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Hospital Law Amnon Carmi 2012-12-06 This compilation of articles, research studies and case material deals with the multi-faceted dimensions of hospital law. The volume brings together international experts' views on the interface between medicine, law and ethics as they relate to hospital policy and procedures. Topics explored include: ethics committees, informed consent, malpractice, medical experts and the courts, medical records, use of computers, DNR, death, organ transplants and bio-medical technology.

FileMaker Pro 14: The Missing Manual Susan Prosser 2015-05-13 You don't need a technical background to build powerful databases with FileMaker Pro 14. This crystal-clear, objective guide shows you how to create a database that lets you do almost anything with your data so you can quickly achieve your goals. Whether you're creating catalogs, managing inventory and billing, or planning a wedding, you'll learn how to customize your database to run on a PC, Mac, web browser, or iOS device. The important stuff you need to know: Dive into relational data. Solve problems quickly by connecting and combining data from different tables. Create professional documents. Publish reports, charts, invoices, catalogs, and other documents with ease. Access data anywhere. Use FileMaker Go on your iPad or iPhone—or share data on the Web. Harness processing power. Use new calculation and scripting tools to crunch numbers, search text, and automate tasks. Run your database on a secure server. Learn the high-level features of FileMaker Pro Advanced. Keep your data safe. Set privileges and allow data sharing with FileMaker's streamlined security features.

Resilienz steigern Dipl. Soz.päd. Jürgen Simonis 2019-11-05 Sie wollen eine Krise erfolgreich meistern und sogar noch gestärkt daraus hervorgehen? Resilienz beschreibt die innere Widerstandsfähigkeit. Resiliente Menschen sind in der Lage Krisen schnell zu überwinden, gestärkt aus diesen hervorzugehen und zukünftige

Krisen vorzubeugen. Wussten Sie, dass Resilienz lernbar ist? Manche Menschen haben Sie aufgrund ihrer Erziehung oder früheren Erfahrungen bereits entwickelt. Andere haben ihre psychische Widerstandsfähigkeit und Selbstvertrauen noch nicht ausreichend entfaltet. Täglicher Stress bis hin zum Burn-Out sind die Folgen. Wut, Trauer und Angst gezielt empfinden und gleichzeitig durch ein starkes Selbstvertrauen den Blick nach Vorne richten - Das ist der geheime Schlüssel resilienter Menschen. Was kannst du jetzt tun um deine Resilienz zu steigern? Nur durch praktische Übungen kann eine positive Veränderung erzielt werden. Das Problem - Fast alle Bücher zum Thema Resilienz beschreiben nur wissenschaftliche Hintergründe und Theorien. Damit kommst du in der Praxis allerdings nicht weiter... Mit "Resilienz steigern" hast du einen praxisorientierten Ratgeber der dir wirklich weiterhilft. Durch die enthaltenen Übungen wirst du erfahren, was es heißt: Dich selbst zu akzeptieren und persönlich zu wachsen Deine Opferrolle zu verlassen und emotionale Stabilität zu erlangen Tolle Netzwerke & Beziehungen aufzubauen, die dir in guten und schlechten Zeiten zur Seite stehen Stress & Belastungen zu reduzieren und mehr Energie & Freiheit zu spüren Deine Abwärtsspirale mit Leichtigkeit zu stoppen und unerschütterliches Selbstvertrauen aufzubauen Die enthaltenen praktischen Übungen können von jedem gleichermaßen ausgeführt werden und helfen gezielt dabei Ihre Resilienz und psychische Widerstandskraft zu steigern, damit Sie das Steuerrad Ihres Lebens fest im Griff haben, wenn es darauf ankommt. Mit einem gesteigerten Selbstwertgefühl reduzieren Sie Stress und Belastungen, verbessern Ihre Gesundheit und gewinnen mehr Freiheit und Energie. Steigern Sie jetzt Ihre Lebensqualität und werden Sie innerlich stark!

Individualism And Collectivism Harry C Triandis 2018-10-09 This book explores the constructs of collectivism and individualism and the wide-ranging implications of individualism and collectivism for political, social, religious, and economic life, drawing on examples from Japan, Sweden, China, Greece, Russia, the United States, and other countries.

