

Kokushi Ryu Jujitsu

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The Swiss Family Robinson (Diversion Illustrated Classics) Johann David Wyss 2016-06-28 A beloved adventure classic, *The Swiss Family Robinson* is a tale of courage in the face of the unknown that has endured the test of time. Trapped on a remote island after a storm leaves them shipwrecked, a Swiss pastor, his wife, and their four sons must pull together if they want to survive. Hunting, farming, and exploring a strange land for the first time, each son not only tests his own bravery, but discovers a skill all his own as they each adapt to this new, wild place. Full of wonder, revelation, and invention, this timeless adventure story has sparked imaginations of readers young and old for generations. Featuring an appendix of discussion questions, this Diversion Classics edition is ideal for use in book groups and classrooms. For more classic titles like this, visit www.diversionbooks.com/ebooks/diversion-classics

Inventing the Way of the Samurai Oleg Benesch 2014 This volume examines the development of the 'way of the samurai' (bushidō), which is popularly viewed as a defining element of the Japanese national character and even the 'soul of Japan' - to provide an overview of modern Japanese social, cultural, and political history.

Hired Swords Karl F. Friday 1996-03-01 Tracing the evolution of state military institutions from the seventh through the twelfth centuries, this book challenges much of the received wisdom of Western scholarship on the origins and early development of warriors in Japan. This prelude to the rise of the samurai, who were to become the masters of Japan's medieval and early modern eras, was initiated when the imperial court turned for its police and military protection to hired swords--professional mercenaries largely drawn from the elites of provincial society. By the middle of the tenth century, this provincial military order had been handed a virtual monopoly of Japan's martial resources. Yet it was not until near the end of the twelfth century that these warriors took the first significant steps toward asserting their independence from imperial court control. Why did they not do so earlier? Why did they remain obedient to a court without any other military sources for nearly 300 years? Why did the court put itself in the potentially (and indeed, ultimately) precarious situation of contracting for its military needs with private warriors? These and related questions are the focus of the author's study. Most of the few Western treatments see the origins of the samurai in the incompetence and inactivity of the imperial court that forced residents in the provinces to take up arms themselves. According to this view, a warrior class was spontaneously generated just as one had been in Europe a few centuries earlier, and the Japanese court was doomed to eventually perish by the sword because of its failure to live by it. Instead, the author argues that it was largely court activism that put swords in the hands of rural elites, that court military policy, from the very beginning of the imperial state era, followed a long-term pattern of

increasing reliance on the martial skills of the gentry. This policy reflected the court's desire for maximum efficiency in its military institutions, and the policy's success

Poison Blossoms From a Thicket of Thorn Hakuin Zenji 2014-07-21 Hakuin Ekaku Zenji (1686–1769) was one of the greatest Zen masters ever to live. Originator of the famous koan "What is the sound of a single hand?" he is credited with reviving the Rinzai sect of Zen in Japan, and today all masters of that sect trace their lineage back to him. Through his numerous descendants, his influence is now felt worldwide, with his "Song of Zazen" chanted daily in temples around the globe. Norman Waddell has spent decades reading and translating Hakuin's vast writings. He has published several previous selections, all leading to his work on this monumental gathering, the Keiso Dokuzui, little known in Japan and never before translated into any foreign language. Interpreting such a text requires immersion in the material in its original language, as well as complete mastery of the available commentary. Probably no one alive is as fully prepared for this important and difficult task as Dr. Waddell. For this collection, Hakuin gathered together an enormous number and variety of pieces—commentaries, memorials, poems, koans, teisho (lectures), letters, and more. Having presented many of them live to the throng of students residing in and around his temple as well as to other audiences around the country,

Zen Koans Gyomay M. Kubose 1973-04

Women in Judo Mike Callan 2021-11-16 This is the first book to explore women's judo in all aspects, from the history and governance of the sport to cutting-edge sport science perspectives. The book examines the story of judo for women, and how the history of the sport has paralleled the cultural and social challenges faced by women in both the East and the West. It considers the issues of leadership and governance in contemporary women's judo, and the obstacles to stronger involvement for women in the sport as a whole, as well as the rules and competition structures that shape the sport today. The book also looks at the tactical and technical considerations of coaching women in judo, and the significance of the coach-athlete relationship, as well as the physiology of the athlete - including the female athlete triad - and how that relates to training, performance, technique and skill acquisition. A concluding chapter presents short biographies of the pioneering female judoka Rusty Kanokogi, Ingrid Bergmanns, Kaori Yamaguchi, Karen Briggs and Ryoko Tani. This is essential reading for anyone with an interest in martial arts or women's sport and a useful resource for those studying sport history, sociology of sport, gender studies and sport development and coaching.

