

Outside Exploring Nature

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How to Raise a Wild Child Scott D. Sampson 2015 The beloved host of PBS Kids' Dinosaur Train presents an activity-complemented guide for caregivers and teachers on how to alleviate common childhood challenges by forging strong connections between children and nature. 25,000 first printing.

Young Explorers Nature Journal Stephen Nett 2022-05-10 Every child enters the world loaded with remarkable abilities for exploring and experiencing the wonders of nature outdoors. But how do they learn to use them? This colorful Young Explorers Nature Journal provides an essential start. Simple, tested outdoor activities to help young children (4 - 8) discover their onboard explorer abilities, and learn fun ways to observe nature's creatures, features and hidden secrets, anywhere. Designed by an avid hiker, trail-experienced Naturalist, nature journalist, and father of four. Packed with more than 50 different easy and fun nature observing activities, tips and prompts - plus 60 pages of 8.5 x 11 guided Journaling spaces for drawing, coloring, writing - to help explorers record and cherish their personal discoveries. Includes helpful, important and tested tips for parents and teachers too. Nature is full of wonders. But they stay hidden until we learn how to observe them. Not just outdoor play or crafts: these are fun and simple introductory activities to help children discover all the sensory abilities they're born with - encourage natural curiosity and adventure, build outdoor skills and confidence, and form a deeper connection to the natural world we live in. (Pre and early readers will need an older partner to help read, choose and supervise activities.) ?Age-appropriate activities, no experience necessary, but skills to last a lifetime? Hours of healthy independent discovery and enjoyment? For homeschool, backyard, going camping, hiking, field trips, parks, family outdoor activities or just hours of fun outside? Directly connects children to key nature education concepts they study in books? A Naturalist-developed guide to observing the key features of nature, anywhere Use this Nature Journal to help young children develop the skill of observing the wonders and secrets hiding in the outdoors.

Exploring Nature Activity Book for Kids: 50 Creative Projects to Spark Curiosity in the Outdoors Kim Andrews 2019-05-28 The Activity Book That Makes Kids Wild About Nature Nature books for kids should get them excited about heading out into the great outdoors. This one encourages them to track, explore, discover and create. Unlike some nature books for kids, the Exploring Nature Activity Book for Kids, is filled with hands-on educational outdoor activities--like crafting bird feeders out of fruit, pressing flowers, creating

sundials and so much more. The Exploring Nature Activity Book for Kids includes: 50 AMAZING OUTDOOR PROJECTS--See how nature books for kids can inspire a lifetime of curiosity by using play to encourage natural observation. ACTIVITIES FOR EVERYONE, EVERYWHERE--Discover fun and educational outdoor activities designed for a variety of seasons, regions, and age ranges. WILD COLORS--Color illustrations bring activities to life, provide further instruction, and get kids excited about going outside. The hands-on, get-dirty approach makes this one of the best nature books for kids and shows them what makes the great outdoors great.

The Nature Connection Clare Walker Leslie 2010-07-21 Clare Walker Leslie shows kids how to experience nature with all five senses, whether they live in the countryside, a major city, or somewhere in between. Guiding children through inspiring activities like sketching wildlife, observing constellations, collecting leaves, keeping a weather journal, and watching bird migrations, The Nature Connection encourages kids to engage with the world outside and promotes a lifelong love of nature.

Nature Journal for Little Explorers Monkey & Bean Book Company 2018-05-04 This nature journal for kids is sure to make summer exploring even more fun! Stuffed with over 100 pages it has more than enough space to record details of every daily discovery. This Nature Writing Work Book also has a designated space for recording daily weather/temperature and to collect samples, draw doodles and write descriptions. Our Nature Education Workbook also includes plenty of pages to describe what was experienced through all four of the child's senses with prompts such as "What I Heard", "What I Saw" and "What I Felt and Smelled" This Kids Field Guide has everything any young naturalist needs to keep track of their creature and plant encounters. This high-quality Nature Walk Journal is 8.5"x11", a nice big size for little hands to hold and find easily. Our kid's nature activity books are ideal for summer camp, while on vacation or even just exploring your own back yard. Kids will be surprised how many different things they can find and discover when they just take some time to look! A Nature Journal For Beginners makes a great gift too! Consider a Nature Log Journal for your child's next: Birthday gift Christmas gift or Stocking stuffer Graduation gift Summer Camp/Bon Voyage gift Gifts for Grandkids/Nieces or Nephews Gifts for Tween Girls or Boys Thank You Gifts for Babysitters/Camp Leaders/Scout Leaders Achievement Award Kids Nature Journals also come in handy for: Outdoor themed birthday party favors Home School Activities Summer School Activities Summer Camp Prizes, Camp Activities The List Could Go On and On... Lets show our kids the joys of going outside and making their own amazing discoveries! Get Your Nature Journal For Children today!

