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The Dubrow Diet Heather Dubrow 2018-10-16 When you've tried practically every diet and have struggled for years to reach and maintain a healthy weight, what do you do next? If you're Heather and Terry Dubrow, MD, you create your own diet based on cutting-edge and Nobel-prize winning science that promises not just unprecedented metabolic control, but also an internal cellular rejuvenation with powerful antiaging effects. Then, after creating a diet that can transform your life from the inside out, you want to help as many people as possible look and feel their best, so you write a book about it! In *The Dubrow Diet*, Orange County's favorite reality TV couple share the diet and exercise plan they created to end their own decades-long yo-yo dieting and flip on what they call the "ageless switch." The central concept is called interval eating, a practice based on research showing that when you eat is perhaps the most important factor in weight loss and weight control. With interval eating, the Dubrows will introduce you to a simple eating schedule that can help you: ● reprogram your cells to go after stored fat for fuel. ● lower insulin and normalize blood sugar. ● fight off chronic inflammation linked to almost every major disease. ● activate a process known as autophagy, your cells' self-cleaning process and an antiaging game changer. ● increase your energy. ● finally reach your goal weight. ● rejuvenate your skin and overall appearance. So, what are you waiting for? You have more power than you realize over the hormones that regulate your weight and the molecular factors that determine how you age. It's time to take advantage of this power with a diet that is not only doable but also sustainable and even fun! The Dubrows wouldn't have it any other way.

Principles and Practice of Lymphedema Surgery E-Book Ming-Huei Cheng 2015-05-06 From pre-operative assessment to post-operative care, *Principles and Practice of Lymphedema Surgery* presents authoritative guidance on surgical techniques in the treatment and management of Lymphedema. Concise and easily accessible, this

highly visual reference helps deepen your understanding of each procedure and how to perform them. Step-by-step instructions and procedural videos from a team of leading authorities in the field of lymphedema and microsurgery equip you to implement the most innovative and latest surgical and non-surgical approaches and achieve optimal outcomes for all of your patients. Consult this title on your favorite e-reader. Gain thorough and in-depth step-by-step guidance to incorporate the treatment of lymphedema in your practice. Locate key content easily and identify clinical conditions quickly thanks to concise, strictly templated chapters packed with full-color illustrations and clinical photographs. Avoid pitfalls and achieve the best outcomes thanks to a step-by-step approach to each procedure, complete with tips and tricks of the trade from leading experts in plastic surgery and lymphedema microsurgery. Hone and expand your surgical skills by watching videos of leading international experts performing advanced techniques including: End-end lymphovenous bypass, End-side lymphovenous bypass, Submental vascularized lymph node flap, Supraclavicular vascularized lymph node flap, and Lymphatic vessel mapping with ICG. Assess treatment outcomes using well-described and highly regarded scientific methodology.

Genioplasty Bahman Guyuron 1993

Aesthetic Plastic Surgery E-Book Sherrell J Aston 2012-10-14 *Aesthetic Plastic Surgery* - edited by Sherrell J. Aston, MD, Douglas S. Steinbrech, MD and Jennifer L. Walden, MD - brings you the masterful expertise you need to achieve breathtaking outcomes for every cosmetic surgery procedure, including MACS lift, endoscopic mid and lower face rejuvenation, lid/cheek blending - the tear trough, cohesive gel breast augmentation, lipoabdominoplasty, and many more. A "who's who" of international authorities in plastic surgery explain their signature techniques, giving you all the know-how you need deliver the exceptional results your patients demand. Operative videos on DVD let you observe these techniques being performed in real time; and Expert Consult online access enables you to reference the text, download the images, and watch the videos from any computer. Coverage of hot topics includes MACS lift, endoscopic mid and lower face rejuvenation, lid/cheek blending - the tear trough, the newest rhinoplasty techniques, cohesive gel breast augmentation, fat grafting techniques, details of the latest injectables and fillers, and many other highly sought-after procedures. Operative videos - on DVD and online - let you see how leading experts perform more than 50 important techniques, including extended SMAS face lift, traditional inverted-T breast augmentation, and lipoabdominoplasty. Nearly 1600 full-color photographs and illustrations demonstrate what to look for and what results you will achieve. A consistent, extremely user-friendly organization guides you through history, evaluation, anatomy, technical steps, post-operative care, complications, and pearls and pitfalls for each procedure - giving you all the advice you need to make informed, effective decisions and avoid complications and disappointing results. Expert Consult online access allows you to reference the complete contents, perform rapid searches, download the images, and watch the operative videos from any computer. Your purchase entitles you to access the web site

until the next edition is published, or until the current edition is no longer offered for sale by Elsevier, whichever occurs first. If the next edition is published less than one year after your purchase, you will be entitled to online access for one year from your date of purchase. Elsevier reserves the right to offer a suitable replacement product (such as a downloadable or CD-ROM-based electronic version) should online access to the web site be discontinued.

