

Lebanese 101 The Easy Way To Learn Lebanese Arabi

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How Not to Die Michael Greger, M.D., FACLM 2015-12-08 From the physician behind the wildly popular NutritionFacts website, *How Not to Die* reveals the groundbreaking scientific evidence behind the only diet that can prevent and reverse many of the causes of disease-related death. The vast majority of premature deaths can be prevented through simple changes in diet and lifestyle. In *How Not to Die*, Dr. Michael Greger, the internationally-renowned nutrition expert, physician, and founder of NutritionFacts.org, examines the fifteen top causes of premature death in America—heart disease, various cancers, diabetes, Parkinson's, high blood pressure, and more—and explains how nutritional and lifestyle interventions can sometimes trump prescription pills and other pharmaceutical and surgical approaches, freeing us to live healthier lives. The simple truth is that most doctors are good at treating acute illnesses but bad at preventing chronic disease. The fifteen leading causes of death claim the lives of 1.6 million Americans annually. This doesn't have to be the case. By following Dr. Greger's advice, all of it backed up by strong scientific evidence, you will learn which foods to eat and which lifestyle changes to make to live longer. History of prostate cancer in your family? Put down that glass of milk and add flaxseed to your diet whenever you can. Have high blood pressure? Hibiscus tea can work better than a leading hypertensive drug—and without the side effects. Fighting off liver disease? Drinking coffee can reduce liver inflammation. Battling breast cancer? Consuming soy is associated with prolonged survival. Worried about heart disease (the number 1 killer in the United States)? Switch to a whole-food, plant-based diet, which has been repeatedly shown not just to prevent the disease but often stop it in its tracks. In addition to showing what to eat to help treat the top fifteen causes of death, *How Not to Die* includes Dr. Greger's Daily Dozen—a checklist of the

twelve foods we should consume every day. Full of practical, actionable advice and surprising, cutting edge nutritional science, these doctor's orders are just what we need to live longer, healthier lives.

Colloquial Arabic (Levantine) Leslie McLoughlin 2009-01-21 Colloquial Arabic (Levantine) offers you a step-by-step approach to the Arabic spoken in Jordan, Syria, Lebanon and Palestine. Levantine Arabic is widely recognized as one of the major languages of Arabic radio and television. Specially written by an international authority on teaching Arabic as a foreign language, Colloquial Arabic (Levantine) is the ideal course for self-study or class use and requires no previous knowledge of the language.

I, The Divine: A Novel in First Chapters Rabih Alameddine 2002-10-17 Named after the "divine" Sarah Bernhardt, red-haired Sarah Nour El-Din is "wonderful, irresistibly unique, funny, and amazing," raves Amy Tan. Determined to make of her life a work of art, she tries to tell her story, sometimes casting it as a memoir, sometimes a novel, always fascinatingly incomplete. "Alameddine's new novel unfolds like a secret... creating a tale... humorous and heartbreaking and always real" (Los Angeles Times). "[W]ith each new approach, [Sarah] sheds another layer of her pretension, revealing another truth about her humanity" (San Francisco Weekly). Raised in a hybrid family shaped by divorce and remarriage, and by Beirut in wartime, Sarah finds a fragile peace in self-imposed exile in the United States. Her extraordinary dignity is supported by a best friend, a grown-up son, occasional sensual pleasures, and her determination to tell her own story. "Like her narrative, [Sarah's] life is broken and fragmented. [But] the bright, strange, often startling pieces... are moving and memorable" (Boston Globe). Reading group guide included.

The 101 Most Used Verbs in Spoken Arabic Fridrik E. Tiedemann, Jr. 2015-01-15 The 101 Most Used Verbs in Spoken Arabic: Jordan & Palestine is more than just a book of most used verbs. It is the definitive resource containing everything a student of Arabic needs to gain fluency in speaking and understanding the everyday language used by Arabs in the Levant (Jordan, Palestine, Syria, & Lebanon). This book contains more than 850 definitions from the 101 verbs as well as very practical sample sentences which provide crucial context learners need for mastery. Now in its expanded 3rd edition, the 101 Book will enable any student of Arabic to isolate and master these most frequently used verbs while also being able to acquire another 700 high frequency verbs found within the verb inflection charts appendix. Additionally, it contains one of the most exhaustive lists available for broken plural nouns (over 800), along with many other helpful tools. A MP3 CD is included and contains 10 hours of high quality audio. The 101 Book has been used by thousands of students, both in the classroom and for personal study. It has proven itself to be the an essential book for serious students of Arabic dialect.