Go Outside To Play! Exploring Nature Activity Book For Kids Kiddie Academy 2020-12-06 This mini activity book is made to "fit in the shoes" for all ages, starting toddlers, with very simple, yet entertaining activities you can do anywhere outdoors, no matter in your back yard or in the park, and won't break your budget, but none the less will keep the little ones entertained. These activities are great for developing the motoric and logical thinking, besides the creativity. For each activity there is a page where you can draw or glue a image, and page to fill in the details about the day, so you can make this book a keepsake. There are pages for your own activity ideas, and a scavenger hunt as a bonus. The illustrations used within this book are outlines, so they can be colored. Enjoy getting your hands dirty!

The Curious Nature Guide Clare Walker Leslie 2015-10-03 With dozens of simple prompts and exercises, best-selling author, naturalist, and artist Clare Walker Leslie invites you to step outside for just a few minutes a day, reignite your sense of wonder about the natural world, and discover the peace and grounding that come from connecting with nature. Using stunning photography as well as the author's own original illustrations, *The Curious Nature Guide* will inspire you to use all of your senses to notice the colors, sounds, smells, and textures of the trees, plants, animals, birds, insects, clouds, and other features that can be seen right outside your home, no matter where you live. Sketch or write about one exceptional nature image each day; learn to identify cloud types and the weather they bring; or create a record of what you see each day as you walk your dog. Easy, enjoyable, and enlightening, these simple exercises will transform your view of the world and your place within it.

Last Child in the Woods Richard Louv 2008-04-22 “The children and nature movement is fueled by this fundamental idea: the child in nature is an endangered species, and the health of children and the health of the Earth are inseparable.” —Richard Louv, from the new edition In his landmark work *Last Child in the Woods*, Richard Louv brought together cutting-edge studies that pointed to direct exposure to nature as essential for a child’s healthy physical and emotional development. Now this new edition updates the growing body of evidence linking the lack of nature in children’s lives and the rise in obesity, attention disorders, and depression. Louv’s message has galvanized an international back-to-nature campaign to “Leave No Child Inside.” His book will change the way you think about our future and the future of our children. “[The] national movement to ‘leave no child inside’ . . . has been the focus of Capitol Hill hearings, state legislative action, grass-roots projects, a U.S. Forest Service initiative to get more children into the woods and a national effort to promote a ‘green hour’ in each day. . . . The increased activism has been partly inspired by a best-selling book, *Last Child in the Woods*, and its author, Richard Louv.” —The Washington Post “*Last Child in the Woods*, which describes a generation so plugged into electronic diversions that it has lost its connection to the natural world, is helping drive a movement quickly flourishing across the nation.” —The Nation’s Health “This book is an absolute must-read for parents.” —The Boston Globe Now includes A Field Guide with 100 Practical Actions We Can Take Discussion Points for Book Groups, Classrooms, and Communities Additional Notes by the Author New and Updated Research from the U.S. and Abroad

Outside? Maria Ana Peixe Dias 2018-07-05

Curious Kids Nature Guide Fiona Cohen 2017 Filled with fun facts and 100 full-color, beautiful, and scientifically accurate illustrations, this nature guide will inspire kids to go outdoors and discover the natural wonders of the Pacific Northwest. Did you know that baby raccoons are smaller than a bar of soap? Or that salmon smell using little pits in the front of their eyes? *Curious Kids Nature Guide* is filled with full-color illustrations and fun facts about the natural wonders of the Pacific Northwest, encouraging kids to discover and explore nature in their own backyards and beyond. Organized by habitat--forest, beach, fresh water, and backyards and urban parks--this book will teach kids about some of the most intriguing flora, fauna, and natural phenomena of the region while also sharing ecological lessons.