Rhinoplasty Bahman Guyuron 2012 Dr. Bahman Guyuron's Rhinoplasty shows you how to get the best results from the latest rhinoplasty techniques. The step-by-step instructions in this medical reference book provide all the guidance you need to succeed. You'll choose and apply the best approaches for particular patient populations such as cocaine users, patients with thick skin, ethnic patients, and revision rhinoplasty patients.

Clinical Ethics in Pediatrics Douglas S. Diekema 2011-09-08 This volume provides a practical overview of the ethical issues arising in pediatric practice. The case-based approach grounds the bioethical concepts in real-life situations, covering a broad range of important and controversial topics, including informed consent, confidentiality, truthfulness and fidelity, ethical issues relating to perinatology and neonatology, end-of-life issues, new technologies, and problems of justice and public health in pediatrics. A dedicated section also addresses the topics of professionalism, including boundary issues, conflicts of interests and relationships with industry, ethical issues arising during training, and dealing with the impaired or unethical colleague. Each chapter contains a summary of the key issues covered and recommendations for approaching similar situations in other contexts. *Clinical Ethics in Pediatrics: A Case-Based Textbook* is an essential resource for all physicians who care for children, as well as medical educators, residents and scholars in clinical bioethics.

Plastic Surgery - E-Book Richard J Warren 2012-09-07 Fully updated to meet the demands of the 21st-century surgeon, *Aesthetic Plastic Surgery, Volume 2 of Plastic Surgery, 3rd Edition*, provides you with the most current knowledge and techniques in aesthetic plastic surgery, allowing you to offer every patient the best possible outcome. Access all the state-of-the-art know-how you need to overcome any challenge you may face and exceed your patients' expectations. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Compatible with Kindle®, nook®, and other popular devices. Apply the very latest advances in aesthetic plastic surgery and ensure optimal outcomes with evidence-based advice from a diverse collection of world-leading authorities. Purchase this volume individually or own the entire set, with the ability to search across all six volumes online! Master the latest nonsurgical aesthetic therapies, including cosmetic skin care, Botulinum toxin treatments, soft tissue fillers, and skin resurfacing. Apply the most recent techniques in rhinoplasty, body contouring, facelift techniques, and the growing field of Asian facial cosmetic surgery. Know what to look for and what results you can expect with over 1,400 photographs and

illustrations. See how to perform key techniques with 41 surgical videos online. Access the complete, fully searchable contents online, download all the tables and figures, and take advantage of additional content and images at www.expertconsult.com!

Core Procedures in Plastic Surgery Peter C. Neligan 2013-09-20 Core Procedures in Plastic Surgery, edited by Drs. Peter C. Neligan and Donald W. Buck, II, is a one-of-a-kind medical reference book designed to help you master the 20 most in-demand operative techniques from Plastic Surgery, 3rd Edition - the definitive 6-volume masterwork in plastic and reconstructive surgery. Quick-access bulleted procedures, photos, and online videos provide the high-yield, highly visual guidance you need to perform these procedures confidently and achieve optimal outcomes. The result is a must-have for every plastic surgeon's library! Master 20 essential plastic surgery procedures including open and closed rhinoplasty, abdominal wall reconstruction, expander/implant reconstruction of the breast (including latissimus dorsi technique), local flaps for facial coverage (including cheek and lip reconstruction), cleft lip and cleft palate repair, flexor tendon reconstructions, and more. Depend on the preeminent authority that has made Dr. Neligan's Plastic Surgery, 3rd Edition the most trusted reference in plastic surgery. Review techniques quickly and easily thanks to a highly templated, bulleted format. See what to look for and how to proceed by viewing full-color photos throughout. Access the complete content and procedural videos online at Expert Consult.