Tarzan Economics 2021-05-18 Taking the lessons learned from his years studying the rise and fall of the modern music industry, Spotify's Chief Economist has crafted "a compelling and generous read" (Scott Galloway) that provides the tools to recognize and adapt to disruption in any industry. As the chief economist at Spotify, Will Page has had the best seat in the house for witnessing—and harnessing—the power of disruptive change. Music has often been the canary in the coal mine for major technological and societal shifts, and if there's one thing Page learned from the digital revolution, it's that businesses must be ready to pivot. Drawing practical lessons from a variety of fresh case studies covering Radiohead, Starbucks, and even Groucho Marx, Page examines the eight principles that disruption has thrown into sharp relief as keys to survival in any sector. Businesses need to be ready and willing to change and, if necessary, be prepared to rebuild entire organizations and business models to do so. Pivoting through disruption has everything to do with being able to see the revolutionary changes around the corner, recognizing your strengths, and having the confidence to let go of the old vine of doing business and grab onto the new. A rare book of economics offering actionable takeaways in easy-to-understand language, Tarzan Economics is the must-read book for anyone staring at their own Napster moment and wishing they knew how to fail-safe their business.

Systemic Interventions Arist von Schlippe 2015-02-18 What you should know about systemic interventions.

The Routledge Handbook of Practical Reason Ruth Chang 2020-12-29 Over the last several decades, questions about practical reason have come to occupy the center stage in ethics and metaethics. The Routledge Handbook of Practical Reason is an outstanding reference source to this exciting and distinctive subject area and is the first volume of its kind. Comprising thirty-six chapters by an international team of contributors, the Handbook provides a comprehensive overview of the field and is divided into five parts: Foundational Matters Practical Reason in the History of Philosophy Philosophy of Practical Reason as Action Theory and Moral Psychology Philosophy of Practical Reason as Theory of Practical Normativity The Philosophy of Practical Reason as the Theory of Practical Rationality The Handbook also includes two chapters by the late Derek Parfit, 'Objectivism about Reasons' and 'Normative Non-Naturalism.' The Routledge Handbook of Practical Reason is essential reading for philosophy students and researchers in metaethics, philosophy of action, action theory, ethics, and the history of philosophy.

Assessment in Early Childhood Settings Margaret Carr 2001-06-05 'This is an invigorating and very thought-provoking text, that I would recommend to all early years professionals, parents and citizens interested in developing their understanding of early years philosophy in action, which is directly linked to a compelling research paradigm and deep reflection alongside a sound theoretical base' - Early Years 'I would recommend this book to practitioners interested in reflecting on their own practice and approach to assessment. The insights provided are thought-provoking and promote a practical and positive approach to early years assessment' - Early Talk 'This thoughtful book challenges the standard assessment process that is commonly employed within the context of early years provision. For any practitioners working in early years setting this is a powerful and exciting book that helps to remind us that the child must be placed centrally within the assessment process, not as a recipient but as a proactive contributor to the situation' - Child Language Teaching and Therapy 'This is a highly relevant text as some UK early childhood educators become engulfed with avalanches of tick sheets! A most useful book which contributes to the current vital debate about when, what and how we should assess young children's progress' - T.A.C.T.Y.C Newsletter 'I found Margaret Carr's book fascinating... the ideas and arguments put forward are well worth mulling over' - Early Years Educator 'This is an inspiring book from bilingual, bicultural New Zealand about revolutionizing the assessment of young children's learning and progress.... I hope this book inspires United Kingdom practitioners to set out on learning story journeys' - Nursery World 'This book manages to blend recognized theory and recent research with practice. I found it easy, and sometimes enjoyable, to read; it provided plenty of "food for thought" as well as references on "how to". I would recommend it to all early childhood practitioners, not just those considering their current assessment procedures, as the chapters focusing on the child as a learner are of value on their own' - Julia Browne, Goldsmiths Association for Early Childhood This book shows that an early childhood setting can be described as a learning place in which children develop learning dispositions such as resilience in the face of uncertainty, confidence to express their ideas, and collaborative and thoughtful approaches to problem-solving. These dispositions provide the starting point for life-long learning. The author asks: How can we assess and track children's learning in the early years in a way that includes learning dispositions and avoids the pitfalls of over-formal methods, whilst being helpful for practitioners, interesting for families, and supportive for learners? The book - describes a way of assessment that stays close to the children's real experiences and provides an alternative to mechanistic and fragmented approaches, - shows how practitioners

can assess what really matters: those learning dispositions (interest, involvement and perseverance for example) that provide a foundation for life-long learning. The book is about weaving theory and practice: theorizing development and learning as reflected in assessment practice. The author also argues that unless we find ways to assess complex outcomes in early childhood they will be excluded from the teaching and the learning. Simple and low level outcomes and goals will take their place. The theoretical ideas and arguments are illustrated throughout by transcripts and stories of children in a range of early childhood settings. At every turn in the journey it asks: How is this reflected in a real life context? It documents the voices of children, practitioners and parents as the learning story develops.

