

Lonely Planet Wellness Escapes

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A Spotter's Guide to Amazing Architecture Lonely Planet 2018-04-01 The next in our Spotter's Guide series reveals 120 of the world's great human constructions and where to find them, from cloud-piercing skyscrapers and ancient sites to classic buildings and contemporary designs. Packed with facts, maps and photos, it's a fun and fascinating introduction to the sublime, the strange and everything in between. When we travel it's often to see a building - the Taj Mahal, the Leaning Tower of Pisa, the Eiffel Tower. They're things of beauty, symbols of their age and emblems of human endeavour. Sometimes, buildings are the reason we decide to go somewhere; think of an icon such as Bilbao's Guggenheim and Cambodia's Angkor Wat temple complex. Other times, buildings help make a visit more enriching and rewarding, like discovering the old district of Pelourinho in Salvador, Brazil and the majestic Hagia Sophia in Istanbul, Turkey. *Amazing Architecture: A Spotter's Guide* is perfect for anyone interested in learning about many of the world's greatest architectural sites. Each entry includes a brief introduction, who designed it and when it was built, plus a map to help you plan a visit. Famous, weird and wonderful places include: Bran Castle in Transylvania, Romania The Crooked House in Sopot, Poland Shah Mosque in Esfahan, Iran Skara Brae in Orkney, Scotland Towers of San Gimignano, Italy Roman Baths in Bath, UK Ayutthaya temple complex, Thailand The Winter Palace, St Petersburg, Russia Millau Viaduct, southern France Chrysler Building, New York, USA Qatar Faculty of Islamic Studies The mud-made Agadez Mosque, Niger About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Around the World in 80 Food Trucks Lonely Planet Food 2019-03-01 We've taken to the streets to bring you 80 fast, fresh and mouthwatering recipes from the most exciting chefs on four wheels. From sea bass ceviche and Lebanese msakhan to American peach cake, discover how to cook some of the world's most crowd-pleasing dishes, meet the chefs and hear the stories behind their passion projects.

The Digital Nomad Handbook Lonely Planet 2020-04-01 Escape the nine-to five and learn

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how to live and work on the road with the latest addition to Lonely Planet's Handbook series, a practical guide inspiring and motivating people to achieve their goal of travelling more, starting a whole new way of living and creating a flexible work/life balance.

Wild In The City Lonely Planet Kids 2019-11-01 Discover the secret lives of the extraordinary creatures that share our cities. From red foxes sneaking rides on London buses to leopards prowling the backstreets of Mumbai, this book explores the clever ways animals have adapted to the urban environment and gives tips on how you can help protect our wild neighbours.

The Best Things in Life are Free Lonely Planet 2016-08-01 The Best Things in Life are Free is packed full of money-saving tips for the global traveller. From parks, museums and exercise classes that are free, to insider ideas on food and experiences offered at great value, this book features over 60 major cities around the world and promises to help anyone on a budget to make the most of their trip.

Everyday Adventures Lonely Planet 2018-07-01 Weave a little wonder into daily life with these fun and challenging activities - and experience your local area in a whole new way. Invite friends on a social adventure, follow your senses somewhere new and embark on a cultural odyssey. Lonely Planet shows you how to embrace the traveller spirit and discover a new side to where you live.

Lonely Planet Ultimate Travel Coloring Book Lonely Planet Publications (Firm) 2016-03-01 Includes folded world map inserted between flyleaves.

Lonely Planet Ireland Neil Wilson 2022-01-18 Lonely Planet's Ireland is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore the Causeway Coast, have a pint in the pub, and drive the Ring of Kerry; all with your trusted travel companion. Get to the heart of Ireland and begin your journey now! Inside Lonely Planet's Ireland Travel Guide: Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak NEW top experiences feature - a visually inspiring collection of Ireland's best experiences and where to have them What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel NEW Accommodation feature gathers all the information you need to plan your accommodation NEW Where to Stay in Dublin map is your at-a-glance guide to accommodation options in each neighbourhood Improved planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids Colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights give you a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics Over 90 maps Covers Dublin, Counties Wicklow & Kildare, Counties Wexford, Waterford, Carlow & Kilkenny, Cork, Kerry, Limerick & Tipperary, Clare, Galway, Mayo & Sligo, County Donegal, the Midlands, Belfast, Down & Armagh, Londonderry & Antrim, Fermanagh & Tyrone The Perfect Choice: Lonely Planet's Ireland, our most comprehensive guide to Ireland, is perfect for both exploring top sights and taking roads less travelled. Looking for just the

