / Monthly Planner** Lilith's Publishing 2021-06-13

*You Are Doing a Freaking Great Job.* Workman Publishing 2015-03-10 The perfect gift, and the easiest gift—because we all know someone who deserves a pat on the back, a big thumbs-up, or just a special thank-you! *You Are Doing a Freaking Great Job* is a vibrant, colorful, pocket-size book of encouragement. Created by more than 20 artists and designers—from the well-known Etsy favorites Emily McDowell and Mary Kate McDevitt, to emerging talents Lindsay Whitehead and J. Zachary Keenan—this powerful little book is filled with nearly 200 uplifting and inspiring quotes, lyrics, and words of advice rendered in the original hand-lettered style of art that is pinned and repinned on Pinterest and sold on Etsy. There are mantras: “You are in charge of your own happiness.” Galvanizing words of action: “Make it now.” Heartening quotes: “You are capable of more than you know.” Bursts of motivation: “Be a Warrior, Not a Worrier” and “Spread Your Arms and Trust Your Cape.” Interweaved throughout is complementary text—including surprising playlists, sweet and simple recipes, and suggestions for inspirational films to watch and commencement speeches to read.

*Dachshund Rules* Willow Creek Press 2017-06 Known for being little dogs with big hearts, Dachshunds enchant “their people” with affection, curiosity and a wonderful sense of humor. This little book with lots of heart celebrates all that is best about the Dachshunds character by matching adorable pictures with quotes that beautifully illustrate many of the virtues possessed by this remarkable breed.

**Yoga Dogs** Dan Borris 2011-03-01 Learn how to sit, stay, and roll over with this fully illustrated, "delightful" guide to yoga starring man's best friend (Shutterbug magazine). Inspired by a friend's mastiff who would imitate his master's morning yoga routine, photographer Dan Borris created Yoga Dogs, a full-color collection of forty-five different dogs and puppies doing human yoga poses. Don't worry: No animals were harmed during the making of these images; their extreme flexibility is the result of clever digital trickery. The curious, humorous, and distinctly original pictures are paired with useful information about the poses, as well as some funny canine meditations. "A fresh and highly entertaining visual treat," Yoga Dogs is perfect for any yogi of the two or four-legged variety (Shutterbug magazine).

**The Secret Life of Squirrels** Nancy Rose 2014-10-21 An irresistible photographic story featuring wild squirrels in homemade miniature domestic settings -- taking a bath, doing laundry, and barbecuing -- will surprise and amuse readers and animal lovers of all ages! Adorable squirrels as you've never seen them! You may think you know what squirrels do all day...but Mr. Peanuts is no ordinary squirrel. Instead of climbing trees, he plays the piano. ("Moonlight Sonata" is his favorite.) Instead of scurrying through the woods, he reads books (such as A Tail of Two Cities). But everything is more fun with company, so Mr. Peanuts writes a letter to Cousin Squirrel and invites him for a visit! Featuring candid photographs of wild squirrels in handcrafted, homemade miniature settings, this irresistible book is sure to delight readers young and old!

*Sloth Coloring Book for Adults* Adult Coloring Book 2017-04-07 AMAZON BEST SELLER - BEST GIFT IDEAS This incredible adult coloring book by best-selling artist is the perfect way to relieve stress and aid relaxation while enjoying beautiful and highly detailed images. Each coloring page will transport you into a world of your own while your responsibilities will seem to fade away... Use Any of Your Favorite Tools Including colored pencils, pens, and fine-tipped markers. One Image Per Page Each image is printed on black-backed pages to prevent bleed-through. Display Your Artwork You can display your artwork with a standard 8.5" x 11" frame. Two Copies of Every Image Enjoy coloring your favorite images a second time, color with a friend, or have an extra copy in case you make a mistake. As a special bonus, you can download a PDF and print your favorite images to as many times as you want. Now on Sale Regular Price: \$9.99 - SAVE \$6.99, 60% OFF - Limited time only. Makes the Perfect Gift Surprise that special someone in your life and make them smile. Buy two copies and enjoy coloring together. Buy Now, Start Coloring, and Relax... Scroll to the top of the page and click the buy button.