Finding a Solution to Leadership Niels Brabandt 2019-10-21 Business and employee management are key subjects in business administration. For decades, actually for centuries, there has been a discussion about how effective leadership of people or employees can be realized. It has always been a major concern within market-based economic systems to learn how its products and services should be designed in order to generate consumer demand. That the discussion about business and employee management is more relevant than ever is linked to the fact that leadership situations are influenced by a variety of external factors. They include, in particular, political, cultural, social, demographic, economic, and technological developments. It is therefore required for business and employee management to be adapted to those external framework conditions on a permanent basis. In former times, the assumption in mainstream leadership research was that leadership success relied on specific personal characteristics. Later on, the prevailing view was that the decisive factors in employee management lied in specific leadership behavior or leadership styles. Today's research on leadership is dominated by situation-oriented approaches, providing for specific leadership concepts for specific organizational and employee-related structures. The present thesis is an attempt to bundle a variety of approaches to leadership with the aim of providing an overarching framework for concepts of a similar nature. Therefore, the leadership concept to be developed in what follows is to be characterized by the principles of holism and sustainability. The first step is to present the fundamentals of leadership and management in order to introduce key terms and concepts and provide an overview of the research on leadership. Chapter 3 deals with separately displaying the business and employee management approaches of various management pioneers, distinguishing between early and con-temporary pioneers. Each approach is presented in consideration of its key elements, its strengths and opportunities, as well as its weaknesses and limitations. The fourth chapter, finally, is devoted to developing a holistic and sustainable leadership concept.

Learn FileMaker Pro 16 Mark Conway Munro 2017-09-06 Extend FileMaker's built-in functionality and totally customize your data management environment with specialized functions and menus to super-charge the results and create a truly unique and focused experience. This book includes everything a beginner needs to get started building databases with FileMaker and contains advanced tips and techniques that the most seasoned professionals will appreciate. Written by a long time FileMaker developer, this book contains material for developers of every skill level. FileMaker Pro 16 is a powerful database development application used by millions of people in diverse industries to simplify data management tasks, leverage their business information in new ways and automate many mundane tasks. A custom solution built with FileMaker can quickly tap into a powerful set of capabilities and technologies to offer users an intuitive and pleasing environment in which to

achieve new levels of efficiency and professionalism. What You'll learn Create SQL queries to build fast and efficient formulas Discover new features of version 16 such as JSON functions, Cards, Layout Object window, SortValues, UniqueValues, using variables in Data Sources Write calculations using built-in and creating your own custom functions Discover the importance of a good approach to interface and technical design Apply best practices for naming conventions and usage standards Explore advanced topics about designing professional, open-ended solutions and using advanced techniques Who This Book Is For Casual programmers, full time consultants and IT professionals.

All Hands In? Making Diversity Work for All OECD 2020-09-02 OECD societies have become increasingly diverse in the past decades, offering new opportunities if diversity is properly managed. Ensuring that OECD countries are equipped to make the most of diversity by fully utilising all talent among diverse populations and promoting inclusive labour markets is a key challenge.

Massage Therapy Research Tiffany Field 2006-05-10 Written by the Director of the world-renowned Touch Research Institutes, this book examines the practical applications of important massage therapy research findings. Each chapter of this comprehensive resource provides a clear and authoritative review of what is reliably known about the effects of touch for a variety of clinical conditions such as depression, pain management, movement problems, and functioning of the immune system. Coverage also includes the benefits of massage to specific populations such as pregnant women, neonates, infants, and adolescents. This book is suitable for massage therapists (including Shiatsu practitioners), aromatherapists, chiropractors, osteopaths, physical therapists, and nurses. Provides a thorough yet concise review of recent research related to the importance of touch. Offers practical guidance to healthcare professionals whose work involves physical contact with patients.