highlights? Check out Pocket Dublin, a handy-sized guide focused on the can't-miss sights for a quick trip. About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day. 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)

Lonely Planet Best of Rome 2020 Lonely Planet 2019-09-01 Lonely Planet's Best of Rome is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Imagine the roar of the crowds in the Colosseum, crane your neck at the Sistine Chapel, and sample every single flavour of pizza and gelato the city offers - all with your trusted travel companion.

Lonely Planet Thailand Lonely Planet 2018-07-01 Lonely Planet: The world's number one travel guide publisher* Lonely Planet's Thailand is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Learn to cook authentic Thai dishes in Chiang Mai, rock-climb the limestone karsts (or watch from the sugar-white beaches) of Railay, and trek through dense jungle and stay in tree-top bungalows in Kanchanaburi - all with your trusted travel companion. Get to the heart of Thailand and begin your journey now! Inside Lonely Planet's Thailand: Colour maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights provide a richer, more rewarding travel experience - covering history, people, music, landscapes, wildlife, cuisine, politics Covers Bangkok, Central Thailand, Ko Chang, Chiang Mai Province, Northern Thailand, Hua Hin, Southern Gulf, Ko Samui, Lower Gulf, Phuket, Andaman Coast The Perfect Choice: Lonely Planet's Thailand is our most comprehensive guide to Thailand, and is perfect for discovering both popular and offbeat experiences. Looking for just the highlights? Check out Pocket Bangkok and Pocket Phuket, our handy-sized guides featuring the best sights and experiences for a short visit. Looking for more extensive coverage? Check out Lonely Planet's Thailand's Islands & Beaches and Bangkok guides for an in-depth look at all these regions have to offer. eBook Features: (Best viewed on tablet devices and smartphones) Downloadable PDF and offline maps prevent roaming and data charges Effortlessly navigate and jump between maps and reviews Add notes to personalise your guidebook experience Seamlessly flip between pages Bookmarks and speedy search capabilities get you to key pages in a flash Embedded links to recommendations' websites Zoom-in maps and images Inbuilt dictionary for quick referencing About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. TripAdvisor

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Travelers' Choice Awards 2012, 2013, 2014, 2015 and 2016 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' – New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' – Fairfax Media (Australia) *Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

The Cruise Handbook Lonely Planet 2019-01-01 This practical and inspiring guide gives you the lowdown on the world of cruises. Get essential advice and tips on everything from finding the right cruise and booking a great deal, to packing and travelling with a family. This ultimate trip-planning tool also features the best destinations for beaches, adventure, culture, chartering and more.

Lonely Planet's Best in Travel 2019 Lonely Planet 2018-10-01 This annual bestseller ranks the hottest, must-visit countries, regions, cities and best-value destinations for 2019. Drawing on the knowledge and passion of Lonely Planet's staff, authors and online community, we present a year's worth of inspiration to take you out of the ordinary and into the unforgettable.

The World's Best Superfoods Lonely Planet Food 2017-03-01 Dive into the world of superfoods! Discover 66 tasty recipes from cultures around the globe, all containing star ingredients to boost your health and wellbeing. With a foreword and recipe by Honestly Healthy's Natasha Corrett.

Lonely Planet Central America Lonely Planet 2019-07-01 Lonely Planet Central America is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Get to the heart of Central America and begin your journey now!