Lebanese at a Glance Antoine Faddoul 2018-06-15 Lebanese at a Glance Phrase book & Audio [Second Edition - 2018] for English speakers. This is a guide to the Lebanese culture and language. An introduction to the Lebanese

Language, Helpful Phrases, Downloadable Audio, Menu Guide, Grammar Guide, and a Mini-Dictionary Lebanese - English, English - Lebanese. In each chapter, linguistic material is introduced in addition to related cultural aspects from the Lebanese daily life. The language introduced is Modern Lebanese. It is the native language spoken by Lebanese people today, and used in Lebanese conversations, songs, and television productions. Nearly a hundred years ago, the Lebanese spoke seven major dialects depending on their geographical location. By the end of the twentieth century, the majority of the young generations started dropping their dialects and speaking Modern Lebanese. Today, most of the Lebanese media productions use the Modern Lebanese, and most of the Lebanese speaks it. However, you can still notice slight regional accents in the spoken Lebanese.

Lebanese Arabic Phrasebook Vol. 1 Hiba Najem 2014-10-12 A very practical way to learn Lebanese This is a Lebanese Arabic phrasebook, in a sense that it is designed to both: 1- Give you all you need to know to get by speaking Lebanese when travelling to Lebanon 2- Offer you a very practical and easy way of learning the dialect Method found to be very efficient by students The method and phrases used in this book have been developing since 2011 through my teachings of the Lebanese dialect through video lessons on youtube, as well as private lessons on skype. They have been tweaked and are constantly evolving through the feedback of the students, focusing on what they find to be useful and efficient. Every phrase is linked to a video so you could perfect the pronunciation. The most important aspect of learning a new language is to hear it being spoken by natives. Especially since Lebanese is considered as "spoken Arabic." That is why the advantage of this book is that EVERY word and sentence used, is linked to the video in which it was taught, so you can hear it, and try to master the pronunciation. Translation and Transliteration Each English phrase is translated to Lebanese using the Arabic alphabet for those who are Arabic literate, and then in its turn transliterated to the Latin alphabet for those who aren't. Exercises and Puzzles In order to help you master the material, there are exercises and puzzle at the end of the book, such as crosswords and word search.

Lebanese 101 Ali Matar 2019-09-12 Are you having trouble communicating with your Arab friends? Have you wasted a lot of time learning the Modern Standard Arabic 'MSA' and got nowhere? Well, this book can solve all of these problems! Fusha or MSA is not actually spoken between Arabs, since Fusha is a written language and not a spoken one in the Arab world. Lebanese is spoken worldwide and almost every Arabic country can understand the Lebanese dialect. This book will give you the first steps for achieving the beginner level in Lebanese Arabic. It includes grammar, comprehension, vocabulary and tests. It is also written in Latin letters, so that you can understand how to pronounce the words and letters correctly. By the end of this book you can achieve: * Learn the basics of the Lebanese/Levantine Dialect * Learn the internet language on how Arabs communicate on Social Media * Focusing more on the Levantine/Middle Eastern dialect than Fusha About the Author: Ali Matar, born in Beirut/Lebanon, is the founder and creator of the YouTube channel MatarTV

(over 34000 subscribers/August 2019), where he crushed stereotypes, habits and struggles of the younger Lebanese/Arab people in a funny way. He shows Lebanon from a different perspective and the point of view of an Arab living in a foreign European country. He also created the channels MatarPodcast, MatarEducation and developed Lebanese Arabic online courses.' It is one of the best and most effective courses in Lebanese Arabic I managed to find after trying hundreds of sources! Mumtaz!' - Comment of a course participant on Udemy

Spoken Lebanese Maksoud Nayef Feghali 1999 Spoken Lebanese teaches how to speak Lebanese Arabic using phonetic symbols rather than Arabic script. Useful for English-speaking people of Lebanese ancestry.

Colloquial Arabic (Levantine) Mohammad Al-Masri 2015-08-27 Colloquial Arabic (Levantine) provides a step-by-step course in Levantine Arabic as it is used today. Combining a user-friendly approach with a thorough treatment of the language, it equips learners with the essential skills needed to communicate confidently and effectively in Levantine Arabic in a broad range of situations. No prior knowledge of the language is required. Key features include: progressive coverage of speaking, listening, reading and writing skills structured, jargon-free explanations of grammar an extensive range of focused and stimulating exercises realistic and entertaining dialogues covering a broad variety of scenarios useful vocabulary lists throughout the text additional resources available at the back of the book, including a full answer key and bilingual glossaries. Balanced, comprehensive and rewarding, Colloquial Arabic (Levantine) is an indispensable resource both for independent learners and students taking courses in Levantine Arabic. Colloquials are now supported by FREE AUDIO available online. All audio tracks referenced within the text are free to stream or download from www.routledge.com/cw/colloquials. Recorded by native speakers, the audio complements the book and will help enhance learners' listening and speaking skills. By the end of this course, you will be at Level B1 of the Common European Framework for Languages and at the Intermediate-Low on the ACTFL proficiency scales.