Integral Life Practice Ken Wilber 2008-09-09 Over the last thirty-five years, Ken Wilber has developed an Integral "theory of everything" that makes sense of how all the world's knowledge systems—East and West; ancient, modern, and postmodern—fit together and can elevate our awareness. Drawing on science, psychology, human development, spirituality, religion, and dozens of other fields, Integral Theory is a revolutionary framework for understanding ourselves and the world we live in. Now there is a way to not just think Integrally, but to embody an Integral worldview in your everyday life. Integral Life Practice is not just a new approach to self-development and higher awareness, but a way of making sense of—and making best use of—the existing treasure trove of insights, methods, and practices for cultivating a more enlightened life. It offers a uniquely adaptive approach to awakened living that's suitable for everyone: people with busy careers and families, college students, retirees, even hardcore athletes and yogis. It's geared for devout—and irreverent—people of any religion, or no religion! This highly flexible system will help you develop your physical health, spiritual awareness, emotional balance, mental clarity, relational joy, and energy level, within a framework that integrates all aspects of your life. Combining original exercises, vivid examples, cutting-edge theory, and illustrative graphics, Integral Life Practice is the ultimate handbook for realizing freedom and fullness in the 21st century.

International Handbook of Violence Research Wilhelm Heitmeyer 2005-08-12 An international manual is like a world cruise: a once-in-a-lifetime experience. All the more reason to consider carefully whether it is necessary. This can hardly be the case if previous research in the selected field has already been the subject of an earlier review-or even several competing surveys. On the other hand, more thorough study is necessary if the intensity and scope of research are increasing without comprehensive assessments. That was the situation in Western societies when work began on this project in the summer of 1998. It was then, too, that the challenges emerged: any manual, especially an international one, is a very special type of text, which is anything but routine. It calls for a special effort: the "state of the art" has to be documented for selected subject areas, and its presentation made as compelling as possible. The editors were delighted, therefore, by the cooperation and commitment shown by the eighty-one contributors from ten countries who were recruited to write on the sixty-two different topics, by the constructive way in which any requests for changes were dealt with, and by the patient response to our many queries. This volume is the result of a long process. It began with the first drafts outlining the structure of the work, which were submitted to various distinguished colleagues. Friedheim Neidhardt of Berlin, Gertrud Nunner-Winkler of Munich, and Roland Eckert of Trier, to name only a few, supplied valuable comments at this stage.

The Intellectual Toolkit of Geniuses I. C. Robledo 2018-03-22 Think Like Leonardo da Vinci, Albert Einstein, & Charles Darwin Great geniuses before us have uncovered certain key principles on their path to greatness. You can learn those principles now, without all of the sweat, tears, and costly mistakes. Imagine that you could tap into the minds of many great geniuses. Think how they could help you solve challenging problems, broaden your mental horizons, and avoid common pitfalls. They actually can, if we study the principles that they lived by, and incorporate them into our lives. Internationally bestselling author I. C. Robledo has identified the principles that the most brilliant people in history have used to make great accomplishments. Inside, you will discover: - (#13) Why you should always have questions - (#15) The importance of listening to people with different perspectives... even when you disagree with them - (#19) How to avoid restricting your genius potential - (#27) That we all have false ways of viewing the world - (#37) How to observe patterns, and the anomalies that do not fit the pattern - 40 Total principles inside! Tap into the greatest minds of all time and use their principles in your life, with *The Intellectual Toolkit of Geniuses*. Pick up your copy today by scrolling to the top of the page and clicking BUY NOW.

The 6 Most Important Decisions You'll Ever Make Sean Covey 2017-10-31 From the author of the wildly popular bestseller *The 7 Habits of Highly Effective Teens* comes the go-to guide that helps teens cope with major challenges they face in their lives—now updated for today's social media age. In this newly revised edition, Sean Covey helps teens figure out how to approach the six major challenges they face: gaining self-esteem, dealing with their parents, making friends, being wise about sex, coping with substances, and succeeding at school and planning a career. Covey understands the pain and confusion that teens and their parents experience in the face of these weighty, life-changing, and common difficulties. He shows readers how to use the 7 Habits to cope with, manage, and ultimately conquer each challenge—and become happier and more productive. Now updated for the digital and social media age, Covey covers how technology affects these six decisions, keeping the information and advice relevant to today's teenagers.

The Political Economy of Human Happiness Benjamin Radcliff 2013-03-25 Data, methods and theories of contemporary social science can be applied to resolve how political outcomes in democratic societies determine the quality of life that citizens experience. Radcliff seeks to provide an objective answer to the debate between left and right over what public policies best contribute to people leading positive and rewarding lives. Radcliff offers an empirical answer, relying on the same canons of reason and evidence required of any other issue amenable to study through social-scientific means. The analysis focuses on the consequences of three specific political issues: the welfare state and the general size of government, labor organization, and state efforts to protect workers and consumers through economic regulation. The results indicate that in each instance, the program of the Left best contributes to citizens leading more satisfying lives and, critically, that the benefits of greater happiness accrue to everyone in society, rich and poor alike.