Three Hours From Lonely Planet 2019-09 From Austin to Bogota, Vienna to Wellington, discover the best day and weekend trips within three hours of 60 of Lonely Planet's favourite cities. With sights, activities and hidden gems - all built around themes like art & culture, the outdoors, and food & drink - you'll find amazing ideas for your next city escape or long stopover, as well as new experiences to enjoy near where you live. Most of the 60 cities in this book could fill a lifetime with new experiences, but a short journey by either train, bus or car opens a world beyond to explore. In *Three Hours From* we hope to inspire you to look beyond the city limits for your next adventure. Whether you're in Delhi, Vancouver, Brisbane or Rome, and whether you live there, work there, are on vacation or are simply passing through with a day to kill, we encourage you to widen your net. Just an hour and 40 minutes from Cape Town you can spy breaching whales from the cliff path at Hermanus; within two hours of Manhattan you can be surfing at Rockaway Beach; and near Beijing you can choose between rafting a scenic gorge, visiting Jin-era temples or hiking along the Great Wall. Each of the 60 cities is presented with a map of the surrounding area, pinpointed with up to 18 of the most exciting things to do within three hours travel time. These are colour-coded by theme so you can easily find what you're interested in - be that outdoor pursuits, arts and culture, history, festivals and events, film and music, or food and drink. Special sections include Africa's best beach towns, Japan's best onsen retreats, the best food & drink tours in North America, Europe's finest off-the-beaten-track wineries, Oceania's most fascinating indigenous experiences, and the top wildlife watching destinations in Latin America. About Lonely Planet: Lonely Planet is a leading

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travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more.

Sustainable Travel Holly Tuppen 2021-06-29 Sustainable Travel offers practical and achievable advice for those who want to make a difference in the way we experience the world. Having travelled around the world without flying, sustainability expert Holly Tuppen knows a thing or two about low-carbon and positive-impact adventures. Here, she shares what she's learnt from over a decade of responsible travels. Sustainable Travel will help your trip to be a force for good with information on how to: · Ask tour operators and accommodations the right questions · Reduce your carbon footprint · Embrace slow travel · Pack responsibly · Benefit the people, cultures and places you visit Also included is a guide to regenerative travel experiences, including conservation-minded tours, community-led initiatives, alternative adventures, responsible destinations and green places to stay. A series of interviews feature the experts and unsung heroes of sustainable travel. With so many of us looking to travel in a more sustainable way, but not sure how to go about it, this comprehensive guide reveals everything you need to know. It's a must read for anyone looking to tackle the climate crisis and support nature and people while travelling. 2% of the revenue generated from the sale of this book will be donated to the World Land Trust, an international conservation charity that has funded the protection of over 5 000 000 acres of landscapes.

Our Not-So-Lonely Planet Travel Guide, Volume 1 Mone Sorai 2021-03-19 Super serious Asahi Suzumura and laidback, easygoing Mitsuki Sayama might seem like an odd couple, but they made a deal; they'll vacation around the world and when they get back to Japan, they'll get married. As they travel from country to country, the different people, cultures and cuisine they encounter begin to bring them closer together. After all they're not just learning about the world, but about themselves too.

In Her Footsteps Lonely Planet 2020-02-01 Discover the lives and locations of trailblazing women who changed the course of history- from rulers like Queen Hatshepsut and suffragette heroes Sylvia Pankhurst and Elizabeth Cady Stanton, to the workrooms of Frida Kahlo and Virginia Woolf, and the tennis courts of the Williams sisters.

The Honeymoon Handbook Lonely Planet 2017-01-01 Lonely Planet's selection of the most exciting locations for the perfect honeymoon. Discover ideas for out-of-the-ordinary trips and experiences. Pick up tips for making the trip a success and setting your life together off to a magical start. The essential honeymoon planning tool.

Wellness Escapes Lonely Planet 2018-11-20 Discover the world's most energising, inspiring and relaxing wellbeing retreats. From yoga, t'ai chi and meditation to mindfulness, spa treatments and creative writing, we present our favourite retreats and spas around the world to help replenish the mind, body and soul. Wellness Escapes includes nearly 200 destinations and is organised into five themes: Calm, Active, Healthy, Inspired and Indulged - making it easy to find the perfect getaway whether you're in the mood for a seaweed bath in Ireland or surfing in Morocco, meditation in Bali or a Finnish sauna. We tell you what makes each retreat so special, what you can do, what's on its doorstep, and provide booking details to help you

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find out more or book a visit. Throughout, our wellness authors reveal the health benefits of each activity, while you'll also find out about the world's top ten wellness festivals, yoga and meditation techniques, and healthy smoothie recipes to try at home. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more.