Facial Danger Zones Rod J. Rohrich 2019-09-27 The definitive one-stop reference on safely navigating highly complex facial anatomy The primary goal of Facial Danger Zones: Staying safe with surgery, fillers and non-invasive devices is to help surgeons achieve optimal results and maximize safe outcomes for a wide array of facial cosmetic procedures. Authored by internationally renowned plastic surgeon Rod Rohrich and distinguished co-authors James Stuzin, Erez Dayan, and E. Victor Ross, this user-friendly book provides multidisciplinary insights and expert knowledge on intricate facial anatomy, navigating safe and dangerous facial zones, and the use of minimally invasive technologies. The book is divided into three sections: Part one provides an overview of facial tissue anatomy and fat compartments, facial nerve danger zones, specific nerve branches, protective measures, and technical dissection considerations for safe facelift surgery. Part two covers fillers and neuromodulators with pearls and in-depth guidance on staying safe using six different facial danger zones. Part three details the safe use of energy-based devices such as ablative and non-ablative lasers, combination chemical peels, radiofrequency, and cryolipolysis. Key highlights Superb facial nerve dissection safety tips for cosmetic procedures such as facelifts Facial danger zones and the prevention and consequences of injury graphically described through cadaver dissections, illustrations, and patient case photographs Visually-rich text describes how to safely and efficaciously administer lasers, chemical peels, noninvasive fat removal, and skin tightening devices More than 20 succinct videos posted online enhance understanding of various safe approaches This remarkable resource is destined to be the trusted, go-to companion for trainee and veteran surgeons

who specialize in plastic, facial plastic, dermatologic, oculoplastic, and head and neck surgery, as well as other practitioners who treat these patients.

Rhinoplasty E-Book Bahman Guyuron 2012-03-23 Dr. Bahman Guyuron's Rhinoplasty shows you how to get the best results from the latest rhinoplasty techniques. The operative animations, high-quality videos and artwork, 3D demonstrations, and step-by-step instructions in this medical reference book provide all the guidance you need to succeed. You'll choose and apply the best approaches for particular patient populations such as cocaine users, patients with thick skin, ethnic patients, and revision rhinoplasty patients. Get balanced coverage of all aspects of rhinoplasty, including patient assessment, basic techniques, technical nuances, and more. Access the full contents online at www.expertconsult.com, and view operative videos, animations, and 3D demonstrations of the surgical techniques for each patient. Optimize outcomes with an emphasis on Dr. Guyuron's personal authoritative techniques, including strategies to correct cases with sub-optimal results. Get step-by-step procedural guidance with lavish full-color images, in-text call-outs linking to online material, and case-illustrated chapters. Stay up-to-date with the latest advancements in rhinoplasty, problem areas, complications, and headaches. Over 60 minutes of video showing procedural steps. Learn personal techniques and tips for all aspects of rhinoplasty from the master

Aesthetic Plastic Surgery Video Atlas E Book Bahman Guyuron 2011-09-09 Aesthetic Plastic Surgery Video Atlas - edited by Dr. Bahman Guyuron et al. - brings you the detailed visual guidance and unmatched expertise you need to master the most popular cosmetic surgery procedures and achieve breathtaking results. Full-color photographs and narrated procedural videos lead you step-by-step through techniques such as breast augmentation, non-surgical facial rejuvenation with fillers, periorbital rejuvenation, primary rhinoplasty, and more. Tips and tricks from a veritable "who's who" in plastic surgery equip you to successfully deliver the results your patients expect. At www.expertconsult.com you can reference the complete text, download the images, and watch the videos anytime, anywhere from any computer. Visualize how to proceed through a highly visual format that employs full-color art and video clips to demonstrate breast augmentation, non-surgical facial rejuvenation with fillers, periorbital rejuvenation, primary rhinoplasty, and more. Avoid pitfalls and achieve the best outcomes thanks to a step-by-step approach to each procedure, complete with tips and tricks of the trade from leading experts in aesthetic plastic surgery. See how the masters do it! Watch video clips of 16 key procedures (two hours running time) being performed by experts, complete with narration explaining each step. Stay current with the latest techniques and findings about cohesive gel breast implants, the use of minimally invasive techniques, and other hot topics. Take it with you anywhere! Access the full text, downloadable image library, video clips, and more at www.expertconsult.com.

Rhinoplasty, An Issue of Clinics in Plastic Surgery, E-Book Sam P. Most
2021-11-19 In this issue of Cardiac Electrophysiology Clinics, Guest Editors

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Eric N. Prystowsky and Benzy Padanilam bring their considerable expertise to the topic of Cardiac Conduction System Disorders. Top experts in the field cover key topics such as sinus node abnormalities, electrocardiography of AV block, AV conduction, pacemaker-induced cardiomyopathy, and more. Provides in-depth, clinical reviews on Cardiac Conduction System Disorders, providing actionable insights for clinical practice. Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field; Authors synthesize and distill the latest research and practice guidelines to create these timely topic-based reviews. Contains 16 relevant, practice-oriented topics including Anatomy and Pathology of the cardiac conduction system; Physiologic variants of cardiac conduction; Genetic abnormalities of SA node and AV conduction?; Epidemiology of Prolonged PR interval; and more.