Profitable Purchasing Urs Altmannsberger 2020-02-28 Did you really negotiate the best possible conditions? Are you so good as a professional purchaser in the company that you really enjoy (price) negotiations? In the future you will be able to answer these questions with a clear "Yes". This book written by the well-known negotiation trainer Urs Altmannsberger provides you with a convincing modular system with the best tools for every negotiation situation. In this way you will always receive the best possible purchasing conditions as a professional purchaser in the company and become a top negotiator yourself. "Urs Altmannsberger lives what he teaches - this can be felt in this entertaining and practical textbook and reference work. Some of the strategies and tools explained are so ingeniously simple that they can be used and implemented immediately and lead to ideal negotiation results." Stefan Stark, Innovation Manager Mobility Services, BMW Group "Top negotiation training using numerous practical examples: This book convinces through lively dialogues and a multitude of action alternatives." Horst Wiedermann, Chairman of the Federal Board of BME e.V. "This book should actually not exist! Because all negotiation strategies and tricks are revealed here." Peter Tschötschel, Senior Consultant, T-Systems International GmbH

A New German Idealism Adrian Johnston 2018-05-01 In 2012, philosopher and public intellectual Slavoj Žižek published what arguably is his magnum opus, the one-thousand-page tome *Less Than Nothing: Hegel and the Shadow of Dialectical Materialism*. A sizable sequel appeared in 2014, *Absolute Recoil: Towards a New Foundation of Dialectical Materialism*. In these two books, Žižek returns to the German idealist G. W. F. Hegel in order to forge a new materialism for the twenty-first century. Žižek's reinvention of Hegelian dialectics explores perennial and contemporary concerns: humanity's relations with nature, the place of human freedom, the limits of rationality, the roles of spirituality and religion, and the prospects for radical sociopolitical change. In *A New German Idealism*, Adrian Johnston offers a first-of-its-kind sustained critical response to *Less Than Nothing* and *Absolute Recoil*. Johnston, a leading authority on and interlocutor of Žižek, assesses the recent return to Hegel against the backdrop of Kantian and post-Kantian German idealism. He also presents alternate reconstructions of Hegel's positions that differ in important respects from Žižek's version of dialectical materialism. In particular, Johnston criticizes Žižek's deviations from the secular naturalism and Enlightenment optimism of his chosen sources of inspiration: not only Hegel, but Karl Marx and Sigmund Freud too. In response, Johnston develops what he calls transcendental materialism, an antireductive and leftist materialism capable of preserving and advancing the core legacies of the Hegelian, Marxian, and Freudian

traditions central to Žižek.

Integral Spirituality Ken Wilber 2007-01 Applying his highly acclaimed integral approach, the author formulates a theory of spirituality that honors the truths of modernity and postmodernity--including the revolutions in science and culture--while incorporating the essential insights of the great religions. Reprint.

Sustainable Value Added Frank Figge 2002

Sustainable Hedonism Lelkes, Orsolya 2021-05-19 How can we create a thriving life for us all that doesn't come at the price of ecological destruction? This book calls to explore our collective and personal convictions about success and good life. It challenges the mainstream worldview, rooted in economics, that equates happiness with pleasure, and encourages greed, materialism, egoism and disconnection. Drawing on science and ancient Greek philosophers the author details how we can cultivate our skills for enjoying life without harming ourselves or others, and can live an autonomous, creative and connected life. Complementary to our intellectual understanding, the experiential method of role play and theatre can powerfully facilitate the exploration of the inner drivers and hindrances of a thriving life.

Global Occupational Health Tee L. Guidotti 2011-03-11 Global Occupational Health is a concise, complete introduction to a vital-but often neglected-area in the field of health sciences. Work-related illnesses and injuries are critical concerns for every country and at every stage of economic development and an important determinant of health and financial security for working adults and their families. As a comprehensive textbook designed for students, professionals in public health, and occupational health practitioners who are working across international boundaries, this book will provide the reader with solid foundational knowledge of occupational health through the lens of economic development. Perfect for use as both a stand-alone text or as supplementary reading, this book addresses worker protection and the management of occupational health from rich industrialized countries to developing societies. The first section of the book concentrates on broad approaches and frameworks for the investigation and management of health in the workplace. The second section addresses important hazards. The third section addresses specific industry sectors, management challenges, and policies at the global level. Each chapter links occupational health to economic development concepts and future trends. The contributed chapters are authored by international experts in the field, enriched by boxed case studies and supportive concrete examples. This work sets a new standard for education in occupational health.