Lonely Planet's Best in Travel 2021 Lonely Planet 2020-10-20 This annual list ranks the planet (TM)s must-visit countries, cities and regions for 2022. As we re-engage with the world with a new appreciation for what a privilege and responsibility travel is, Lonely Planet has drawn on the knowledge of our global community of experts to curate a collection of experiences that will inspire you to reconnect with the world. We also reveal how you can have a positive impact as you return to the road, with practical advice that will help you to make sustainable travel choices, support local communities and celebrate inclusivity. Inside Best in Travel 2022 you will discover: A reflective view on travel in a post-pandemic world Lonely Planet (TM)s top 10 countries, cities and regions to visit in 2022 Inspiration and guidance for every destination to help travellers make it happen Expert advice on how to protect the areas you visit on your travels About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day.

Lonely Planet's Ultimate Travel Lonely Planet 2015-08-01 Lonely Planet, the world's leading travel guide publisher, brings you the world...ranked. What will be number 1, you ask? We have the answer. This compilation of the 500 most unmissable sights and attractions in the world has been ranked by Lonely Planet's global community of travel experts, so big name mega-sights such as the Eiffel Tower and the Taj Mahal battle it out with lesser-known hidden gems for a prized place in the top 10, making this the only bucket list you'll ever need. This definitive wish list of the best places to visit on earth is packed with insightful write-ups and inspiring photography to get you motivated to start ticking off your travel list. What's your number 1? Authors: Lonely Planet About Lonely Planet: Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves. 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media 'Lonely Planet guides are, quite simply, like no other.' - New York Times Lonely Planet guides have won the TripAdvisor Traveler's Choice Award in 2012, 2013, 2014, and 2015. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Lonely Planet Best of Costa Rica Lonely Planet 2020-11-17 Lonely Planet: The world's

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number one travel guide publisher* Lonely Planet's Best Of Costa Rica is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Wander through the pristine Monteverde Cloud Forest, discover Tico culture in San Jose, and sprawl on a white-sand beach in Montezuma-all with your trusted travel companion. Discover the best of Costa Rica and begin your journey now! Inside Lonely Planet's Best Of Costa Rica Full-color maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Cultural insights provide a richer, more rewarding travel experience - covering history, art, architecture, politics, landscapes, wildlife, cuisine, customs, etiquette Covers San Jose, Monteverde Cloud Forest, Manuel Antonio, Volcan Arenal, Montezuma, Peninsula de Osa, Tortuguero, Puerto Viejo de Talamanca, Playa Samara and more The Perfect Choice: Lonely Planet's Best Of Costa Rica is filled with inspiring and colorful photos, and focuses on Costa Rica's most popular attractions for those wanting to experience the best of the best. Looking for more extensive coverage? Check out Lonely Planet's Costa Rica guide for our most comprehensive look at all the country has to offer. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveler since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, video, 14 languages, nine international magazines, armchair and lifestyle books, ebooks, and more. *Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017

Lonely Planet's Ultimate Eats Lonely Planet Food 2018-08-16 The world's top 500 food experiences - ranked! We asked the planet's top chefs and food writers to name their favorite gastronomic encounters. Discover Japanese bullet train bento boxes, Israeli shakshuka, San Sebastian pintxos bars, and 497 more mouth-watering destinations in this must-own bucket list for foodies and those who love to travel.

Sustainable Escapes Lonely Planet 2020-03-01 This is Lonely Planet's guide to the world's best eco-friendly resorts and experiences. From eco-lodges with cutting-edge sustainability initiatives to tours designed to protect wildlife and empower communities, you'll discover remarkable places where you can feel good about spending your time and money.