The Lebanese Cookbook Hussein Dekmak 2007-10 Lebanese cuisine is one of the most unique in the Middle East, combining influences from the Egyptians, Persians, ancient Greeks, Ottomans, and most recently the French. This cookbook includes more than 100 authentic recipes in easy step-by-step format and sumptuous colour photographs.

The Complete Mediterranean Cookbook Gift Edition America's Test Kitchen 2021-10-19 The #1 Mediterranean Cookbook, with more than 375,000 copies sold, is now available in a beautiful special-edition hardcover. Give the gift of vibrant, good-for-you recipes in this bestseller from America's Test Kitchen, featured on NBC's Today Show and USA Today. Bring the Mediterranean--from Italy and Greece, to Morocco and Egypt, to Turkey and Lebanon--into your kitchen with more than 500 fresh, flavorful recipes. This comprehensive cookbook brings the famously healthy Mediterranean diet to home cooks with a wide range of classic

and inspired recipes, many fast enough to be made on a weeknight, using powerhouse Mediterranean ingredients available at your local supermarket. The structure of the book follows the guidelines of the Mediterranean Diet Pyramid. You'll find large chapters devoted to Beans and to Vegetables, the Seafood Chapter is larger than Poultry and Meat, and the Fruits and Sweets chapter, while shorter, is packed with recipes you can truly feel good eating. Recipes include Turkish Tomato, Bulgur, and Red Pepper Soup; Spiced Baked Rice with Roasted Sweet Potatoes and Fennel; Orzo with Shrimp, Feta, and Lemon; Za'atar-Rubbed Butterflied Chicken; Grilled Swordfish Skewers with Tomato-Scallion Caponata; Sautéed Spinach with Yogurt and Dukkah; and Orange Polenta Cake. The Complete Mediterranean Cookbook is the go-to gift for friends and family, no matter the occasion.

23 Things They Don't Tell You about Capitalism Ha-Joon Chang 2011-01-02
INTERNATIONAL BESTSELLER "For anyone who wants to understand capitalism not as economists or politicians have pictured it but as it actually operates, this book will be invaluable."-Observer (UK) If you've wondered how we did not see the economic collapse coming, Ha-Joon Chang knows the answer: We didn't ask what they didn't tell us about capitalism. This is a lighthearted book with a serious purpose: to question the assumptions behind the dogma and sheer hype that the dominant school of neoliberal economists-the apostles of the freemarket-have spun since the Age of Reagan. Chang, the author of the international bestseller *Bad Samaritans*, is one of the world's most respected economists, a voice of sanity-and wit-in the tradition of John Kenneth Galbraith and Joseph Stiglitz. *23 Things They Don't Tell You About Capitalism* equips readers with an understanding of how global capitalism works-and doesn't. In his final chapter, "How to Rebuild the World," Chang offers a vision of how we can shape capitalism to humane ends, instead of becoming slaves of the market.

A Dictionary of Iraqi Arabic Beverly E. Clarity 2003 Annotation Originally offered in two separate volumes, this staple of Georgetown University Press's world-renowned Arabic language program now handily provides both the English to Arabic and Arabic to English texts in one volume.

Arabic vs Arabic Matthew Aldrich 2018-04-17 Compare the vocabulary, pronunciation, and grammar of MSA and 14 dialects (Algerian, Bahraini, Egyptian, Iraqi, Jordanian, Lebanese, Moroccan, Palestinian, Qatari, Saudi (Hejazi), Sudanese, Syrian, Tunisian, and Yemeni). Free audio downloads available at www.lingualism.com/ava If you're learning Arabic, you've probably started with Modern Standard Arabic (MSA). Or perhaps a dialect? You might be learning both MSA and a dialect (or two!) in tandem. And you're certainly aware that there are many more dialects out there. It may seem daunting. But just how similar and different are they from one another? If you're curious, this book is for you. *Arabic vs. Arabic: A Dialect Sampler* lets you explore the vocabulary, pronunciation, and grammar of 15 varieties of Arabic (14 dialects and MSA) through tables with notes and free, downloadable accompanying audio. You can go through the tables in order or skip around the book to see what

catches your attention. The book really is meant to be a sampler platter to give you a taste of each dialect and a better understanding of just how varied the various varieties of Arabic are. The layout encourages the self-discovery method of learning. While the notes under many tables identify points of interest, you are encouraged to find patterns, exceptions, innovative features of dialects, and universals by studying the tables and listening to the audio tracks.

The Heart of Lebanon Ameen Rihani 2021-07-15 When celebrated mahjar writer Ameen Rihani returned to his native Lebanon from his long stay in New York, he set out on nine journeys through the Lebanese countryside, from the rising mountains to the shores of the Mediterranean, to experience and document the land in intimate detail. Through his travelogue *The Heart of Lebanon*, Rihani brings his readers along by foot and by mule to explore rural villages like his childhood home of Freike, the flora and fauna of massive cedar forests, and archaeological sites that reveal the history of Lebanon. Meeting goatherds, healers, monks, and more along the way, Rihani offers more than vivid descriptions of the country's sweeping scenery. His candid and often humorous narration captures what he sees as the soul of Lebanon and its people. Allen's fluid translation transports English-language readers to an early twentieth-century rural Lebanon of the writer's time in a way that only Rihani's firsthand account can accomplish.