FileMaker Pro 12: The Missing Manual Susan Prosser 2012-07-20 You don't have to be a techie to use FileMaker Pro 12, but you do need to know what you're doing. With this crystal-clear guide, you'll learn how to create a powerful database that lets you do almost anything with your data. Whether you're running a business, printing a catalog, or planning a wedding, you'll learn how to customize your database and put it to work. The important stuff you need to know: Get started. Tour FileMaker Pro's features and create your first database in minutes. Catalog your data. View, sort, and shape information in dozens of ways. Create professional documents. Publish reports, invoices, and other documents with ease. Harness processing power. Use

calculations and scripts to crunch numbers, search text, and automate tasks. Add visual power and clarity. Create colorful charts to illustrate and summarize your data. Think like a developer. Dive into the high-level features of FileMaker Pro Advanced.

Qualitative Researching Jennifer Mason 2002-08-13 The Second Edition of this best-selling text offers students and first-time researchers invaluable guidance on the practice of qualitative social research. Throughout the author addresses the key issues which need to be identified and resolved in the qualitative research process, and through which researchers develop essential skills in qualitative research. The book highlights the "difficult questions" that researchers should get into the habit of asking themselves in the course of doing qualitative research, and outlines the implications of the different ways of responding to these questions. The new edition of *Qualitative Researching* has been fully revised and updated with expanded coverage of observation, documents, visual data, CAQDAS, and writing qualitative research. The text bridges the gap between "cookbook" approaches to qualitative research and abstract methodological approaches. Helping the reader to move comfortably between principle and practice, this text has proved to be an invaluable introduction to qualitative research, and a useful aid to accomplished qualitative research practice across the social sciences. Available with Perusall—an eBook that makes it easier to prepare for class Perusall is an award-winning eBook platform featuring social annotation tools that allow students and instructors to collaboratively mark up and discuss their SAGE textbook. Backed by research and supported by technological innovations developed at Harvard University, this process of learning through collaborative annotation keeps your students engaged and makes teaching easier and more effective. Learn more.

Team Coaching with the Solution Circle Daniel Meier 2005 Daniel Meier shows you how to use the positive power of Solutions Focus to work with teams in business and organisations. Meets the needs of meets the needs of both the experienced coach and the manager looking for practical steps. Applying the positive power of Solutions Focus to working with teams, Daniel Meier shows you how to: Apply Solutions Focus methods with groups and teams Choose and use the eight steps of the SolutionCircle Become an effective team coach - as a manager or external resource Engage team members in finding useful action steps Use challenges and difficulties in the team to build progress.

Unfu*k Yourself Gary John Bishop 2017-08-01 Joining the ranks of *The Life-Changing Magic of Not Giving a F*ck*, *The Subtle Art of Not Giving a F*ck*, *You Are a Badass**, and *F*ck Feelings* comes this refreshing, BS-free, self-empowerment guide that offers an honest, no-nonsense, tough-love approach to help you move past self-imposed limitations. Are you tired of feeling fu*ked up? If you are, Gary John Bishop has the answer. In this straightforward handbook, he gives you the tools and advice you need to demolish the slag weighing you down and become the truly unfu*ked version of yourself. "Wake up to the miracle you are," he directs. "Here's what you've forgotten: You're a fu*king miracle of being." It isn't other people that are standing in your way, it isn't even your circumstances that are blocking your ability to thrive, it's yourself and the negative self-talk you keep telling yourself. In *Unfu*k Yourself*, Bishop leads you through a series of seven assertions: I am willing. I am wired to win. I got this. I embrace the uncertainty. I am not my thoughts; I am what I do. I am relentless. I expect nothing and accept everything. Lead the life you were meant to

have—Unfu*k Yourself.