The Sustainable Travel Handbook Lonely Planet 2020-11-17 This practical and inspiring guide, the latest in our popular Handbook series, motivates travellers to take a responsible approach to the impact of travelling. Whether you're looking to reduce your carbon emissions, enjoy more a responsible wildlife-watching experience, harness culinary tourism for good or enjoy an eco-friendly city break, this guide has got you covered. Packed with easily-digestible advice compiled by a sustainable travel expert, eco-conscious travellers will be introduced to a wide variety of destinations offering culture, wildlife, luxury, adventure, wellness and much more, as well as subjects such as the development of electric transport, how to reduce your plastic waste and the best ways to visit explore sacred indigenous culture respectfully. With top five and top ten lists discussing the best places to hike, volunteer, scuba dive and snorkel responsibly, as well as where to enjoy sustainable safaris, family trips and the best ways to give back when you travel, no stone is left unturned in this 168-page guide to ethical tourism.

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Destinations discussed include relatively off-the-map regions of the world, including Guyana, Palau and Siargao in the Philippines, as well as more well-known places, such as Costa Rica, Uruguay and Jordan.

Destination Wellness Annie Daly 2021-05-11 True well-being isn't hard to find. You just have to know where to look. In this insightful, full-color tour of Jamaica, Norway, Hawai'i, Japan, India, and Brazil, wellness and travel journalist Annie Daly shares a diverse array of philosophies, lifestyles, and practices for better living. Fed up with the commercialization of the wellness industry after working in it for years, Annie embarked on an inspiring adventure through some of the world's happiest and healthiest cities and villages to find out what we can learn from them. Whether she's hiking along gorgeous fjords in Norway to see why Norwegians are so dedicated to getting outside, soothing her spirit with Hawaiian salt water cleanses, or learning about the importance Brazilians place on community, Annie combines on-the-ground reporting with heartfelt personal narrative to share the global lessons, philosophies, and customs that prove that wellness is not about the products—it's about the way you live your life. With candid photography, lesser-known history sidebars, and guidance on how to incorporate these often ancient and always timeless practices into your own lifestyle, this culturally-immersive read invites you to view the world through a different lens and decide what being well means to you. *Destination Wellness* is the perfect book for: • Anyone who has embraced hygge and is looking for new lifestyle inspiration • Armchair travelers and staycationers • Happiness and inspiration seekers • Wellness and travel enthusiasts • History lovers

Lonely Planet Portugal Lonely Planet 2017-03-01 Lonely Planet Portugal is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Stand at Europe's southwestern edge on the barren cliffs of Cabo de Sao Vicente, stretch a towel on the golden sands of Algarve and hear soulful fado in Lisbon; all with your trusted travel companion.

The Travel Atlas Lonely Planet 2018-10-01 Combining our extensive mapping experience and unrivalled destination knowledge, our first dedicated atlas is packed with insightful commentary and inspiring images to help you explore the world and plan trips with ease. Each large page of mapping is accompanied with top sights and activities, while popular regions are presented at greater scale.

[Epic Bike Rides of the World](#) Lonely Planet 2016-08-01 Lonely Planet: The world's leading travel guide publisher Discover 200 of the best places to ride a bike in this beautifully illustrated hardback. From family-friendly, sightseeing urban rides to epic adventures off the beaten track. Destinations range from France and Italy, for the world's great bike races, to the wilds of Mongolia and Patagonia. These journeys will inspire - whether you are an experienced cyclist or just getting started. The book is organised by continent. In the Americas we join a family bikepacking trip in Ecuador; we pedal the Natchez Trace Parkway and stop at legendary music spots; we ride the Pacific Coast Highway in Oregon and California; go mountain biking in Moab and Canada; and explore the cities of Buenos Aires and New York by bicycle. European rides include easy-going trips around Lake Constance, along the Danube and the Loire, and coast-to-coast routes; routes in Tuscany, Spain and Corsica; and professional journeys up Mt Ventoux and around the Tour of Flanders. In Asia, we venture through Vietnam's valleys; complete the Mae Hong Son circuit in northern Thailand; cross the Indian Himalayas; and