Omori Sogen Dogen 2013-10-28 First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

Martial Arts Studies Paul Bowman, Professor of Cultural Studies at Cardiff University, UK 2015-04-09 This book disrupts disciplinary boundaries to make a case for the future direction and growth of martial arts studies as a unique field

The Twenty Guiding Principles of Karate Gichin Funakoshi 2003 The legendary 20 guiding principles of karate penned by Funakoshi have been circulating for years but have never been published until now. Accompanied by rare photos and original calligraphy, this long-awaited treatise is a provocative and long overdue read for martial arts enthusiasts and followers of karate.

Introduction To Zen Training Omori 2012-11-12 First Published in 1996. Routledge is an imprint of Taylor & Francis, an informa company.

Friends, Acquaintances, Pupils and Patrons Anna Beerens 2006 Annotation. This study of the social circumstances of Japanese intellectuals in the last quarter of the eighteenth century is based on biographical data concerning 173 individuals. It deals with the image of intellectual life of that period in current scholarship, and with the self-image and ethos of scholars, authors, poets and artists. That self-image and ethos, however, often clash with the realities of their everyday lives. This prosopographical investigation offers a new look at intellectual life on a basic level. The current image of intellectual life in the Tokugawa period is one of dissatisfaction and withdrawal, whereas the image that results from this study is one of dynamism and interaction. For more (Dutch-language) titles on Japan, please visit: "http://www.aup.nl/do.php?a=show_visitor_booklist&b=series&series=21">www.aup.nl/japan This title can be previewed in Google Books - <http://books.google.com/books?vid=ISBN9789087280017>.

Zen Sand Victor Sogen Hori 2003-02-28 *Zen Sand* is a classic collection of verses aimed at aiding practitioners of kōan meditation to negotiate the difficult relationship between insight and language. As such it represents a major contribution to both Western Zen practice and English-language Zen scholarship. In Japan the traditional Rinzai Zen kōan curriculum includes the use of jakugo, or "capping phrases." Once a monk has successfully replied to a kōan, the Zen master orders the search for a classical verse to express the monk's insight into the kōan. Special collections of these jakugo were compiled as handbooks to aid in that search. Until now, Zen students in the West, lacking this important resource, have been severely limited in carrying out this practice. *Zen Sand* combines and translates two standard jakugo handbooks and opens the way for incorporating this important tradition fully into Western Zen practice. For the scholar, *Zen Sand* provides a detailed description of the jakugo practice and its place in the overall kōan curriculum, as well as a brief history of the Zen phrase book. This volume also contributes to the understanding of East Asian culture in a broader sense.

Kokushi-ryu Jujutsu Nobuyoshi Higashi 1995 Long before the founding of such arts as karate and aikido, jujutsu was being honed and tested on the battlefield by the Japanese samurai. Its techniques and philosophies make it one of the most effective arts ever devised. To this day it has proven to be nearly unbeatable when tested against other arts