Aesthetic Surgery Techniques James D. Frame 2018-02-16 Changing trends, ethnic and regional preferences, and a hands-on teaching method make cosmetic surgery uniquely challenging for novice and experienced surgeons alike. Aesthetic Surgery Techniques: A Case-Based Approach offers expert, real-world instruction by presenting chapters and patients in a classical fashion, providing a clinical perspective as you work through case after case, honing your knowledge and skills. A diverse, international group of highly reputable faculty takes you step by step through each case. Covers a wide range of the most common cosmetic procedures in a templated, atlas-style format, highlighting case presentations with superb illustrations, clinical photographs, and procedural videos. Presents each case using easy-to-understand text that highlights potential risks and tips and tricks to avoid them. Conveys the real-world knowledge and expertise of a multidisciplinary team of editors including oral and maxillofacial surgeons and plastic surgeons. Uses a chapter format based on the 14 Cosmetic Surgery Competencies used to train Consultant Plastic Surgeons at the Anglia Ruskin University, UK. Offers global coverage of specific techniques to help you refine your skills and expand your surgical repertoire: Abdominoplasty (Modified Brazilian Technique in the UK and Middle East) Open Rhinoplasty (European approach) Surgical correction of the Neck (New Zealand and U.S.) Advanced Medical Aesthetics (UK and Dubai) Facelift Made Easy (U.S.) Asian Blepharoplasty Ethics in Aesthetic Surgery (UK and U.S.) Breasts, Buttocks, and Thighs (Brazil) Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices.

Sabiston Textbook of Surgery Courtney M. Townsend Jr. 2007-11-21 This distinguished reference carries on a 70-year legacy as the world's most thorough, useful, readable, and understandable text on the principles and techniques of surgery. Its peerless contributors deliver all the well-rounded, state-of-the-art knowledge you need to richly grasp the pathophysiology and optimal management of every surgical condition-so you can make the best clinical decisions, avoid complications, manage unusual situations, and achieve the best possible outcomes. It is a valuable review tool for certification/recertification preparation, and an indispensable source of

guidance on overcoming the challenges that arise in everyday practice. As an Expert Consult title, the thoroughly updated 18th edition comes with access to the complete contents online, fully searchable-enabling you to consult it rapidly from any computer with an Internet connection. In addition, this Premium Edition includes timely clinical updates online, plus links to MEDLINE, downloadable illustrations, bonus journal articles, review questions, and much more. Offers a more distinguished team of contributors and a better blend of clinical and basic-science information than any other source, providing you with the best possible understanding of the clinical issues surrounding every operative situation. Features a more user-friendly format, a larger and more helpful array of full-color illustrations, and a more versatile and well-constructed web site than other resources-making the answers that you need easier to locate and understand quickly. Offers an organization and content that parallels the written board American Board of Surgery exam, providing excellent preparation for certification and recertification. Includes access to the complete contents online, fully searchable, PLUS timely updates to reflect new scientific and clinical developments · references linked to MEDLINE · downloadable illustrations · bonus articles from important surgery periodicals (such as Surgical Clinics of North America, the American Journal of Surgery, Operative Techniques in General Surgery, and Seminars in Colon and Rectal Surgery) · review questions · and other valuable features. Incorporates an enhanced emphasis on surgical outcomes to mirror the growing importance of this topic. Delivers comprehensive updates to keep you current with the latest research, techniques, and emerging procedures in the field, as well as completely new chapters on "Surgical Patient Safety" and "Regenerative Medicine."

Day Surgery International Association for Ambulatory Surgery IAAS 2006

Operative Techniques in Plastic Surgery Kevin Chung 2018-10-30 Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. A new addition to the best-selling Operative Techniques series, Operative Techniques in Plastic Surgery provides superbly illustrated, authoritative guidance on operative techniques along with a thorough understanding of how to select the best procedure, how to avoid complications, and what outcomes to expect. Easy to follow, up to date, and highly visual, this step-by-step reference covers nearly all operations in current use in plastic surgery, and is ideal for residents and physicians in daily practice.