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pedal through Bhutan. And in Australia and New Zealand we take in Tasmania and Queensland by mountain bike; cycle into Victoria's high country and around Adelaide on road bikes; and try some of New Zealand's celebrated cycle trails. Each ride is illustrated with stunning photography and a map. A toolkit of practical details - where to start and finish, how to get there, where to stay and more - helps riders plan their own trips. There are also suggestions for three more similar rides around the world for each story. Each piece shows how cycling is a fantastic way to get to know a place, a people and their culture. About Lonely Planet: Started in 1973, Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet, gift and lifestyle books and stationery, as well as an award-winning website, magazines, a suite of mobile and digital travel products, and a dedicated traveller community. Lonely Planet's mission is to enable curious travellers to experience the world and to truly get to the heart of the places they find themselves in. TripAdvisor Travelers' Choice Awards 2012, 2013, 2014, and 2015 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Lonely Planet Cambodia Lonely Planet 2018-08-01 Lonely Planet's Cambodia is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Watch the sun rise over the magnificent temples of Angkor, hit boho bars in Phnom Penh, and find a tropical hideaway in the Southern Islands- all with your trusted travel companion.

Micro Trips Lonely Planet 2019-09-01 From Austin to Bangkok, discover the best trips within three hours of 60 of the world's most popular cities. With sights, activities, and hidden gems built around themes like culture, the outdoors, and cuisine, there's no end to the amazing ideas you'll find for your next urban escape or long layover.

Epic Hikes of the World Lonely Planet 2018-08-01 With stories of 50 incredible hiking routes in 30 countries, from New Zealand to Peru, plus a further 150 suggestions, Lonely Planet's Epic Hikes of the World will inspire a lifetime of adventure on foot. From one-day jaunts and urban trails to month-long thru-hikes, cultural rambles and mountain expeditions, each journey shares one defining feature: being truly epic. In this follow-up to Epic Bike Rides and Epic Drives, we share our adventures on the world's best treks and trails. Epic Hikes is organised by continent, with each route brought to life by a first-person account, beautiful photographs and charming illustrated maps. Additionally, each hike includes trip planning advice on how to get there, where to stay, what to pack and where to eat, as well as recommendations for three similar hikes in other regions of the world. Hikes featured include: Africa & the Middle East: Cape Town's Three Peaks (South Africa) Kilimanjaro (Tanzania) Camp to Camp in South Luangwa National Park (Zambia) Americas: Angel's Landing, Zion National Park (USA) Skyline Trail, Jasper National Park (Canada) Concepción volcano hike (Nicaragua) Asia: 88 Sacred Temples of Shikoku Pilgrimage (Japan) Markha Valley (India) Gubeikou to Jinshanling on the Great Wall (China) Europe: Wordsworth's Backyard: Dove Cottage and around Rydal and Grasmere (UK) Alpine Pass Route (Switzerland) Camino de Santiago (Spain) Oceania: Sydney's Seven Bridges Walk (Australia) The Routeburn Track (New Zealand) Kokoda Track (Papua New Guinea) About Lonely Planet: Lonely Planet is a leading travel media company and the world's

number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travellers. You'll also find our content online, on mobile, video and in 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more. Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Wellness Escapes Lonely Planet 2018-11-01 Discover the world's most energising, inspiring and relaxing wellbeing retreats. From yoga, t'ai chi and meditation to mindfulness, spa treatments and creative writing, we present our favourite retreats and spas around the world to help replenish the mind, body and soul.

Vegan Travel Handbook Lonely Planet Food 2019-12-01 Whether you've been vegan for years or are travelling as one for the first time, this guide is packed with insight and advice on where to go, and the best vegan restaurants, accommodation and cities. From cooking classes in India to wildlife watching tours in New Zealand, Lonely Planet shows you how to explore the world on a plant-based diet.