Lebanese Arabic Ali Matar 2020-02-17 Are you struggling to find a good resource for learning the grammar of the Lebanese/Levantine Arabic? Well then you just laid your hands on the right book! Since Fusha or MSA is not spoken in the Arab world, there hasn't been good resources for teaching the spoken dialect. This book however will give you the right steps into the Lebanese grammar, making it as simple as it can be. PS. Unlike the first book of this collection *Lebanese Arabic 101*, this book is NOT about the basics of the Lebanese/Levantine Arabic. This book is about the Lebanese/Levantine Arabic grammar. This book covers: Pronunciation, The Base Form, The Imperfect Tense, The Bi-imperfect Tense, The Active Participle, Compound Tenses, 100 Verb Conjugations. This whole book is also written in latin letters, so that you can understand how to pronounce the words correctly and make it easier for you to learn.

Researching Cultures of Learning Martin Cortazzi 2012-12-10 This edited book is the first collection of research-based papers on cultures of learning, a concept which has been developed by the editors over 20 years. It assembles research with a considerable international range with a team of experts (working in USA, UK, Australia, New Zealand, China, Hong Kong, Japan, Finland, France, Iran, Lebanon, Kazakhstan, Malaysia and Thailand) with deep experience of the wide range of cultural contexts which are investigated, many related to 'home contexts' of the authors themselves. The book includes a diversity of case studies of particular situations of language learning and use; it offers explorations of trans cultural learning by students and teachers who cross languages and borders for study or work. All authors have long engagement with the cultural participants about whom they are writing. This book thus includes

a range of orientations, viewpoints and critical stances on cultures of learning and prospective authors have been invited for their expertise, experience and insights in cultural contexts of learning in different countries.

Vial of Tears Cristin Bishara 2021-10-05 Two sisters become trapped in the underworld—and in the machinations of deities, shapeshifters, and ghouls—in this lush and dangerous Phoenician mythology-inspired fantasy. A Kirkus Reviews Best Young Adult Book of the Year Teenage sisters Samira and Rima aren't exactly living the dream. Instead, they live with their maddeningly unreliable mother in a rundown trailer in Michigan. Dad's dead, money's tight, and Mom disappears to gamble for days at a time. So when Sam's grandfather wills her the family valuables—a cache of Lebanese antiquities—she's desperate enough to try pawning them before Mom can. But she shouldn't. Because one is cursed, forbidden, the burial coin of a forgotten god. Disturbing it condemns her and Rima to the Phoenician underworld, a place of wicked cities, burning forests, poisoned feasts of milk and lemons, and an endless, windless ocean. Nothing is what it seems. No one is who they say. And down here, the night never ends. To get home—and to keep her sister safe—Sam will have to outwit beautiful shapeshifters, pose as a royal bride, sail the darkest sea... and maybe kill the god of death himself. A lush and intensely imaginative novel in which fierce women protect each other from rapacious gods and hungering demons, and in which two tenacious sisters come into their power, *Vial of Tears* introduces readers to the rich and brilliant mythology of ancient Lebanon. A Den of Geek Top New YA A Shelf Awareness Galley Love of the Week Selection

Conversational Arabic Quick and Easy Yatir Nitzany 2019-01-19 THIS BOOK DOESN'T CONTAIN ANY ARABIC LETTERS! ALL ARABIC WORDS IN THIS BOOK WERE WRITTEN IN ENGLISH-TRANSLITERATION! Have you always wanted to learn how to speak the Saudi Hijazi Arabic dialect but simply didn't have the time? Well if so, then, look no further. You can hold in your hands one of the most advanced and revolutionary methods that was ever designed for quickly becoming conversational in a language. In creating this time-saving program, master linguist Yatir Nitzany spent years examining the twenty-seven most common languages in the world and distilling from them the three hundred and fifty words that are most likely to be used in real conversations. These three hundred and fifty words were chosen in such a way that they were structurally interrelated and, when combined, form sentences. Through various other discoveries about how real conversations work—discoveries that are detailed further in this book—Nitzany created the necessary tools for linking these words together in a specific way so that you may become rapidly and almost effortlessly conversant—now. If your desire is to learn complicated grammatical rules or to speak perfectly proper and precise Arabic, this book is not for you. However, if you need to actually hold a conversation while embarking on a pilgrimage to Mecca, to impress that certain someone, or to be able to speak with your grandfather or grandmother as soon as possible, then the Nitzany Method is what you have been looking for. This book is recommended for those who already have some prior knowledge of the pronunciation of Arabic accents (such as the Arabic accents: ayin, ghayn, ha,