Health Benefits Coverage Under Federal Law--. 2010

Plastic Surgery E-Book: 6 - Volume Set Peter C. Neligan 2012-08-21 Fully updated to meet the demands of the 21st-century surgeon, Plastic Surgery provides you with all the most current knowledge and techniques across your entire field, allowing you to offer every patient the best possible outcome. Edited by Drs. Mathes and Hentz in its last edition, this six-volume plastic

surgery reference now features new expert leadership, a new organization, new online features, and a vast collection of new information - delivering all the state-of-the-art know-how you need to overcome any challenge you may face. Renowned authorities provide evidence-based guidance to help you make the best clinical decisions, get the best results from each procedure, avoid complications, and exceed your patients' expectations. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Compatible with Kindle®, nook®, and other popular devices. Apply the very latest advances in every area of plastic surgery and ensure optimal outcomes with evidence-based advice from a diverse collection of world-leading authorities. Master the latest on stem cell therapy, tissue engineering, and inductive therapies • aesthetic surgical techniques and nonsurgical treatments • conjoined twin separation and other craniofacial surgery advances • microsurgical lymphatic reconstruction, super microsurgery, and sternal fixation • autologous lipofilling of the breast • nerve transfers in hand surgery, hand allotransplantation, and functional prosthetics • and much, much more. Easily find the answers you need with a new organization that features separate volumes covering Principles • Aesthetic • Craniofacial, Head and Neck Surgery • Lower Extremity, Trunk and Burns • Breast • and Hand and Upper Extremity, plus a more templated, user-friendly, high-yield presentation. Visualize procedures more clearly through an abundance of completely redrawn full-color illustrations and new color clinical photographs. Access the complete, fully searchable contents of each volume online, download all the tables and figures, view 160 procedural videos, and take advantage of additional content and images at www.expertconsult.com!

Ignite Your Life: The World's Leading Entrepreneurs and ...

Cosmetic Surgery Robert Grant 2010-10-01 Full-color, step-by-step guidance on how to perform the most popular procedures in cosmetic surgery Using more than 250 full-color illustrations and photos, and clear, concise text, Cosmetic Surgery teaches you how to perform the latest and most in-demand surgical and non-surgical procedures in aesthetic plastic surgery. Each chapter includes patient selection and preparation, technique, complications, outcomes assessment, and references, and many illustrations that have been prepared specifically for this book. FEATURES: A consistent, easy-to-navigate approach that facilitates quick learning More than 250 full-color illustrations that clarify each step of every procedure Expert authorship by experienced plastic surgeons COMPREHENSIVE COVERAGE OF: Facial surgeries including facelift, brow lift, blepharoplasty, otoplasty, rhinoplasty, and chin implants Breast surgery, body contouring, and bariatric plastic surgery including breast augmentation, breast reduction, abdominoplasty, brachioplasty, and liposuction Non-surgical options including Botox, injectable fillers, chemical peel, dermabrasion, and laser surgery Other considerations such as new developments in cosmetic surgery, the business of cosmetic surgery, and the public's view of cosmetic surgery

Operative Techniques in Facial Aesthetic Surgery Charles H. Thorne 2019-04-23

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Part of the best-selling Operative Techniques series, Operative Techniques in Plastic Surgery provides superbly illustrated, authoritative guidance on operative techniques along with a thorough understanding of how to select the best procedure, how to avoid complications and what outcomes to expect. This stand-alone book offers focused, easy-to-follow coverage of the art of facial aesthetic surgery, all taken directly from the larger text. It covers the authors' preferred techniques for nearly all facial aesthetic operations that are in current use, and is ideal for residents and physicians in daily practice.

Aesthetic Septorhinoplasty Barış Çakır 2022-01-01 This extensively revised second edition describes how techniques previously developed by Dr. Rollin Daniel for use in open rhinoplasty can be adapted for the closed approach. The author argues that this offers greater feedback during surgery, a shorter recovery period and absence of scarring. The book includes a full explanation of preoperative preparation, including evaluation of the nasal surface aesthetics using the concept of geometric polygons as aesthetic subunits to define both the existing deformity and the aesthetic goals. Aided by a wealth of color photos, it also provides step-by-step descriptions of the surgical techniques developed and modified to achieve the desired surface appearance, and illustrates how the novel dissection and redrape control methods reduce the healing time and enhance outcomes. Further, the book presents a series of case analyses documenting the benefits of the approach. Written in a "cookbook style" this superbly illustrated book enables plastic surgeons to quickly learn how to utilize the closed approach to rhinoplasty for optimal aesthetic benefit.