She Explores Gale Straub 2019-03-26 For every woman who has ever been called outdoorsy comes a collection of stories that inspires unforgettable adventure. Beautiful, empowering, and exhilarating, *She Explores* is a spirited celebration of female bravery and courage, and an inspirational companion for any woman who wants to travel the world on her own terms. Combining breathtaking travel photography with compelling personal narratives, *She Explores* shares the stories of 40 diverse women on unforgettable journeys in nature: women who live out of vans, trucks, and vintage trailers, hiking the wild, cooking meals over campfires, and sleeping under the stars. Women biking through the countryside, embarking on an unknown road trip, or backpacking through the outdoors with their young children in tow. Complementing the narratives are practical tips and advice for women planning their own trips, including: • Preparing for a solo hike • Must-haves for a road-trip kitchen • Planning ahead for unknown territory • Telling your own story A visually stunning and emotionally satisfying collection for any woman craving new landscapes and adventure.

Fifteen Minutes Outside Rebecca P Cohen 2011-03-01 What if you got outside every day, and what if you could get your kids to come along? It sounds modest, but the effects, as dynamic outdoor spokesperson Rebecca Cohen herself can testify, are profound. This inspiring collection of activities gives families an idea for every day of the year, requiring little planning, no expertise and relatively little resources (time, cash, or patience!), no matter where they live. Simple and inspiring, this book is bursting with hundreds of easy ways to get your family out into nature a little bit every day.

Supplemental Book #2 Ainsley Arment 2019-09-03 The companion to *The Call of the Wild and Free*: a beautiful, full-color illustrated “boho-chic” workbook, styled in the aesthetic of the Wild + Free brand, offering crafts, activities, essays, prompts, and more parents, educators, and caregivers can use to inspire their children. Wild + Free is an online community started by Ainsley Arment, mom and homeschooler of five, who was inspired by the spirit of Henry David Thoreau: “All good things are wild and free.” The Wild + Free method is grounded in providing children a quality education, but equally important, ensuring that they experience the adventure, freedom, and wonder of childhood. Modeled after the booklets sent to Wild + Free monthly subscribers, and including contributions from others in the Wild + Free community, this full-color supplemental resource is filled with creative and intellectually stimulating ideas and hands-on activities parents, educators, and caregivers can use to nurture their child’s curious spirit and imagination. This visually arresting resource is organized around helpful themes such as “Wander,” “Belong,” “Family,” and more. This modern primer includes 100 beautiful and inviting photographs, thematic essays, how-to activities, crafts, and helpful guided experiences any family can use. This Wild + Free Supplemental book is ideal for homeschooling parents as well as parents and caregivers looking for extra activities and ideas to stimulate the imaginations of traditionally educated children after school, on weekends, or during vacations.

A Girl's Guide to the Wild Ruby McConnell 2019-05-21 Girls belong outdoors! This handbook covers everything you need to get outside, including ideas for what to do, camping and hiking basics, body stuff in the wilderness, advanced skills like maps, weather, and first aid, as well as recipes, projects, activities, and profiles of inspiring outdoorswomen. Your definitive guide to getting outside--for girls ages 9-12! In addition to basic outdoor skills, this entertaining guidebook includes easy camping recipes, outdoor projects including

science experiments and crafts, fun activity suggestions, and inspiring stories of diverse historical and contemporary outdoorswomen (such as Arunima Sinha, the first amputee woman to summit Mount Everest; Juliette Gordon Low, founder of the Girl Scouts; and Libby Riddles, first woman to win the Iditarod). The goal is to improve the quality of girls' outdoor time by increasing participation and independence, making them feel comfortable and safe, and giving them essential skills and knowledge. Charming and approachable, this book will encourage both reluctant campers and budding naturalists to go wild and embrace the outdoors.

The Nature Fix: Why Nature Makes Us Happier, Healthier, and More Creative Florence Williams 2017-02-07
"Highly informative and remarkably entertaining." —Elle From forest trails in Korea, to islands in Finland, to eucalyptus groves in California, Florence Williams investigates the science behind nature's positive effects on the brain. Delving into brand-new research, she uncovers the powers of the natural world to improve health, promote reflection and innovation, and strengthen our relationships. As our modern lives shift dramatically indoors, these ideas—and the answers they yield—are more urgent than ever.

Outside: Exploring Nature Maria Ana Peixe Dias 2018-07-05 What are stars made of? Why is the ocean blue? How are rainbows created? Whether you live in the country or the city, nature is still all around you, so what are we waiting for? It's time to jump off the couch and discover the world that awaits you on your doorstep. Learn about the formation of the Earth, how the weather works, and what causes volcanoes and earthquakes with this comprehensive book, created in collaboration with a team of experts. Suggestions for activities and many illustrations to help the whole family get started, leave the house, and go out to discover – or simply admire – the amazing world that exists outside.