and khaf). For those of you who do not, this book does indeed provide some great, in-depth techniques on the pronunciation and recognition of these accents, that you will encounter throughout the program. These techniques have proven extremely beneficial for beginner students who were previously unfamiliar with these accent pronunciations. But keep in mind this isn't a pronunciation book! Keep in mind that Saudi dialect is not an official language, but rather is a colloquial dialect. The purpose of my method is solely to give you the tools to create your own sentences in order to become conversational, while in regards to grammar, pronunciation, etc., you are on your own! This method is designed for fluency in a foreign language, while communicating in the first person present tense. Nitzany believes that what's most important is actually being able to understand and be understood by another human being right away. Therefore, unlike other courses, all words in this program are taught in English transliteration, without having to learn the complex alphabet. More formalized training in grammar rules, etc., can come later. This is one of the several, in a series of instructional language guides, the Nitzany Method's revolutionary approach is the only one in the world that uses its unique language technology to actually enable you to speak and understand native speakers in the shortest amount of time possible. No more depending on volumes of books of fundamental, beginner, intermediate, and advanced levels, all with hundreds of pages in order to learn a language. With Conversational Arabic Quick and Easy, all you need are forty-six pages. Learn Arabic today!

Gateway to Arabic Imran Hamza Alawiye 2000 Aimed at the beginner who has no prior knowledge of Arabic, this work begins with the first letter of the alphabet, and gradually builds up the learner's skills to a level where he or she would be able to read a passage of vocalised Arabic text. It also includes numerous copying exercises that enable students to develop a clear handwritten style.

The Spoken Arabic Ali Matar 2021-02-04 If you have been searching for a long time on books and resources to train and improve your spoken Arabic skills, then this book is for you. If you are a beginner, or advanced, but want to freshen up your Lebanese Arabic dialect knowledge, then you are reading the right description of your future book. This book consists of 4 parts to make your language learning journey easier. Part I: Grammar Part II: Vocabulary Part III: Audio Part IV: Spelling With more than 100 exercises bundled in this book, working on your ability to fully understand Lebanese words and phrases, and to be able to read and even write the Lebanese dialect and practice it verbally, is now possible. Beginner exercises that no one has ever done for a spoken dialect before! P.S. This book does not have any lessons. It only has exercises related to the Spoken Lebanese Arabic dialect. If you are looking to learn the Lebanese Arabic dialect, then please check out my other books.

Ten Things I Hate About Me Randa Abdel-fattah 2010-02-01 Randa Abdel-Fattah's new novel about about finding your place in life . . . and learning to accept yourself and your culture. "At school I'm Aussie-blonde Jamie -- one of the

crowd. At home I'm Muslim Jamilah -- driven mad by my Stone Age dad. I should win an Oscar for my acting skills. But I can't keep it up for much longer..." Jamie just wants to fit in. She doesn't want to be seen as a stereotypical Muslim girl, so she does everything possible to hide that part of herself. Even if it means pushing her friends away because she's afraid to let them know her dad forbids her from hanging out with boys or that she secretly loves to play the darabuka (Arabic drums).

Education of Syrian Refugee Children Shelly Culbertson 2015-11-23 With four million Syrian refugees as of September 2015, there is urgent need to develop both short-term and long-term approaches to providing education for the children of this population. This report reviews Syrian refugee education for children in the three neighboring countries with the largest population of refugees—Turkey, Lebanon, and Jordan—and analyzes four areas: access, management, society, and quality.

The Spoken Arabic Ali Matar 2020-03-29 P.S. This is a combination of my first two books to make your life way easierThe books: Lebanese 101 and Lebanese Arabic GrammarA UNIQUELY POWERFUL APPROACH TO LEARNING SPOKEN ARABIC, FAST!Are you struggling to find a good resource for learning the spoken Arabic?Have you ever wanted to learn spoken Arabic to discover beautiful Dubai or just communicate with the closest people around you who are from an Arabic background? Then read on!This book doesn't just dive into the grammar of the Lebanese Arabic Language. The combination of all the modules that go into the basics, getting socially comfortable in conversation skills, reading and writing exercises, tests, vocabulary and verb conjugations, you will be unstoppable! By the end of this book, you will learn: The basics of the Lebanese/Levantine Dialect Learn the internet language on how Arabs communicate on social mediaFocus more on the Levantine/Middle Eastern dialect than Fusha. I even write Arabic in Latin letters so that you understand how to pronounce them correctly.Learn this one dialect that will allow you to communicate easily with all Arabs... even if you've never spoken a word in Arabic before!Finally, a book that IS NOT about Fusha which is the traditional Arabic but the Spoken Lebanese Arabic Language.