Shinra Myōjin and Buddhist Networks of the East Asian "Mediterranean" Sujung Kim 2019-11-30 This ambitious work offers a transnational account of the deity Shinra Myōjin, the "god of Silla" worshipped in medieval Japanese Buddhism from the eleventh to sixteenth centuries. Sujung Kim challenges the long-held understanding of Shinra Myōjin as a protective deity of the Tendai Jimon school, showing how its worship emerged and developed in the complex networks of the East Asian "Mediterranean"—a "quality" rather than a physical space defined by Kim as the primary conduit for cross-cultural influence in a region that includes the Yellow Sea, the Sea of Japan (East Sea), the East China Sea, and neighboring coastal areas. While focusing on the transcultural worship of the deity, Kim engages the different maritime arrangements in which Shinra Myōjin circulated: first, the network of Korean immigrants, Chinese merchants, and Japanese Buddhist monks in China's Shandong peninsula and Japan's Ōmi Province; and second, that of gods found in the East Asian Mediterranean. Both of these networks became nodal points of exchange of both goods and gods. Kim's examination of temple chronicles, literary writings, and iconography reveals Shinra Myōjin's evolution from a seafaring god to a multifaceted one whose roles included the god of pestilence and of poetry, the insurer of painless childbirth, and the protector of performing arts. *Shinra Myōjin and Buddhist Networks of the East Asian "Mediterranean"* is not only the first monograph in any language on the Tendai Jimon school in Japanese Buddhism, but also the first book-length study in English to examine Korean connections in medieval

Japanese religion. Unlike other recent studies on individual Buddhist deities, it foregrounds the need to approach them within a broader East Asian context. By shifting the paradigm from a land-centered vision to a sea-centered one, the work underlines the importance of a transcultural and interdisciplinary approach to the study of Buddhist deities.

Shots in the Dark Shoji Yamada 2020-06-24 In the years after World War II, Westerners and Japanese alike elevated Zen to the quintessence of spirituality in Japan. Pursuing the sources of Zen as a Japanese ideal, Shoji Yamada uncovers the surprising role of two cultural touchstones: Eugen Herrigel's Zen in the Art of Archery and the Ryoanji dry-landscape rock garden. Yamada shows how both became facile conduits for exporting and importing Japanese culture. First published in German in 1948 and translated into Japanese in 1956, Herrigel's book popularized ideas of Zen both in the West and in Japan. Yamada traces the prewar history of Japanese archery, reveals how Herrigel mistakenly came to understand it as a traditional practice, and explains why the Japanese themselves embraced his interpretation as spiritual discipline. Turning to Ryoanji, Yamada argues that this epitome of Zen in fact bears little relation to Buddhism and is best understood in relation to Chinese myth. For much of its modern history, Ryoanji was a weedy, neglected plot; only after its allegorical role in a 1949 Ozu film was it popularly linked to Zen. Westerners have had a part in redefining Ryoanji, but as in the case of archery, Yamada's interest is primarily in how the Japanese themselves have invested this cultural site with new value through a spurious association with Zen.

Geographies of Identity in Nineteenth-Century Japan David L. Howell 2005-02-07 "One of the most important contributions of this book is its compelling portrait of the various itinerants within, and often without, early-modern Japan's status system. Even though the topic is a rather serious one, Howell reveals a refreshing sense of humor and an original approach. This is a pleasure to read."—Brett L. Walker, author of *The Conquest of Ainu Lands* "David Howell's immersion in contemporary Japanese scholarship is evident on every page of this masterful book. A probing work of great erudition."—Kären Wigen, author of *The Making of a Japanese Periphery*

Black Belt 1995-03 The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world - including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known martial arts figure in the world.

Secret Nidan Techniques Of Hakkoryu Jujutsu Dennis G. Palumbo 1988-03-01 Hakkoryu jujutsu will give you the fluid strength to smoothly and deftly dispatch any attacker, the ability to absorb the force of an attack and shrug off the pain and the confidence to relax in a threatening situation and dominate it. Here you will discover the disabling pressure point pin of te kagami, the excruciating pain of nidan wrist locks and eight nidan walking-exercise sets designed for defense against kicks, attacks from the rear and surprise attacks to the upper body.

Hakuin's Precious Mirror Cave Norman Waddell 2010-05 Having devoted a large part of his life to translating and publishing work by and about Hakuin, Buddhism's original ambassador to the West, Waddell presents us with this collection of six diverse and independent works that contains five pieces never translated into English before, some of which have been - until quite recently - unknown, even in Japan.