FileMaker Pro 13: The Missing Manual Susan Prosser 2014-06-27 You don't need a technical background to build powerful databases with FileMaker Pro 13. This crystal-clear guide covers all new FileMaker Pro 13 features, such as its improved layout tools and enhanced mobile support. Whether you're running a business, printing a catalog, or planning a wedding, you'll learn how to customize your database to run on a PC, Mac, Web browser, or iOS device. The important stuff you need to know: Get started. Tour FileMaker Pro's features and create your first database in minutes. Access data anywhere. Use FileMaker Go on your iPad or iPhone--or share data on the Web. Dive into relational data. Solve problems quickly by connecting and combining data tables. Create professional documents. Publish reports, invoices, catalogs, and other documents with ease. Harness processing power. Use calculations and scripts to crunch numbers, search text, and automate tasks. Add visual power and clarity. Create colorful charts to illustrate and summarize your data. Share your database on a secure server. Add the high-level features of FileMaker Pro Advanced and FileMaker Pro Server.

Resilienz steigern Dipl. Soz. päd. Jürgen Simonis 2020-05-14

The Anatomy of Sports Injuries Brad Walker 2007 Contains in-depth descriptions of 119 sports injuries, each with illustrations that show the anatomy of the injury, and includes line drawings of simple stretching, strengthening, and rehabilitation exercises, as well as advice on injury prevention.

Wisdom Luca Mazzinghi 2019-07-24 For the first time, the present commentary brings together all relevant aspects necessary to understand and appreciate this late portion of Old Testament Scripture: textual criticism; detailed philological and literary analysis; the text's two-fold historical context in its Hellenistic environment, on the one hand, and in the biblical tradition on the other; and ultimately the very innovative theology of the book of Wisdom. Aspects of the book's reception history as well as hermeneutical questions round off the commentary on the text.

Only a Mother Could Love Him Benjamin Polis 2004 A young man takes readers on a deeply personal journey into the mind of an individual with ADD as he describes his struggle with hyperactivity and attention deficit, its effects on his entire family, and his own successful use of self-taught concentration techniques to overcome the problem, accompanied by advice on medication, discipline, schoolwork, and coping strategies. Original. 35,000 first printing.

The Virtual Team Maturity Model Ralf Friedrich 2017-10-25 Ralf Friedrich developed an academically validated and process-oriented maturity model with emphasis on special needs of virtual teams. He provides criteria and indicators of performance for virtual teams and combines different approaches of maturity models into an overall framework to measure and develop virtual team performance. This book describes the development and validation of the Virtual Team Maturity Model (VTMM®) consisting of 11 processes for virtual team collaboration, defined by inputs, methods, outputs and Key Performance Indicators (KPIs) assigned

to four maturity levels. The model supports an algorithm for calculating the maturity level of the team based on a set of questionnaires.

Bad Leadership Barbara Kellerman 2004-09-27 How is Saddam Hussein like Tony Blair? Or Kenneth Lay like Lou Gerstner? Answer: They are, or were, leaders. Many would argue that tyrants, corrupt CEOs, and other abusers of power and authority are not leaders at all--at least not as the word is currently used. But, according to Barbara Kellerman, this assumption is dangerously naive. A provocative departure from conventional thinking, *Bad Leadership* compels us to see leadership in its entirety. Kellerman argues that the dark side of leadership--from rigidity and callousness to corruption and cruelty--is not an aberration. Rather, bad leadership is as ubiquitous as it is insidious--and so must be more carefully examined and better understood. Drawing on high-profile, contemporary examples--from Mary Meeker to David Koresh, Bill Clinton to Radovan Karadzic, Al Dunlap to Leona Helmsley--Kellerman explores seven primary types of bad leadership and dissects why and how leaders cross the line from good to bad. The book also illuminates the critical role of followers, revealing how they collaborate with, and sometimes even cause, bad leadership. Daring and counterintuitive, *Bad Leadership* makes clear that we need to face the dark side to become better leaders and followers ourselves. Barbara Kellerman is research director of the Center for Public Leadership and a lecturer in public policy at the Kennedy School of Government, Harvard University.

FileMaker Pro Design and Scripting For Dummies Timothy Trimble 2013-04-26 Get the scoop on designing databases for Mac and Windows Use FileMaker Pro design and scripting to quickly, easily build databases that solve real problems FileMaker Pro has grown up, and it's better than ever! This easy-to-use guide shows you how to design a great FileMaker application, build a database that works, add the functionality you need, populate your database, and venture into programming with ScriptMaker. You'll find out how to share and protect your database, too. Discover how to * Build a layout that works * Create custom triggers and calculated fields * Generate reports automatically * Manage security * Publish your database on the Web * Embed pictures, sound, and video