Wellness Escapes Lonely Planet 2018-11-20 Welcome to the world's most energising, inspiring and relaxing wellbeing retreats. From yoga and tai chi to meditation, mindfulness and creative writing, we present 200 of our favourite retreats and spas around the world to help replenish the mind, body and soul. Inspiring photography is accompanied with contact details to make booking a visit easy.- Organised into themes: Calm, Active, Healthy, Inspired, Spoiled- Wellness authors reveal the health benefits of each activity- Travel advice and trip planning tools to make it happen

101 Ways to Live Well Lonely Planet 2016-11-01 Feel like life's too busy to find your zen? Think again. Be a calmer, more productive, healthier you, without sacrificing precious hours. Discover the secret wellness hacks you can incorporate into your routine - whether it's a 5-minute focus exercise on your commute, 10 minutes' meditation at lunchtime, or balanced nutrition ideas for your next trip abroad. The mindfulness, meditation, nutrition, yoga and stretching ideas in 101 Ways to Live Well all focus on providing easy, quick, tangible solutions to the stresses and strains of everyday life. That means ditching the generic, one-size-fits-all approach and embracing the targeted, let's-get-this-sorted attitude, with tips from experts in their fields including: Mindfulness exercises to help you sleep A mid-morning snack that will crush your cravings Yoga twists that will stimulate your digestion Why and how to reconnect with friends you've lost touch with This holistic approach promises to help you create space in your life, declutter your brain and become unflappable in the face of whatever life throws your way. And with gorgeous original illustrations, this is a beautiful compact package - the perfect gift book for the busy person in your life. Chapters cover all aspects of modern life: Home Work Play Relationships Travel These bite-sized wellness tips are designed to inject a little daily zen into an on-the-go lifestyle and help readers to live life to the full - whether they're on the road or at home. About Lonely Planet: Started in 1973, Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet, gift and lifestyle books and stationery, as well as an award-winning website, magazines, a suite of mobile and digital travel products, and a dedicated traveller community. Lonely Planet's mission is to enable curious travellers to experience the world and to truly get to the heart of the places they find themselves in. TripAdvisor Travelers' Choice Awards 2012, 2013, 2014,

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and 2015 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)

Epic Drives of the World Lonely Planet 2017-08-01 Buckle up for the next installment in our 'Epic' series and the follow-up to Epic Bike Rides of the World. Epic Drives of the World, a beautiful hardback, showcases 50 of the greatest road trips on Earth, from classic routes in America, Australia and Europe, to incredible adventures in Asia and Africa. Organised by continent, each route features a first-hand account, awe-inspiring photographs, illustrated maps and practical advice on when to go, how to get there, where to stay and what to eat. From Hawaii's Hana Highway and Vietnam's Ho Chi Minh Road, to Utah's National Park Circuit and Germany's Black Forest High Road, Epic Drives of the World will inspire any motorist to hit the open road. African and Middle East drives include: The self-drive Safari (Zambia) Crossing the Kalahari (Botswana) Passing over the Panorama Route (South Africa) Marrakesh to Taroudannt (Morocco) Cruising Clarence Drive (South Africa) The Americas drives include: The Highway to Hana in Hawaii (USA) The Salar de Uyuni (Bolivia) The Pacific Coast Highway (USA) Crossing the Carretera Austral (Chile) Canada's Icefields Parkway Asia drives include: On the trail of Ho Chi Minh (Vietnam) Crossing the Kathmandu Loop (Nepal) Hightailing from Thimphu to Gangtey (Bhutan) South Korea: From top to toe The road from Srinagar to Manali (India) Europe drives include: Black Forest High Road (Germany) The Wilds of Abruzzo (Italy) Croatia's Adriatic coast Norway's west coast The Magic Circle (Iceland) Oceania drives include: Southern Alps explorer (New Zealand) The Great Ocean Road (Australia) Northland & the Bay of Islands (New Zealand) Following the Captain Cook Highway (Australia) Alice Springs to Darwin (Australia) About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, video, 14 languages, 12 international magazines, armchair and lifestyle books, ebooks, and more, enabling you to explore every day. Lonely Planet enables the curious to experience the world fully and to truly get to the heart of the places they find themselves, near or far from home. TripAdvisor Travelers' Choice Awards 2012, 2013, 2014, 2015 and 2016 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