The Mediterranean Diet for Beginners Rockridge Press 2013-04 Explains the health benefits of the low-fat, heart-healthy Mediterranean diet and offers a quick-start guide for transitioning to this culinary lifestyle, complete with forty recipes, sample meal plans, and ten tips for success.

The Silent Language Edward Twitchell Hall 1959 A study of the non-verbal language which exists in every culture, the elaborate patterns of behavior through which we communicate

A History of Modern Lebanon Fawwaz Traboulsi 2012-06-15 This is the updated edition of the first comprehensive history of Lebanon in the modern period. Written by a leading Lebanese scholar, and based on previously inaccessible archives, it is a fascinating and beautifully-written account of one of the

world's most fabled countries. Starting with the formation of Ottoman Lebanon in the 16th century, Traboulsi covers the growth of Beirut as a capital for trade and culture through the 19th century. The main part of the book concentrates on Lebanon's development in the 20th century and the conflicts that led up to the major wars in the 1970s and 1980s. This edition contains a new chapter and updates throughout the text. This is a rich history of Lebanon that brings to life its politics, its people, and the crucial role that it has always played in world affairs.

Lessons in Post-War Reconstruction Howayda Al-Harithy 2010-03-10 After the ceasefire, a group of architects and planners from the American University of Beirut formed the Reconstruction Unit to help in the recovery process and in rebuilding the lives of those affected by the 2006 war in Lebanon . Here, a series of case studies documenting the work of the Unit discusses the lessons to be learned from the experiences of Lebanon after the July War, and suggests how those lessons might be applied elsewhere. The cases are diverse in terms of scale, type of intervention, methods, and approaches to the situation on the ground. Critical issues such as community participation, heritage protection, damage assessment and compensation policies, the role of the state, and capacity building are explored and the success and failures assessed.

Marhaba George Nicolas El-hage, Ph.d. 2015-02-26 This book is a basic, direct and self-guided handbook to learn Levantine dialect. It is a simple, easy to use textbook for both the motivated student and teacher alike. It is useful for beginners with no knowledge of Arabic and for those who have had about a semester or two of either dialect or MSA. It is particularly helpful for people who are going to travel to the Levant for the first time or those who have lived there for a while and need to master and reinforce what they have learned. The book is designed for foreign students who have little or no knowledge of Arabic, formal or informal. It can be used by students themselves on their own, or with the help of an instructor or a tutor. Basically every word is introduced in three forms: Arabic form, transliteration form and English meaning. A beginner non-native who only desires to speak and communicate orally can rely on transliteration and English, while a more experienced student, a heritage student or a non-native with a year of exposure to Arabic who can read and has learned some basic survival vocabulary, may also benefit from the Arabic script and the grammatical notes available in the book. Even if you are well versed in MSA, you still need to have this book. You may already be able to read the newspaper headlines or listen to the news and read a street sign, but it will sound very awkward to use MSA when you meet and greet someone, need a taxi, ask for directions, bargain and negotiate, open a bank account, order a meal or a sandwich, chat with someone in the street or in a cafe, enter a supermarket or a store, ask for the time, or make an appointment and get to know someone on a personal or even professional level, etc. The book is divided into 72 sections, and 24 lessons, mainly by topic. Each section contains pertinent vocabulary needed and used when dealing with the situation at hand. So if you are looking for a word about clothing, or medicine, for example, you simply look in that particular section. There are

also sufficient exercises in translation with answers provided for you to doublecheck and verify your knowledge. Do the exercise first before you look up the answer. Continuously test yourself, memorize new words, read and speak out loud even when you are alone and pick the brain of a native friend or acquaintance. Lebanese, and Arabs in general, are impressed when you attempt to speak Arabic with them. They will go out of their way to help you and make your acquaintance. However, they will also try first to practice their English or French with you. Most of them are bilingual or even trilingual. Do not fall for this. Insist on using your Arabic first. The best way to learn a foreign language is through total immersion. Go ahead, immerse yourself. You will be forced to float. Drowning is not an option. You are too smart to drown. Study this book, and find a group of natives to chat with. Better yet, visit Lebanon and have some maza, tabbouli and araq. Then, we'll talk. Do not be afraid to make mistakes. Keep on trying. Practice makes perfect.