Aikido Ground Fighting Walther G. Von Krenner 2013-05-14 *Aikido Ground Fighting* presents effective

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ground techniques that remain true to aikido founder Morihei Ueshiba's teachings while addressing a potential weakness in the system: while aikido is renowned for its submission and compliance techniques as well as grappling from a standing position, it is not known for its effectiveness when it comes to ground fighting. *Aikido Ground Fighting* is a unique look at the roots of aikido techniques (in particular, the kneeling practices of *suwari-waza*) and how they might be applied to defense on the ground. Written by a direct student of Morihei Ueshiba in collaboration with other aikido teachers, this book remains steadfastly true to the founder's teachings while presenting innovative and effective techniques. Containing never-before-published pictures of Ueshiba as well as step-by-step photographs clearly demonstrating techniques, *Aikido Ground Fighting* is designed for aikido students looking to become more well-rounded martial artists as well as practitioners of all martial arts seeking effective self-defense techniques. From the Trade Paperback edition.

The Hidden Roots of Aikido Shiro Omiya 1999-02 Demonstrates the philosophies and techniques of the Daitoryu tradition--the martial discipline from which Aikido was crafted

Japanese Rinzai Zen Buddhism Jørn Borup 2008-02-25 Japanese Rinzai Zen Buddhism gives a new perspective on contemporary Japanese Zen Buddhism. Ideas, ritual practices, temples and interactions between the clergy, the laity and the institution are investigated as living representations of a unique and yet common Japanese religion.

That Most Precious Merchandise Hannah Barker 2019-09-27 The history of the Black Sea as a source of Mediterranean slaves stretches from ancient Greek colonies to human trafficking networks in the present day. At its height during the fourteenth and early fifteenth centuries, the Black Sea slave trade was not the sole source of Mediterranean slaves; Genoese, Venetian, and Egyptian merchants bought captives taken in conflicts throughout the region, from North Africa, sub-Saharan Africa, the Balkans, and the Aegean Sea. Yet the trade in Black Sea slaves provided merchants with profit and prestige; states with military recruits, tax revenue, and diplomatic influence; and households with the service of women, men, and children. Even though Genoa, Venice, and the Mamluk sultanate of Egypt and Greater Syria were the three most important strands in the web of the Black Sea slave trade, they have rarely been studied together. Examining Latin and Arabic sources in tandem, Hannah Barker shows that Christian and Muslim inhabitants of the Mediterranean shared a set of assumptions and practices that amounted to a common culture of slavery. Indeed, the Genoese, Venetian, and Mamluk slave trades were thoroughly entangled, with wide-ranging effects. Genoese and Venetian disruption of the Mamluk trade led to reprisals against Italian merchants living in Mamluk cities, while their participation in the trade led to scathing criticism by supporters of the crusade movement who demanded commercial powers use their leverage to weaken the force of Islam. Reading notarial registers, tax records, law, merchants' accounts, travelers' tales and letters, sermons, slave-buying manuals, and literary works as well as treaties governing the slave trade and crusade propaganda, Barker gives a rich picture of the context in which merchants traded and enslaved people met their fate.

Japan and China Matsuda Wataru 2013-09-13 This volume ties together the histories of Japan and China for the modern period prior to the 20th century. The chapters look at Chinese and Japanese works which were written in response to events in the other country. None of these works has received any sustained attention in the west. As a result we get a view of how Chinese and Japanese saw each other at a time when there were few personal contacts allowed. Many of these texts were built on fanciful embellishments of stories that migrated from one land to the other. But the unique qualities of the Sino-Japanese cultural bond seem to have conditioned the interaction so that these texts all reveal a fascinatingly well-defined area.

Recreating Japanese Men Sabine Frühstück 2011 "Recreating Japanese Men is a wonderful and invaluable book. Its interdisciplinary mix of essays opens the door to a new world of scholarship on masculinity in Japan." --David L. Howell, Harvard University "By considering a wide variety of alternative masculinities throughout Japanese history, these essays reveal the tensions, conflicts and overlapping between competing masculine and feminine ideals and practices in surprising ways." --Robert A. Nye, Oregon State University "This gallery of striking but also subtle images of Japanese masculinity both reinforces old and reveals new historical understandings of Japanese political and military institutions, social divisions, and cultural anxieties. Essential reading in both Japan and masculinity studies." --Gary Cross, author of *Men to Boys: The Making of Modern Immaturity*.