*Deliciously Ella How To Go Plant-Based* Ella Mills (Woodward) 2022-08-18 THE NEW BOOK BY BESTSELLING AUTHOR, ELLA MILLS - FOUNDER OF DELICIOUSLY ELLA Despite the increasing number of people moving towards a plant-based diet, there are no clear, evidence-based mainstream books to help anyone looking to adopt this way of eating - either for themselves, or for their family. It can be overwhelming to switch to a plant-based diet, and you may have no idea where to start. Thankfully Ella Mills and her team at deliciously ella have done all the research for you. This book demystifies going plant-based, making it as easy, clear and delicious as possible, and features 100 new recipes to get you started on your plant-based journey. How to Go Plant-Based is not just filled with family-friendly recipes, it's also a practical guide incorporating Ella's own journey, alongside scientific research and data, plus insights and information from plant-based experts, including doctors and nutritionists. Ella debunks the common myths surrounding eating a plant-based diet, shares her experiences of cooking for her family and emphasises the importance of making a plant-based diet accessible to everyone - for health, wellbeing, and the planet. The book features 100 plant-based recipes for the whole family to enjoy, with tips on adapting recipes for anyone weaning their little ones. The recipes will also feature the signature deliciously ella concepts we all know and love: quick, easy recipes that use familiar ingredients, recipes perfect for batch cooking, freezable options, easy pastas and one-pots for weeknight meals, and portable

snacks and treats. It also features the top 20 FAQs to eating this way, as sourced from Ella's social media following.

**Pinch of Nom Food Planner** Kate Allinson 2019-06-11 Track your slimming habits with this six-month diet planner from Pinch of Nom, the UK's most popular food blog.

*The Encyclopaedia Britannica* 2020-12-15 This book has been considered by academicians and scholars of great significance and value to literature. This forms a part of the knowledge base for future generations. So that the book is never forgotten we have represented this book in a print format as the same form as it was originally first published. Hence any marks or annotations seen are left intentionally to preserve its true nature.

The Art of Rush: Serving a Life Sentence Hugh Syme 2021-09-21 Newly expanded and updated, this beautiful coffee table book delves into the 40-year relationship between Rush and their longtime artist and illustrator, with a foreword by drummer and lyricist Neil Peart! Containing original illustrations, paintings, photography, and the incredible stories behind each album that Hugh Syme has designed with the band since 1975. The book's narration was written by music journalist Stephen Humphries and includes in-depth interviews with each Rush band member and the artist. The Art of Rush also contains entertaining anecdotes and commentary from a wide array of notable musicians, actors, athletes, writers, radio personalities, and Rush insiders about their favorite Rush album covers, which clearly reveals how vital and impactful the visual representation of their music has been through the years. One of the hallmark's of Rush releases is the considerable care and consideration that goes into each one--including the conceptual artwork. Readers may be surprised to discover just how much effort went into each concept and the execution for every album cover! Some of the regaled stories include furtively crossing the border for a guerilla-style shoot for A Farewell to Kings, trying to herd a warren of rabbits for the cover of Presto, descending into the depths of an autopsy lab to find a brain for Hemispheres, and a stunt involving fire, whiskey, and photographer Deborah Samuel for Moving Pictures. But no history of the band's art would be complete without the story of the creation of arguably the band's most iconic image, The Starman from 2112. "From the first time Hugh and I met, we shared a level of communication that would sustain us through all the years of discussing art by long distance," says Rush's Neil Peart. The Art Of Rush is a must for fans of Rush, art, and music everywhere.

Sloth Yoga Willow Creek Press 2018-10 This charming book hilariously illustrates that yoga isn't just for people anymore! A Sloth persuing total relaxation and mindfulness meditation demonstrate classic poses that would seem impossible to achieve, were it not for the photographic proof presented here. These sloth yogis are in no rush to complete their yoga sequence, it often takes an entire month just to complete a single pose. Sloth Yoga takes this popular meditative practice to a new level of Zen. Yes, yes, and yes! Paired with inspiring Zen, yoga and meditation quotes, Sloth Yoga is posed to inform and delight all human practitioners of the ancient discipline. What a unique way to bring humor and relaxation into someones life by giving them this unique book as a gift.