Mastering Rhinoplasty 2011-08-14

Ethnic Rhinoplasty Steven M. Hoefflin 2012-12-06 Guidelines, operative techniques, and postoperative management for rhinoplasty of the non-Caucasian nose. Starting with the basics of Black, Hispanic, and Asian nasal anatomy, the book goes on to encompass preoperative nasal evaluation and surgical planning. The author demonstrates his renowned techniques, including those for nasal septum and turbinates, nasal dorsum and bridge, alar rim and nasal base reduction, and the nasal tip. Close to 200 clinical and operative illustrations - 50 in full colour - are backed by important protocols for revision rhinoplasty as well as for the management of risks and complications. A must for all plastic surgeons wishing to add the latest in non-Caucasian nasal refinement techniques to their office practice.

Atlas of Asian Rhinoplasty Man Koon SUH 2018-08-06 This superbly illustrated atlas, featuring approximately 2,500 high-quality illustrations, will help all surgeons who perform rhinoplasty in Asian patients to achieve excellent aesthetic and functional outcomes. The differences in nasal anatomy and aesthetic goals between Asian and Western individuals are clearly explained, and the surgical materials appropriate to Asian rhinoplasty are identified. The full set of techniques employed in Asian rhinoplasty are then described and

illustrated step by step, taking into account the important advances achieved in recent years. Among the procedures covered are dorsal augmentation using implants and autogenous tissue, tip plasty, tip reduction surgery, short nose correction, humpectomy, correction of alar-columellar disproportion, nostril and alar base reduction, and deviated nose correction. Guidance is offered on management of potential complications, and secondary rhinoplasty is also discussed. This book will enable surgeons to enhance the appearance of the nose in a way that is fully consistent with the other facial features of Asians.

Diseases of Ear, Nose and Throat, 6/e PL Dhingra 2013-10-01 Diseases of Ear, Nose and Throat is a popular textbook of ENT. The first edition of the book was published in 1992. Since then it has received wide acceptance from the readers and every attempt has been made to update the current edition in the light of the advances made by the speciality. The current sixth edition of the book marks 22nd year of its publication.

Plastic-esthetic Periodontal and Implant Surgery Otto Zuhr 2012-01-01 "In this book, the authors blend scientific knowledge and practical experience to provide a comprehensive overview of the principles, indications, and clinical techniques of plastic-esthetic periodontal and implant microsurgery, focusing especially on minimal soft tissue trauma and maximally perfect wound closure. Microsurgery provides clinically relevant advantages over conventional macrosurgical concepts for regenerative and plastic-esthetic periodontal surgery, especially in the all-important esthetic zone. The microsurgical principles and procedures presented in the book are explained step-by-step in meticulously illustrated case examples with large, exquisite images. Each case example also includes an illustrated armamentarium of the materials and instruments necessary for the practical implementation of the microsurgical procedure. The book concludes with instructions on how to manage all major complications for each procedure."--Publisher.

Understanding Medical Surgical Nursing Paula D. Hopper 2007-01 The workbook is the ideal companion to the text, providing students with a study tool that reinforces learning through fun-to-do exercises. Each chapter follows along with the text and features a host of critical thinking exercises, basic matching and true/false tests, word scrambles, crossword puzzles, vocabulary review exercises, and NCLEX-PN-style questions. The perfect supplement to the textbook, as well as stand-alone study tool, the Student Workbook for Understanding Medical Surgical Nursing, 3rd edition, is a must-have for LPN students striving for success.

Take Control of Your Cancer Risk John Whyte, MD, MPH 2021-10-05 Something everyone has the power to do is reduce your cancer risk, and this book will show you just how easy it is to do it. Each year, over a million people in the United States alone hear the words no one ever wants to hear: You have cancer. But what if there was a way for fewer people to hear these words? One of the biggest myths regarding cancer is that it's mostly genetic - meaning that you have no control over whether you get it. While genetics do have an impact, the

truth is that your lifestyle and environment play the major role. Physician and Chief Medical Officer of WebMD John Whyte, MD, MPH, shares straightforward information and equips you with strategies to help you on a journey to better health. In *Take Control of Your Cancer Risk*, Dr. Whyte provides helpful tips including: assessing your cancer risk knowing which screenings you need, and when learning the role food, exercise, and sleep play understanding the relationship between stress and cancer *Take Control of Your Cancer Risk* is filled with practical advice that empowers you to really take control of our health.