Nine-Headed Dragon River Peter Matthiessen 1998-04-28 In August 1968, naturalist-explorer Peter Matthiessen returned from Africa to his home in Sagaponack, Long Island, to find three Zen masters in his driveway—guests of his wife, a new student of Zen. Thirteen years later, Matthiessen was ordained a Buddhist monk. Written in the same format as his best-selling *The Snow Leopard*, *Nine-Headed Dragon River* reveals Matthiessen's most daring adventure of all: the quest for his spiritual roots.

Japan in the Muromachi Age John Whitney Hall 2022-07-15 This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1977.

Buddhism and the State in Sixteenth-Century Japan N. McMullin 2014-07-14 The author reassesses the reasons for Nobunaga's attacks on the Buddhist temples and explores the long-term effects of his activities on the temples and on the relation between Buddhism and the state. Originally published in 1985. The Princeton Legacy Library uses the latest print-on-demand technology to again make available previously out-of-print books from the distinguished backlist of Princeton University Press. These editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions. The goal of the Princeton Legacy Library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by Princeton University Press since its founding in 1905.

Sitting with Koans John Daido Looi 2012-06-04 The Zen tradition has just two main meditative practices: shikantaza, or "just sitting"; and introspection guided by the powerful Zen teaching stories called koans. Following in the tradition of *The Art of Just Sitting* (endorsed as a "A book we have needed for a long, long time"), this new anthology from John Daido Looi illuminates the subtle practice of koan study from many different points of view. Includes writings by: Robert Aitken William Bodiford Robert Buswell Roko Sherry Chayat Francis Dojun Cook Eihei Dogen Heinrich Dumoulin Hakuin Ekaku Victor Sogen Hori Keizan Jokin Philip Kapleau Chung-fen Ming-Pen Taizan Maezumi Dennis Genpo Merzel Soen Nakagawa Ruth Fuller Sasaki Sokei-an Sasaki Nyogen Senzaki Zenkei Shibayama Eido Shimano Philip Yampolsky Hakuun Yasutani Wayne Yokoyama Katsushiro Yoshizawa

Black Belt 1995-06 The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world - including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known marital arts figure in the world.

The Teeth and Claws of the Buddha Mikael S. Adolphson 2007-02-28 Japan's monastic warriors have fared poorly in comparison to the samurai, both in terms of historical reputation and representations in popular culture. Often maligned and criticized for their involvement in politics and other secular matters, they have been seen as figures separate from the larger military class. However, as Mikael Adolphson reveals in his comprehensive and authoritative examination of the social origins of the monastic forces, political conditions, and warfare practices of the Heian (794-1185) and Kamakura (1185-1333) eras, these "monk-warriors"(sōhei) were in reality inseparable from the warrior class. Their negative image, Adolphson argues, is a construct that grew out of artistic sources critical of the established temples from the fourteenth century on. In deconstructing the sōhei image and looking for clues as to the characteristics, role, and meaning of the monastic forces, *The Teeth and Claws of the Buddha* highlights the importance of historical circumstances; it also points to the fallacies of allowing later, especially modern, notions of religion to exert undue influence on interpretations of the past. It further suggests that, rather than constituting a separate category of violence, religious violence needs to be understood in its political, social, military, and ideological contexts.

Koryu Aikido Nobuyoshi Higashi 1993 There are many techniques which cannot be fully executed in free practice. Professor Tomiki classified and developed the most effective use of 50 of these techniques from traditional jujutsu and aikido. He called these Koryu-goshin-no-kata ("Self-defense form of traditional aikido"). This is a highly sophisticated form of aikido.

The Father of Judo Brian N. Watson 2012-07-25 Jigoro Kano (right; in 1870 at age ten) was small as a child, which gave rise to his determination to study jujutsu. In his early twenties, he combined the best of what he had assimilated and founded modern judo. A professor at the age of twenty-five, he played an important educational role in transforming Japan from a country ruled by the samurai into a modern nation.