*Occupational Outlook Handbook* United States. Bureau of Labor Statistics 1976

*American Illustration 38* 2019-11-07 American Illustration 38 presents the year's best photographs from 2018 as selected by a jury of art and design experts. From over 7,000 images submitted to our annual competition, the jury selected only 362 illustrations to be presented in the oversized, beautifully printed, deluxe, hardcover, 384-page annual award book. The AI38 jury included: Christopher Brand, Crown Publishing; Hannah K Lee, The New York Times; Janet Michaud, Politico; Dennis Huyhn, Buzzfeed; Maria

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G. Keehan, Smithsonian; Aaron Rinas, Art + Mechanical; and Marianne Seregi, National Geographic.

**90 Days Cultivation of Gratitude, Happy Mind and Soul Practice** James Lucas 2020-10-21 Looking for some daily dose of inspiration and some thing that can keep you on track ? here is 5 Minutes Journal for you Gratitude Journal - 90 Days practice for the improvement of passion and Focus with healthy gratitude behavior, a habit that can change whole life style, Daily practice of mindfulness that can for sure improve the mental health. Start each Month with a super charged passion and then practice it daily, Each page have space to write daily gratitude achievements and a space to write tomorrow's goals. Motivational quotes on each page prompts new ways of thinking every day. This Journal is perfect for Women Boys Adults of any Age Girls We interact with some very positive events every day, if we record them it mean they can charge us for day, This 5 minutes gratitude journal give you a chance to write them down for daily dose of motivation.

**Unicorn Yoga** Gina Cascone 2020-05-20 The healing, restorative power of yoga has been known for centuries, and more people than ever are active practitioners. Now even the youngest of readers can learn this mind and body exercise, helping them set up a lifetime of healthy habits. Through clear, easy-to-follow instructions, a unicorn yogi, along with two energetic students, leads children through a ten-pose class. Kid-friendly back matter provides additional information on yoga, as well as tips on mindfulness, encouraging readers to develop their own daily practice.

**Yoga for Motherhood** Naomi Annand 2022-05-12 Motherhood is the most important job in the world, and it's also the most demanding. It calls upon your every resource – mental, physical, spiritual – and while it is frequently a source of unmatched joy, it is also often depleting like nothing else. Naomi Annand shows you how yoga can help you navigate its emotional highs and lows, how to tap into the creativity of motherhood and also how to nurture yourself so that you might nurture others. Using breath-led sequences and simple two-minute life hacks, this beautiful practical companion teaches you how to soothe rattled nervous systems and uplift tired bodies whatever your age and whatever your experience.

**Texts from Mittens** Angie Bailey 2015-03-31 Texts from Mittens is a series of text message conversations between a snappy, self-absorbed housecat named Mittens and his long-suffering human, a single woman who works away from home during the day. Mittens relentlessly hassles his human all day long, while only taking breaks to watch Judge Judy, hang with his best friend Stumpy, complain about the antics of Drunk Patty the neighbor, ask Grandma for money to buy useless items from QVC, and harass the “filthy beast” dog, Phil. Angie Bailey is an award-winning writer and blogger, humorist, and professional member of the Cat Writers’ Association. Her primary blog, Catladyland, has won many awards, and her humor writing is featured nearly daily on Catster.com, one of the most popular cat sites on the Web. She loves to photograph her cats in silly poses and sleeps with one eye open. And yes, she has three cats. “Each installment of Texts From Mittens is like a little gift to brighten your day!” —Kate Benjamin, Hauspanther founder and co-author of Catification with Jackson Galaxy “Texts From Mittens makes me wish my cat had thumbs! This is a hilarious book; Angie Bailey has done it again!” —Jeremy Greenberg, Author of Sorry I Barfed on Your Bed “We all knew that cats were hilarious, but Ms. Bailey's sardonic cat quips really take their mannerisms, attitude and occasional apathy to another level.” —Susan Michals, Curator of Cat Art Show Los Angeles Come home! There's an emergency! What?? Are you OK? My dish is half empty! I'll be home soon. You wish starvation upon me! Stop being dramatic. Am weeak. Caan hasrdly tyype. Are you going to wear those black pants on your bed? Yes. I have a date. They're comfortable. Mittens, get off my pants! FYI: Poly-blend makes your butt look big