Reflecting on Cosmetic Surgery Jane Megan Northrop 2013-06-19 Cosmetic surgery represents an extreme form of modern grooming. It is the fastest growing medical specialty, yet misconceptions abound about those who undertake it and their reasons for doing so. With a grounded approach, engaging 30 women through in-depth interview, this study explores how they chose cosmetic surgery as an option. Their accounts frame a theoretical discussion, in which Northrop proposes that cosmetic surgery is initiated within the vulnerable and divisive relationship between the self and its poor body image. Poor body image and the attempt at its reparation are examined conceptually through shame and narcissism. With compelling case studies and a multi-disciplinary approach, *Reflecting on Cosmetic Surgery* demonstrates that shame constitutes a framework through which we formulate appearance norms and learn the art of becoming socially embodied. Shame concerns the self, but manifests in response to perceived social phenomena. Through the evaluation and amendment of body image with cosmetic surgery, notions of self and social worthiness are played out. Northrop argues convincingly for a review of the way in which we view narcissism and proposes that shame, and the discomforts arising from it, are implicated in its occurrence. This book will appeal to students and scholars across the social sciences, and particularly in women's studies and gender studies.

Master Techniques in Facial Rejuvenation Babak Azizzadeh 2017-12-04 Comprehensive coverage, multidisciplinary guidance, and step-by-step instruction both in print and on video help you choose the best approach and get the best results for any facial rejuvenation challenge. *Master Techniques in Facial Rejuvenation*, 2nd Edition, by Drs. Babak Azizzadeh, Mark Murphy, Calvin Johnson, Guy Massry, and Rebecca Fitzgerald, presents multiple facial rejuvenation techniques by experts in the fields of plastic surgery, facial plastic surgery, otolaryngology, oculoplastic surgery and dermatology. Competing and complementary techniques focus on all areas of the face, providing a balanced and systematic approach to this fast-growing field. Presents step-by-step, full-color depictions of the authors' surgical techniques, with emphasis on minimally invasive surgery, recent trends, and adjunctive procedures. Addresses facial shape and proportions with injectable agents in youth and age. Provides multiple viewpoints on advanced and time-tested techniques. Features video instruction on ptosis repair blepharoplasty, mentoplasty, non-surgical brow and eyelid rejuvenation, and more. Features expanded coverage of non-invasive procedures such as Botulinum toxin and

fillers, neuromodulators, tightening devices, and panfacial nonsurgical rejuvenation, plus newly updated information on face lifts. Includes all-new chapters on non-surgical brow and eyelid rejuvenation, ptosis repair and blepharoplasty, deep plane rhytidectomy modifications, and orthognathic aesthetic facial surgery. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, Q&As, and references from the book on a variety of devices.

Asian Septorhinoplasty Eun-Sang Dhong 2021-05-13 This book explains the challenging problems often encountered by surgeons when performing septorhinoplasty and secondary rhinoplasty in Asian patients and identifies solutions based on the best available evidence. The opening chapter discusses issues relating to the longevity of alloplastic implants. Various dilemmas in Asian septorhinoplasty are then addressed, including in relation to resorption of autogenous grafts and various aspects of technique. The aim here is to enable surgeons to achieve consistent high-end results. In the case of secondary rhinoplasty, the coverage includes conundrums relating to the distinction between infection and delayed inflammation, the choice of graft materials, correction of the contracted nose, and key decisions, including in patients in whom the septum has been previously resected. A separate chapter provides guidance on the approach to specific difficult cases encountered in Asian populations, including tip deformity, columellar necrosis, nostril asymmetry, and recurrent nasal deviation. Finally, advice is given on best practice in the use of alloplastic materials.

Medical-surgical Nursing Lois White 2002 Medical-Surgical Nursing: An Integrated Approach, 2E examines all aspects of this nursing field, from how and where the health care delivery system is set up, to the nurse's role in care related to IV therapy and diagnostic testing, to legal and ethical responsibilities, communication, and cultural diversity. This revised edition also includes new chapters covering alternative therapies, and responding to emergencies. Case studies, critical thinking questions, and exercises developing care plans encourage students to think beyond the classroom. Full color illustrations, cross-referencing between chapters, and suggested resources are among the many features that will appeal to students. Diagnostic tests are listed alphabetically in chart form making important information about the test, normal values and nursing responsibilities easy to find. Chapter end critical thinking questions help students apply chapter content. "Web Flash" box suggests Internet sites students can consult for additional information. Text includes a glossary, a list of abbreviations and acronyms, a listing of the latest NANDA nursing diagnoses and Standard Precautions