The Shakuhachi Christopher Yohmei Blasdel 1988

Japanese Mythology A to Z Jeremy Roberts 2009 In a world thought to have been created--and nearly destroyed--by the primordial gods Izanagi and Izanami, mythic heroes battled ferocious dragons and giant spiders, while ordinary bamboo cutters and farmers made unexpected contact with the supernatural. *Japanese Mythology A to Z, Second Edition* is a valuable, colorful reference for anyone with an interest in mythology or Japanese culture. Coverage includes:

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Bubishi 2016-05-31 Treasured for centuries by karate's top masters, the *Bubishi* is a classic Chinese work on philosophy, strategy, medicine, and technique as they relate to the martial arts. Referred to as the "bible of karate" by famous master Chojun Miyagi, for hundreds of years the *Bubishi* was a secret text passed from master to student in China and later in Okinawa. All of karate's legendary masters have studied it, applied its teachings, or copied passages from it. No other classic work has had as dramatic an impact on the shaping and development of karate as the *Bubishi*. Karate historian and authority Patrick McCarthy spent over ten years researching and studying the *Bubishi* and the arts associated with it. The first English translation of this remarkable martial arts manual includes numerous explanations and

notes. McCarthy's work also includes groundbreaking research on Okinawan and Chinese history, as well as the fighting and healing traditions that developed in those countries, making it a gold mine for researchers and practitioners alike. For the final word on the true origins and spirit of classic Okinawan martial arts, one need look no further. This karate book is one of the best karate training supplements available.

Zen and the Ways Trevor Leggett 2016-04-25 Expression of Zen inspiration in everyday activities such as writing or serving tea, and in knightly arts such as fencing, came to be highly regarded in the Japanese tradition. In the end some of them were practised as spiritual training as themselves; they were the n called ¿Ways¿. This book, first published in 1978, includes translations of some rare texts on Zen and the Ways. One is a sixteenth-century Zen text compiled from Kamakura temple records of the previous three centuries; others are translated from the ¿secret scrolls¿ of fencing, archery, Judo and so on.

Imperial-Way Zen Christopher Ives 2009-07-08 During the first half of the twentieth century, Zen Buddhist leaders contributed actively to Japanese imperialism, giving rise to what has been termed "Imperial-Way Zen" (Kodo Zen). Its foremost critic was priest, professor, and activist Ichikawa Hakugen (1902-1986), who spent the decades following Japan's surrender almost single-handedly chronicling Zen's support of Japan's imperialist regime and pressing the issue of Buddhist war responsibility. Ichikawa focused his critique on the Zen approach to religious liberation, the political ramifications of Buddhist metaphysical constructs, the traditional collaboration between Buddhism and governments in East Asia, the philosophical system of Nishida Kitaro (1876-1945), and the vestiges of State Shinto in postwar Japan. Despite the importance of Ichikawa's writings, this volume is the first by any scholar to outline his critique. In addition to detailing the actions and ideology of Imperial-Way Zen and Ichikawa's ripostes to them, Christopher Ives offers his own reflections on Buddhist ethics in light of the phenomenon. He devotes chapters to outlining Buddhist nationalism from the 1868 Meiji Restoration to 1945 and summarizing Ichikawa's arguments about the causes of Imperial-Way Zen. After assessing Brian Victoria's claim that Imperial-Way Zen was caused by the traditional connection between Zen and the samurai, Ives presents his own argument that Imperial-Way Zen can best be understood as a modern instance of Buddhism's traditional role as protector of the realm. Turning to postwar Japan, Ives examines the extent to which Zen leaders have reflected on their wartime political stances and started to construct a critical Zen social ethic. Finally, he considers the resources Zen might offer its contemporary leaders as they pursue what they themselves have identified as a pressing task: ensuring that henceforth Zen will avoid becoming embroiled in international adventurism and instead dedicate itself to the promotion of peace and human rights. Lucid and balanced in its methodology and well grounded in textual analysis, *Imperial-Way Zen* will attract scholars, students, and others interested in Buddhism, ethics, Zen practice, and the cooptation of religion in the service of violence and imperialism.