A Not So Lonely Planet Karina Kennedy 2021-07-13 Marina Taylor has a one-way ticket to Rome and big dreams to write a book...but an undeniable connection with an irresistible stranger—and her penchant for disaster—just may derail her plans. From Florence to Capri to the Amalfi Coast, follow Marina's hilarious sex-capades as she stumbles her way through Italian virgins, French photographers, Sicilian twins, and even some first-rate train sex in the second-class cabin. Will she master the art of seduction in Italy—or will she once again prove more calamity than coquette? And what about Will, the ruggedly down-to-earth ex she left pining for her back home? Equal parts laugh-out-loud travel comedy and erotic adventure, Marina will inspire you to throw your itinerary out the window and throw caution to the wind.

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The question isn't whether or not to choose adventure, but which adventure will choose you. Art, love, sex, wine—the Italian playboy and the boy next door—who says you can't have it all?

50 Places To Stay To Blow Your Mind Lonely Planet 2017-05-01 From the people who've been delivering trustworthy guidebooks to every destination in the world for 40 years, Lonely Planet's 50 Places to Stay To Blow Your Mind will make your next trip an unforgettable one. From glass igloos in Finnish Lapland, to wooden spheres suspended in Canadian treetops; from geodesic domes in the Patagonian wilderness, to old-school opulence at New York's Plaza Hotel - these are the ultimate in overnight experiences. Not every place is a budget buster; sometimes it's about the spectacular locations, like the gravity-defying Bivacco Gervasutti on Mont Blanc in Italy (page 50). There are places that literally disappear into their surroundings like the Mirrorcube in Harads, Sweden (page 42), and others that stand tall and command attention like the Frank Gehry-designed Hotel Marques de Riscal in Spain (page 92). We've only included a place if it gives us a thrill, makes us catch our breath and inspires us to see the world through different eyes. We hope they make you smile, make you marvel and motivate you to go on a journey to a new destination. With this pocket-sized gift book showcasing 50 of the most luxurious, extraordinary and spectacular accommodation offerings around the world, even sleeping will be an adventure on your next trip. Contents: Elegant // Traditional opulence Ashford Castle // Ireland Hotel Everest View // Nepal Majestic Hotel // USA Quinta Real Zacatecas // Mexico Trans-Siberian Express // Russia-Mongolia Escape // Remote and secluded Attrap Reves // France Berggasthaus Aescher-Wildkirchli // Switzerland Free Spirit Spheres // Canada Junk cruise // Vietnam Kakslauttanen Arctic Resort // Finnish Lapland Longitude 131 // Australia No Man's Fort // UK The Caves // Jamaica The FloatHouse River Kwai // Thailand The Secret Campsite // UK Treehotel // Sweden Whitepod // Switzerland Explore // Intrepid adventures Ariau Amazon Towers // Brazil Bivacco Gervasutti // Italy EcoCamp Patagonia // Chile Hotel Arctic // Greenland Hotel De Glace // Canada Roar and Snore // Australia Shamwari Game Reserve // South Africa Skylodge Adventure Suites // Peru Splurge // High-end luxury Conrad Maldives // Maldives Huka Lodge // New Zealand Katikies Hotel-Oia // Greece Neemrana Fort Palace // India Sheraton Huzhou Hot Spring Resort // China Southern Ocean Lodge // Australia The Marmara Antalya // Turkey The Plaza // USA Wonder // The totally unexpected Crane Hotel // The Netherlands Crazy Bear // UK Crocodile Hotel, Jabiru // Australia Das Park Hotel // Austria Hang Nga Guesthouse // Vietnam Hotel Marques De Riscal // Spain Hotel Sidi Driss // Tunisia Huettenpalast // Germany JW Marriott Marquis // United Arab Emirates Kumbuk River Resort // Sri Lanka Montana Magica Lodge // Chile Palacio de Sal // Bolivia Propeller Island City Lodge // Germany Shinjuku Ekimae Anshin Oyado // Tokyo The Dog Bark Park Inn // USA Tianzi Garden Hotel // China V8 Hotel // Germany About Lonely Planet: Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves. The world awaits! Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.