Resilienz steigern Dipl. Soz.päd. Jürgen Simonis 2019-11-06 Sie wollen eine Krise erfolgreich meistern und sogar noch gestärkt daraus hervorgehen? Resilienz beschreibt die innere Widerstandsfähigkeit. Resiliente Menschen sind in der Lage Krisen schnell zu überwinden, gestärkt aus diesen hervorzugehen und zukünftige Krisen vorzubeugen. Wussten Sie, das Resilienz lernbar ist? Manche Menschen haben Sie aufgrund ihrer Erziehung oder früheren Erfahrungen bereits entwickelt. Andere haben ihre psychische Widerstandsfähigkeit und Selbstvertrauen noch nicht ausreichend entfaltet. Täglicher Stress bis hin zum Burn-Out sind die Folgen. Wut, Trauer und Angst gezielt empfinden und gleichzeitig durch ein starkes Selbstvertrauen den Blick nach Vorne richten - Das ist der geheime Schlüssel resilienter Menschen. Was kannst du jetzt tun um deine Resilienz zu steigern? Nur durch praktische Übungen kann eine positive Veränderung erzielt werden. Das Problem - Fast alle Bücher zum Thema Resilienz beschreiben nur wissenschaftliche Hintergründe und Theorien. Damit kommst du in der Praxis allerdings nicht weiter... Mit "Resilienz steigern" hast du einen praxisorientierten Ratgeber der dir wirklich weiterhilft. Durch die enthaltenen Übungen wirst du erfahren, was es heißt: Dich selbst zu akzeptieren und persönlich zu wachsen

Deine Opferrolle zu verlassen und emotionale Stabilität zu erlangen Tolle Netzwerke & Beziehungen aufzubauen, die dir in guten und schlechten Zeiten zur Seite stehen Stress & Belastungen zu reduzieren und mehr Energie & Freiheit zu spüren Deine Abwärtsspirale mit Leichtigkeit zu stoppen und unerschütterliches Selbstvertrauen aufzubauen Die enthaltenen praktischen Übungen können von jedem gleichermaßen ausgeführt werden und helfen gezielt dabei Ihre Resilienz und psychische Widerstandskraft zu steigern, damit Sie das Steuerrad Ihres Lebens fest im Griff haben, wenn es darauf ankommt. Mit einem gesteigerten Selbstwertgefühl reduzieren Sie Stress und Belastungen, verbessern Ihre Gesundheit und gewinnen mehr Freiheit und Energie. Steigern Sie jetzt Ihre Lebensqualität und werden Sie innerlich stark!

Prosperity Without Greed Sahra Wagenknecht 2017-05-11 It is time to leave capitalism behind. We live in a system of economic feudalism that has nothing to do with a free market economy. The innovations we need for the solution of our truly important problems are not forthcoming. How can it be that technological developments financed by the taxpayer end up enriching private companies even if their activities violate public interests? We should reward talent and real performance and promote start-ups with good ideas. Based on a clear analysis and concrete proposals, Sahra Wagenknecht launches a discussion on new forms of ownership and sketches the outlines of an innovative and just economy.

Systemic Questioning Techniques for Specialists and Executives, Consultants and Coaches Hans Patzer 2019-08-18 Systemic Questioning Techniques for Specialists and Executives, Consultants and Coaches With the right questions to the desired result Are you a specialist or manager, consultant or coach? Are questions a priority in your work? Learn how to achieve more success through systemic questioning in your profession

Brief Coaching Chris Iveson 2012-03-15 Brief Coaching offers a new approach to coaching by considering how the client will know when they have reached their goal, and what they are already doing to get there. The coach aims to work towards the solution rather than working away from the problem, so that the client's problem is not central to the session, but instead the coach and the client work towards the client's preferred future. This book employs case examples and transcripts of sessions to offer guidance on: looking for resources rather than deficits exploring possible and preferred futures examining what is already contributing to that future treating clients as experts in all aspects of their lives. This practical guide includes summaries and activities for the coach to do with the client and will therefore be a useful tool for both new and experienced coaches, as well as therapists branching into coaching who want to add to their existing skills.

FileMaker Web Publishing Allyson Olm 2007-07-31 FileMaker Web Publishing offers an unparalleled development strategy for database managers, web designers, and programmers who are interested in getting the most out of FileMaker databases on the web. The book introduces the basics of HTML, cascading style sheets, and PHP, then moves on to specific concepts such as database portals, value lists, and complex navigation systems. Advanced topics include uploading and referencing files within the database and sending dynamically formatted emails.