Exploring Nature With Children K. L. Winter 2019-09-21 Ideal journal for exploring nature with kids. Includes blank space top and lines below so you can include images as well as take notes about nature experiences. This is a great book to take along when exploring the outdoors. Have fun with it.

Wild and Free Nature Ainsley Arment 2021-03-30 The companion to *The Call of the Wild + Free*: styled in the lush aesthetic of the Wild + Free brand, a four-color book offering outdoor activities and essays, that parents, educators, and caregivers can use to inspire their children. *Wild and Free Nature* is a beautiful, four-color resource book for parents, educators, and caregivers to enjoy doing hands-on activities outside with kids. One of the core philosophies behind Wild + Free is the belief that nature is the best classroom we could ever hope for. It unlocks the imagination and inspires creativity in ways that a schoolroom never could. Being out in nature has a number of benefits. Studies show that children are more likely to interact with kids of different ages and learn to problem solve in natural settings. Being in natural settings stimulates the brain and restores cognitive function. Children who spend time in natural settings also interact better with kids of all ages and learn to solve problems more easily. They build muscle and coordination and fend off obesity. It cultivates a sense of responsibility for caring for the earth, not to mention, encourages imaginative play, curiosity, and other qualities necessary to spark a love for investigation and learning. This resource book will help equip parents and adults who work with children to get them outdoors with activities such as: Build a treehouse in the woods. Cultivate a garden plot. Make land art and nature crafts. Create a mud kitchen in the backyard. Go

for a nature walk each morning. Find a secret swimming hole. Go to the creek to learn about the water cycle. Plant a garden to see what will grow in your backyard. Raise monarch caterpillars and feed them milkweed until they transform into butterflies. Set up a birdwatching station in your front window equipped with binoculars, notebooks, and bird guides. Make a wilderness fort with the fallen branches from trees. With the same lush photography as *The Call of the Wild + Free*, this book includes step-by-step pictures that show parents how to do the activity, and essays on the importance of nature in a child's life.

Exploring Nature Journal for Kids Kim Andrews 2019-05-28 Just for kids: A guided nature journal to see, write, and sketch every discovery. Wild creatures, cloud formations, plant habitats, and more--nature is full of wonders to behold and explore! In this nature journal, young naturalists will get all of the guidance they need to study and record their experiences of the natural world. From developing observational skills to sketching and using all senses, *Exploring Nature Journal for Kids* encourages curious minds to think creatively and scientifically about the world around them. Complete with activity prompts and journaling ideas, this book is a must-have to make every outdoor adventure an opportunity for discovery. The *Exploring Nature Journal for Kids* includes: Nature Journal 101--Teach kids how to hone their powers of observation with essential guidance for taking field notes, using descriptive language, drawing, and reflecting on what they've seen! Handy Guidance--Get inspiration for outings, journaling ideas to spark writing, along with clues for what to look for and where. Space to Explore--Jot down thoughts, sketch, and engage your little naturalist's creativity. There is a world of discovery waiting outside--and this nature journal is the kids guide to experiencing it.

The Young Adventurer's Guide to (Almost) Everything Ben Hewitt 2020-11-24 45 step-by-step, illustrated activities that teach kids everything from how to see like an owl to build the world's coolest fort from sticks. (ages 8-12) Calling all adventurers! Want to know how to build a fort from nothing but sticks? Or find your way through the forest? This survival guide is your ticket to getting down and dirty in nature and learning to make the coolest things with your own two hands. Look inside to learn how to: • Use a knife without bleeding • Sleep in the woods without freezing • Escape a bear without getting eaten • Poop in the woods without falling down • Find your way home without a GPS • Eat bugs without throwing up • And so much more!

Exploring Nature Gaud Morel 1998-05-21 Describes the many ways in which humans use nature and how animals and plants exist in the wild.

Forest Club Kris Hirschmann 2019-06-18 It's time to rewild the child! This book of outdoor activities, crafts, nature information, and inspiration ties into the burgeoning interest in forest schools and "rewilding the child," with the aim of reconnecting children to nature and the outdoors. The book is divided by season, providing a year-round resource for families. While all crafts and activities are designed to be carried out outside, these are interspersed with factual pages about forest flora and fauna, which can be enjoyed at home or used as a field guide while out and about. A beautifully illustrated and informative title to spark children's imagination and free-thinking. With forest school-themed crafts and activities for all seasons, outdoor exploration can be enjoyed twelve months of the year, always with something new to see.