Arabic Voices 1 Matthew Aldrich 2015-11-05 Arabic Voices is a two-part series designed to provide students of Arabic with an opportunity to hear and study authentic Arabic as it is spoken by native speakers today. Unlike the scripted materials read by voice actors used in many course books, Arabic Voices offers dozens of audio essays spoken naturally and off-the-cuff by individuals from across the Arab World. Each of the twelve native speakers has contributed audio essays in both Modern Standard Arabic and his or her native dialect, which have then been transcribed for study. In Arabic Voices 1 and 2, you will hear Egyptian Arabic, Levantine Arabic (Lebanese Arabic, Palestinian Arabic, Jordanian Arabic), Yemeni Arabic, Tunisian Arabic, Moroccan Arabic, as well as Modern Standard Arabic. MP3s are available for free download at www.lingualism.com. The segments in Modern Standard Arabic provide valuable insight into native speakers' range of style and proficiency in the language. The segments in colloquial Arabic dialects offer a fascinating look into the many varieties of Arabic, and how similar and different they really are from one another. Fine-tuning your listening to the idiosyncrasies of each dialect will truly help you better understand spoken Arabic. Each "segment" (audio essay chapter) contains: 1) exercises to sharpen your listening skills and increase how much you can understand, whatever your level 2) in-chapter answers to the exercises (no having to flip back and forth to the back of the book) 3) a voweled transcript of the audio with side-by-side English translations 4) cultural and linguistic notes 5) web links to articles and videos related to the segment 6) select segments feature grammar focuses with additional exercises.

Women in Lebanon M. Thomas 2012-12-28 Combining insider and outsider perspectives, Women in Lebanon looks at Christian and Muslim women living together in a multicultural society and facing modernity. While the Arab Spring has begun to draw attention to issues of change, modernity, and women's subjectivity, this manuscript takes a unique approach to examining and describing the Lebanese "alternative modernities" thesis and how it has shaped thinking about the meaning of terms like evolution, progress, development, history, and politics in contemporary Arab thought. The author draws on

extensive ethnographic research, as well as her own personal experience.

Koolaid's Rabih Alameddine 2015-09-15 "Daring, dazzling . . . A tough, funny, heart-breaking book" by the National Book Award-nominated author of *An Unnecessary Woman* (The Seattle Times). Detailing the impact of the AIDS epidemic in America and the Lebanese civil war in Beirut on a circle of friends and their families during the 1980s and 1990s, this "absolutely brilliant" novel mines the chaos of contemporary experience, telling the stories of characters who can no longer love or think except in fragments (Amy Tan). Clips and quips, vignettes and hallucinations, tragic news reports and hilarious short plays, conversations with both the quick and the dead, all shine their combined lights to reveal the way we experience life today in the debut novel of the author Michael Chabon calls "one of our most daring writers." "A provocative, emotionally searing series of connected vignettes . . . For a nonlinear novel the images chosen retain a remarkable cohesion. Often sexually frank or jarringly violent, they merge into a graphic portrait of two cultures torn from the inside." –Publishers Weekly "[A] refreshing statement of honesty and endurance . . . Funny, brave, full of heart and willing to say things about war and disease, sexual and cultural politics that have rarely been said so boldly or directly before." –The Oregonian "Rabih Alameddine is one rare writer who not only breaks our hearts but gives every broken piece a new life." –Yiyun Li

Crony Capitalism in the Middle East Ishac Diwan 2019-05-28 The popular uprisings in 2011 that overthrew Arab dictators were also a rebuke to crony capitalism, diverted against both rulers and their allied businessmen who monopolize all economic opportunities. While the Middle East has witnessed a growing nexus between business and politics in the wake of liberalization, little is discussed about the nature of business cronies, the sectors in which they operate, the mechanisms used to favour them, and the possible impact of such crony relations on the region's development. Combining inputs from leading scholars in the field, *Crony Capitalism in the Middle East: Business and Politics from Liberalization to the Arab Spring* presents a wealth of empirical evidence on the form and function of this aspect of the region. *Crony Capitalism in the Middle East* is unique in both its empirical focus and comparative scale. Analysis in individual chapters is empirically grounded and based on fine-grained data on the business activities of politically connected actors furnishing, for the first time, information on the presence, numerical strength, and activities of politically connected entrepreneurs. It also substantially enhances our understanding of the mechanisms used to privilege connected businesses, and their possible impact on undermining the growth of firms in the region. It offers a major advance on our prior knowledge of Middle Eastern political economy, and constitutes a distinct contribution to the global literature on crony capitalism and the politics of development. The book will be an essential resource for students, researchers, and policymakers alike.

Fluent in 3 Months Benny Lewis 2014-03-11 Benny Lewis, who speaks over ten

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languages—all self-taught—runs the largest language-learning blog in the world, *Fluent In 3 Months*. Lewis is a full-time "language hacker," someone who devotes all of his time to finding better, faster, and more efficient ways to learn languages. *Fluent in 3 Months: How Anyone at Any Age Can Learn to Speak Any Language from Anywhere in the World* is a new blueprint for fast language learning. Lewis argues that you don't need a great memory or "the language gene" to learn a language quickly, and debunks a number of long-held beliefs, such as adults not being as good of language learners as children.