**Hocus Pocus: 13 Frights of Halloween** Insight Editions 2022-07-19 Open the secret pockets to reveal  
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13 hauntingly entertaining Hocus Pocus surprises every day (or night) leading up to Halloween! The Sanderson Sisters have come to haunt your holiday with mini books, mementos, decorations, and other tricks and treats! Why celebrate Halloween only one night a year when the 13 nights leading up to All Hallow's Eve can be filled with bewitching fun? Enjoy daily surprises with Max and Dani Dennison, Thackery Binx, and more with Hocus Pocus: 13 Frights of Halloween. 13 SCARY SURPRISES: Collect sinister stickers, games, and holiday decorations to display or share with friends. COUNTDOWN TO HALLOWEEN: Uncover a new surprise every day in the thirteen days leading up to Halloween! BEWITCHING DELIGHTS: Discover mini-books, themed recipe cards, and more! MEMORABLE MOMENTS: Relive favorite memories from the classic film Hocus Pocus with favorite quotes and scenes. NEW TRADITION Start a new Halloween routine with a daily surprise!

Every Day a Word Surprises Me & Other Quotes by Writers Phaidon Editors 2018-03-16 Advice, strong opinions, and personal revelations by the world's greatest writers - exclusively researched for this new book Featuring the most inspirational and insightful collection of quotes by writers through the ages and across the globe, Every Day a Word Surprises Me is the ideal keepsake for readers, writers, and everyone who appreciates the exquisite power of words. This carefully curated book, packed with original research, is a go-to resource for thoughts on a variety of subjects, including originality, punctuation, reading, daily routines, rejection, money troubles, the creative process, love, truth, and more. 'Every day a word surprises me' is a quotation from British neurologist and author Oliver Sacks. This collection is full of its own surprises and hard-earned advice - communicated with the eloquence and clarity that only the world's finest writers could summon.

Dog Shaming Pascale Lemire 2013-09-24 Based on the runaway web phenomenon (dogshamingdotcom), Dog Shaming features the most hilarious, most shameful, and never-before-seen doggie misdeeds. Our dogs are our best friends. They are always happy to see us. They comfort us in our times of need. They also eat our shoes, stain our carpets, and embarrass us in front of our guests. Dog owners everywhere have found their outlet in Dog Shaming, where they can confess their dogs' biggest (and often grossest!) sins, which turn out to be recognizably universal—complete with snapshots of ridiculously cute but shamed pups who don't seem capable of humping humans, pooping on pillows, or snagging steak straight from a grill. So share in the shaming and laugh through your frustration as Dog Shaming reminds us that unconditional love goes both ways.

Yin Yoga Kassandra Reinhardt 2018-01-04 Stretch the mindful way with this all-encompassing guide to Yin Yoga. In today's fast-paced world it's easy to lose the balance in our lives and the connection with our bodies. DK believes it's time to change that! Yin Yoga offers a remedy to the stress and hustle of everyday life. Heard of the term but don't know where to begin? No worries, we've got you covered! The same way that Yin balances Yang in ancient philosophies, the slower yin-style yoga featured in this yoga book offers an alternative to the faster more active forms of yoga. Instead, Yin yoga concentrates on holding and breathing through floor-based poses, awarding you with the time and space to clear both your mind and body. Dive straight in to discover: -Over 50 poses focusing on specific areas of the body - Each yoga pose is demonstrated with photographic step-by-step detail -20 sequences linking the poses, tailored to your physical and emotional targets -Introductory spreads covering the basic techniques behind Yin Yoga The first full-coloured step-by-step Yin yoga book on the market, this all-encompassing yoga guide is a must-have volume for individuals seeking a mindful and meditative approach to their yoga practice, as well as beginners and older yoga practitioners who are looking to adopt a slower-paced approach to yoga. You can explore gentle variations to much-loved yoga poses, from the comfort of your own home. Every exercise utilises the essential elements of Yin yoga to ensure you can gain all the physical and mental benefits, and will also allow you to perform all 20 sequences, which combine over 50

different poses into one singular experience and focus on specific health benefits each pose has on your body. For years, books on yoga have asked readers to bend over backwards (literally!) to conform to their physical demands. At DK, we believe it's time to change that! Why not allow for readers to demand that yoga conform to their individual needs instead? This is gentle yoga for the mind, body and soul. A must-have volume for those who want to take up Yoga but don't know where to begin, or simply those seeking to start a gentle low-impact exercise whilst encouraging mindfulness, Yin Yoga can be tailored to your individual fitness needs, so you make the most out of your poses! Why not stretch yourself, literally, this New Year and try something new? Perhaps your mind, body and soul will thank you!

**HORSE YOGA.** 2017