The Keeper of Wild Words Brooke Smith 2020-03-10 A touching tale of a grandmother and her granddaughter exploring and cherishing the natural world. Words, the woods, and the world illuminate this quest to save the most important pieces of our language—by saving the very things they stand for. When Mimi finds out her favorite words—simple words, like apricot, blackberry, buttercup—are disappearing from the English language, she elects her granddaughter Brook as their Keeper. And did you know? The only way to save words is to know them. • With its focus on the power of language and social change, *The Keeper of Wild Words* is ideal for educators and librarians as well as young readers. • For any child who longs to get outside and learn more about nature and the environment • A loving portrait of the special relationship that grandparents have with their grandchildren For children who love such books as *Outside Your Window: A First Book of Nature*, *And Then It's Spring*, and *Finding Wild*. Brooke Smith is a poet and children's book author. She lives in Bend, Oregon, at the end of a long cinder lane. Brooke writes daily from her studio, looking at the meadow and many of the wild words she cherishes. Madeline Kloepper is a Canadian artist with a Bachelor of Fine Arts and Major in Illustration from Emily Carr University of Art and Design. Her work is influenced by childhood, nostalgia, and the relationships we forge with nature. She lives in Prince George, British Columbia.

Backpack Explorer: On the Nature Trail Editors of Storey Publishing 2018-03-20 Jump-start curiosity with this take-along field guide for children ages 4 and up. From worms, birds, and spiders to trees, flowers, and clouds, young explorers learn what to look and listen for wherever they are — whether in a nature preserve, an urban park, or a suburban backyard. Seek-and-find lists, on-the-trail art projects, and discovery games get kids engaged in hands-on learning about nature, and a real pull-out magnifying glass helps them get a close-up glimpse of leaf veins, seed pods, and tiny insects. Filled with activities, checklists, and stickers, this interactive nature guide belongs in every kid's backpack.

50 Fantastic Ideas for Exploring Nature Kate Bass 2016-04 Many practitioners are under pressure to deliver effective outdoor learning experiences for all children. Current resources are aimed at academic courses or families - this book is an inspirational and accessible resource for practitioners. A starting point for outdoor activities that really engage, encourage and develop children.

Wild LA Natural History Museum of Los Angeles County 2019-03-19 Los Angeles may have a reputation as a concrete jungle, but in reality, it's incredibly biodiverse, teeming with an amazing array of animals and plants. You just need to know where to find them. *Wild LA*—from the experts at the Natural History Museum of Los Angeles County—is the guidebook you've been waiting for. Equal parts natural history book, field guide, and trip planner, *Wild LA* has something for everyone. You'll learn about the factors shaping LA nature—including flood, fire, and climate change—and find profiles of over one hundred local species, from sea turtles to rare plants to Hollywood's famous mountain lion, P-22. Also included are day trips that detail which natural wonders you can experience on hiking trails, in public parks, and in your own backyard.

Nature Explorer 2017-11-02 The perfect companion for children eager to understand the world outside, *Nature Explorers Box Set* contains four fantastic first books on Birds, Weather, Woodland and Forest and the

Seashore. Explore the skies with Nature Explorers Birds and discover how a weather forecast is predicted with Nature Explorers Weather. Nature Explorers Seashore allows you to explore the beach, answering questions such as "What causes tides?" and Nature Explorers Woodland and Forest teaches you everything to know about trees, from cold coniferous forest to dry deciduous woodland. Each book contains exciting activities, like cloud spotting, bark rubbing and how to make a bird feeder, as well as plenty of fun facts. Nature Explorers Box Set is a must for children keen to explore and understand the world around them. Includes the following titles- Nature Explorers Seashore 9780241282533 Nature Explorers Weather 9780241282519 Nature Explorers Woodland and Forest 9780241282526 Nature Explorers Birds 9780241282502

Up Close! Sarah Jane Brian 2001 Readers can use this guide to explore little things in nature with a magnifying glass to learn about Earth's variety of rocks, minerals and fossils. Each book comes with exploration tools, fascinating facts and journal pages to record discoveries and includes a magnifying glass. Illustrations.