The Ultimate Guide to the Daniel Fast Kristen Feola 2010-12-21 The Ultimate Guide to the Daniel Fast is an inspiring resource for Christians who want to pursue a more intimate relationship with God through the 21-day commitment to prayer and fasting known as the Daniel Fast. As you deny yourself certain foods—such as sugars, processed ingredients, and solid fats—you will not only embrace healthier eating habits, you'll also discover a greater awareness of God's presence. Author Kristen Feola explains the Daniel Fast in easy-to-understand language, provides 21 thought-provoking devotionals for each day of the fast, and shares more than 100 tasty, easy-to-make recipes that follow fasting guidelines. In a conversational style, Feola helps you structure the fast so you can spend less time thinking about what to eat and more time focusing on God. You will also discover that "to fast" means "to feast" on the only thing that truly nourishes?God's powerful Word. For more info, please visit www.ultimatedanielfast.com.

A Dictionary of Modern Written Arabic Hans Wehr 1979 "An enlarged and improved version of "Arabisches Wèorterbuch fèur die Schriftsprache der Gegenwart" by Hans Wehr and includes the contents of the "Supplement zum Arabischen Wèorterbuch fèur die Schriftsprache der Gegenwart" and a collection of new additional material (about 13.000 entries) by the same author."

Lebanon Andrew Arsan 2018 A reflective examination of everyday life in Lebanon in times of precarity and political torpor.

Tahini and Turmeric Ruth Fox 2018-05-29 Hip, healthy, and flavorful, Tahini & Turmeric delivers vegan haute cuisine in 101 easy-to-prepare recipes With gorgeous full-color photos, artful writing, and out-of-the-box recipes, you'll see why this duo's successful and heart-healthy website, MayIHaveThatRecipe.com, has such a dedicated following. Drawing on the ancient traditions of Turkey, Lebanon, and Israel to the trendy palates of Barcelona, Spain, Cohen and Fox showcase delicious vegan dishes with sophisticated flavor profiles and beautiful, crowd-pleasing presentations. From brunch specials such as Chickpea and Pepper Shakshuka and Zucchini Fritters with Yogurt Cucumber Sauce, to rich, intensely-flavored desserts, like Creamy Tahini Cheesecake and Rose Water Pudding Tartelettes with Pomegranate and Pistachios, there's a dish for every meal. Paired with fresh greens, the salads and appetizers can more than hold their own for an easy weeknight supper that is healthy, filling, and beautiful. Entrées such as Harissa meatless meatballs with Aromatic Turmeric Broth and Sweet and Savory Quinoa Stuffed Eggplant do double duty for everyday

or holiday. With detailed explanations of Middle Eastern foods, and suggestions on the best way to build up a home pantry of staples, you'll discover a world of flavor. Once you begin cooking from *Tahini & Turmeric*, you'll find yourself experimenting with pistachios and pomegranate syrup--and, of course, tahini and turmeric.

Bayrut: The Cookbook Hisham Assaad 2021-10-19 A stunning, authentic, and evocative cookbook on the food of Beirut - the heart of Lebanon. Beirut, the capital of Lebanon, is an exhilarating, chaotic city with a tumultuous past yet a thriving, vibrant foodie reputation. Perfectly poised between the Middle East and the Mediterranean, Lebanese cuisine is hugely popular – famed for its varied and flavourful regional dishes that emphasise whole grains, fresh fruits, vegetables, and seafood. Beirut's ever-changing, often turbulent, heritage means that its food has evolved an exciting character of its own. In this book, Hisham Assaad shows you the best the city has to offer, with accessible, delicious recipes, ranging from the classics to more modern fare. He tells the story of a city with energy and diversity, of multiple cultures and traditions, with ever-popular street food, a thriving restaurant and café scene, and traditional family favourites handed down through generations. Learn to create lavish breakfast spreads, traditional Sunday feasts, fresh and vibrant salads, easy and nutritious suppers, or even a delectable afternoon tea with tempting perfumed sweets and delicacies. With stunning food and travel photography, this book will transport you to the cultural melting pot that is Beirut – a city that excels at mouth-watering food.

Levantine Arabic Verbs Matthew Aldrich 2017-07-08 Levantine Arabic Verbs will help learners of all levels master verb conjugation and natural pronunciation. Bonus: Free audio tracks available to download and stream from www.lingualism.com. Features include: • 100+ conjugation tables of some of the most common verbs (and 'pseudo-verb' prepositional phrases) used in daily language. • Phonemic transcription alongside the Arabic script in the conjugation tables to aid in accurate pronunciation and help learners get used to Arabic script as written for the dialect. • Usage notes. • Example sentences under each conjugation table with the verbs in various persons and tenses, demonstrating different meanings and idiomatic uses. • All conjugated verb forms in all tables and example sentences appear on the downloadable audio tracks, spoken by a native speaker from Lebanon. • Grammar reference for Levantine verbs (forms and uses of tenses and moods, negative verbs, compound tenses, etc.) • Indexes with 750 more verbs which can be conjugated using the conjugation tables as models. • Supplementary Anki flashcards with audio are available separately at www.lingualism.com.