The Kids' Outdoor Adventure Book Ken Keffer 2013-04-02 Nature is a destination, but you don't have to travel anywhere to find it. Just open the door and step outside. A fun, hands on approach to getting involved in nature, *The Kids' Outdoor Adventure Book* is a year-round how-to activity guidebook for getting kids outdoors and exploring nature, be it catching fireflies in the cool summer evenings; making birdfeeders in the fall from peanut butter, pine cones, and seed; building a snowman in 3 feet of fresh winter snow; or playing duck, duck, goose with friends in a meadow on a warm spring day. *The Kids' Outdoor Adventure Book* includes 448 things to do in nature for kids of all ages--more than one activity for every single day of the year. Each of the year's four seasons includes fifty checklist items, fifty challenge items, three each of projects, destinations, garden recipes, and outdoor games. Throughout the book, you'll also find fascinating facts, useful tips and tricks, and plenty of additional resources to turn to. Complete with whimsical, vibrant illustrations, this book is a must for parents and their kids.

Outside: Discovering Animals Maria Ana Peixe Dias 2018-07-05 Where does this footprint come from? Who has nibbled this pinecone? What is this worm up to? Whether you live in the country or the city, nature is still all around you, so what are we waiting for? It's time to jump off the couch and discover the animals that live on your doorstep. Created in collaboration with a team of experts, this comprehensive guide includes suggestions for activities and many illustrations to help the whole family get started, leave the house, and go out to discover – or simply admire – the amazing world that exists outside.

My Nature Journal and Activity Book

The Nature Explorer's Sketchbook Jean Mackay 2020-11 This sketchbook helps kids look more closely at nature and capture what they discover with pencil, pen, and paint. *The Nature Explorer's Sketchbook* inspires exploration, creativity and observation, with beautiful sketchbook illustrations, ideas and tips, and plenty of space for kids to draw. 20 [ages of instruction and color illustrations followed by blank pages, with more hints and examples every ten pages. A perfect tool for home schoolers, environmental education programs, STEAM programs, or to give as a gift to young artists and nature lovers. Ages 10+

Dark Skies Tiffany Francis-Baker 2021-01-05 Taking inspiration from the landscapes around her, Tiffany Francis-Baker explores how our relationship with darkness and the night has changed over time.

Outside Maria Ana Peixe Dias 2016-03-03 Who does this footprint belong to? What is this worm up to? What is the name of this tree? Even if we live in the city, nature is still all around us: clouds and stars, trees and flowers, rocks and beaches, birds, reptiles or mammals. What are we waiting for? Let's jump off the couch and begin exploring! Created in collaboration with a team of Portuguese experts, this book, which won the coveted Bologna Regazzi award, aims to arouse your curiosity about fauna, flora and other aspects of the natural world. It includes suggestions for activities and many illustrations to help the whole family get started, leave the house, and go out to discover - or simply admire - the amazing world that exists outdoors.

The Kid's Guide to Exploring Nature Brooklyn Botanic Garden Educators 2015-09-01 This gorgeously illustrated guide will inspire kids to look closely at the world around them! Created by the experts at the renowned Brooklyn Botanic Garden, it teaches children how to observe environments as a naturalist does and leads them on 24 adventures that reveal the complex ecosystems of plants and animals in the woods, at the beach, and in a city park. Detailed, scientifically based drawings help young scientists identify hundreds of North American plants and animals, while dozens of fun projects include keeping a journal, conducting field experiments, and exploring nature with all five senses. Winner, Hands-on Science category, 2015 American Association for the Advancement of Science Subaru Prize for Excellence in Science Books *The Kid's Guide to Exploring Nature* has also been named an honor book for the 2015 Green Earth Book Award in the Children's Nonfiction category!

Learning with Nature Marina Robb 2015-01-29 An extensive book of outdoor activities suitable for a wide range of children and environments *Learning with Nature* is full of fun activities and games to get children outdoors, to explore, have fun, make things, and learn about nature and help them grow up happy and healthy. Suitable for groups of children between ages 3 and 16, the graded activities help children develop key practical and social skills, awareness of their place in the world, and respect for the natural world, all while enjoying the great outdoors. Written by experienced forest school practitioners, using tried-and-tested games and activities, it provides comprehensive information for enriching children's learning through nature. The games and activities are clearly categorized, with step-by-step instructions, an age guide, a list of resources needed, and invisible learning points. This book is a unique must-have resource for families, schools, youth groups, and anyone working with children.

The Natural Navigator Tristan Gooley 2012-06-05 Before GPS, before the compass, and even before cartography, humankind was navigating. Now this singular guide helps us rediscover what our ancestors long understood—that a windswept tree, the depth of a puddle, or a trill of birdsong can help us find our way, if we know what to look and listen for. Adventurer and navigation expert Tristan Gooley unlocks the directional clues hidden in the sun, moon, stars, clouds, weather patterns, lengthening shadows, changing tides, plant growth, and the habits of wildlife. Rich with navigational anecdotes collected across ages, continents, and cultures, *The Natural Navigator* will help keep you on course and open your eyes to the wonders, large and

small, of the natural world.

The Outdoor Scientist Temple Grandin, Ph.D. 2021-04-06 From New York Times bestselling author and world-renowned scientist and autism spokesperson Temple Grandin comes a book about exploring the world around us, asking questions, and making sense of what we see--with 40 fun outdoor activities that promote independent thinking, which kids can enjoy all year round! What are the aerodynamics of skipping stones or the physics of making sandcastles? Do birds use GPS to navigate their migratory routes? In this book, Dr. Temple Grandin, an inventor and world-renowned scientist, introduces readers to geologists, astrophysicists, oceanographers, and many other scientists who unlock the wonders of the natural world. She shares her childhood experiences and observations, whether on the beach, in the woods, working with horses, or gazing up at the night sky. This book explores all areas of nature and gives readers the tools to discover even more on their own. With forty projects to give readers a deeper understanding of the world around them, from the depths of space to their own backyard, this is a perfect read for budding scientists, inventors, and creators! Praise for *The Outdoor Scientist*: * "This terrific science book will appeal to both teachers and young readers who love to be outdoors." --School Library Connection, *STARRED REVIEW* "Grandin's words are a rallying cry for budding scientists and she serves as a role model for young readers with autism. This is an important STEM and STEAM resource for every collection." --School Library Journal "The book is chock-full of information . . . the kind a nature-loving child will be thrilled to discover. An invitation to young readers to observe, enjoy, and learn about the world around us all." --Kirkus Reviews

Let's Play Outdoors! Catherine Ard 2020-03-30 A book that encourages children to go and play outside and discover what nature has to offer. Leave the house and roam into the nature: It is a fascinating place, waiting to be conquered by little ones with curious minds. Whether in the garden, park, or a nearby forest, a closer look at nature will draw out budding architects, their first constructions built from stones, branches, and leaves; a thorough investigation of trees will reveal all kinds of insects; and listening to the animals around will teach their sounds. *Let's Play Outdoors!* is for a new generation of environmentally conscious children, showing them how to interact with their surroundings in a meaningful way. The activities suggested inspire independent learning about animals, plants, and the weather, as well as how to look after the world.

Outdoor Kids in an Inside World Steven Rinella 2022-05-03 The indispensable case for parenting tough, curious, and competent kids who feel at home in the outdoors, from the New York Times bestselling author and host of the TV series and podcast *MeatEater* In the era of screens and devices, the average American spends 90 percent of their time indoors, and children are no exception. Not only does this phenomenon have consequences for kids' physical and mental health, it jeopardizes their ability to understand and engage with anything beyond the built environment. Thankfully, with the right mind-set, families can find beauty, meaning, and connection in a life lived outdoors. Here, outdoors expert Steven Rinella shares the parenting wisdom he has garnered as a father whose family has lived amid the biggest cities and wildest corners of America. Throughout, he offers practical advice for getting kids radically engaged with nature in a muddy, thrilling, hands-on way, with the ultimate goal of helping them see their own place within the natural ecosystem. No matter their location—rural, suburban, or urban—caregivers and kids will bond over activities

such as: • Camping to conquer fears, build tolerance for dirt and discomfort, and savor the timeless pleasure of swapping stories around a campfire. • Growing a vegetable garden to develop a capacity to nurture and an appreciation for hard work. • Fishing local lakes and rivers to learn the value of patience while grappling with the possibility of failure. • Hunting for sustainably managed wild game to face the realities of life, death, and what it really takes to obtain our food. Living an outdoor lifestyle fosters in kids an insatiable curiosity about the world around them, confidence and self-sufficiency, and, most important, a lifelong sense of stewardship of the natural world. This book helps families connect with nature—and one another—as a joyful part of everyday life.