Eye, Ear, Nose & Throat Monthly 1962

Handbook of Health Social Work Sarah Gehlert 2011-10-13 Praise for HANDBOOK of HEALTH SOCIAL WORK SECOND EDITION "Handbook of Health Social Work, Second Edition is a crucial addition for seasoned practitioners' libraries, as well as an essential foundation for fledgling social workers ready to enter health as a

practice and research area." –From the Foreword by Suzanne Heurtin-Roberts, U.S. Department of Health and Human Services "The book's strengths include the high quality of writing and the expertise of its contributors. It covers the field of health social work in significant depth and is sure to leave readers well informed." –Mary Sormanti, PhD, MSW, Associate Professor of Professional Practice, Columbia University School of Social Work "Quite simply, this is the definitive volume for health and social work. In this second edition, Gehlert and Browne and their expert contributors have confidently managed to keep pace with current theory and empirical research across a wide range of subject matter that will be of interest to practitioners, educators, and researchers." –Michael Vaughn, PhD, Assistant Professor, School of Social Work, School of Public Health, and Department of Public Policy Studies, Saint Louis University Thoroughly revised and updated, the only comprehensive handbook of its kind covering the diverse field of health social work Now in its Second Edition, Handbook of Health Social Work provides a comprehensive and evidence-based overview of contemporary social work practice in health care. Written from a wellness perspective, the chapters cover practice and research areas ranging from chronic disorders to infectious disease, from physical to mental disorders, and all areas in between. An excellent resource preparing social workers for the present and future challenges of practice in the field of health care, the Handbook of Health Social Work, Second Edition features discussion on: New trends in social work and health care, including genetics, transdisciplinary care, as well as national and state changes in policy Health social work and children The wide array of roles performed by social workers in health-care settings Ethical issues and decision making in a variety of arenas Understanding of community factors in health social work Edited by two respected leaders in the field of health social work, this second edition includes contributions from a diverse team of notable experts, researchers, and scholars addressing multiple theoretical foundations, models, issues, and dilemmas for the social worker in health care. The resulting resource offers both a foundation for social work practice in health care and a guide for strategy, policy, and program development in proactive and actionable terms.

Revision Rhinoplasty Daniel G. Becker 2011-01-01 *Revision Rhinoplasty* is an essential reference for addressing the manifold problems arising from unsuccessful rhinoplasty. In this book, internationally recognized experts provide their recommendations and describe techniques that will help the reader plan and perform a successful secondary rhinoplasty. The book opens by reviewing fundamental concepts of revision rhinoplasty, with thorough discussion of anatomy and functional considerations, as well as strategies for assessing the psychological characteristics of patients, such as the patients motivations and expectations for surgery, appearance concerns, and psychiatric status and history. Chapters then focus on managing specific problems in different subsites of the nose, providing important information on the evaluation of the patient, indications, contraindications, surgical techniques, and postoperative care. Features: A separate chapter on each clinical problem to help the reader rapidly locate topics of interest Expert guidance on how to manage critical steps and complications Insights into the philosophy and

personal experiences of leading surgeons in a unique section titled, Personal Philosophies of Revision Rhinoplasty Nearly 700 clinical and intra-operative images clearly demonstrating key concepts This book is an essential reference for facial plastic surgeons, plastic surgeons, otolaryngologists, and rhinologists seeking to master the complexities of revision rhinoplasty.

Manual of Clinical Cases in Ear, Nose and Throat - E-Book P. L. Dhingra 2021-09-15 The second edition of Manual of Clinical Cases in Ear, Nose and Throat is a complimentary companion to Diseases of Ear, Nose and Throat & Head and Neck Surgery, 8ed. This edition is thoroughly revised and updated. The competencies and skills as per National Medical Commission's curriculum have been highlighted in various chapters. The book will help students in presenting short and long clinical cases in a flawless manner. Supplementaries given at the end of the case will further help in discussion and provide answers to questions often asked by the examiners. - Aligned as per National Medical Commission's Competency-based curriculum - Updated content supplemented with line diagrams, boxes, and tables to help in quick learning, and a new chapter on hypoglossal nerve has been added. - Clinically oriented text with problem-solving approach. - Simple and concise presentation of cases supported with clinical pictures. - Aims to develop skill and clinical acumen to diagnose and treat patients with ENT disorders. - Complimentary access to full e-book - Animations to supplement learning

Operative Techniques in Pediatric Plastic and Reconstructive Surgery Arun Gosain 2019-04-23 Part of the best-selling Operative Techniques series, Operative Techniques in Plastic Surgery provides superbly illustrated, authoritative guidance on operative techniques along with a thorough understanding of how to select the best procedure, how to avoid complications and what outcomes to expect. This stand-alone book offers focused, easy-to-follow coverage of pediatric plastic and reconstructive surgery, all taken directly from the larger text. It covers nearly all plastic surgery operations for children that are in current use, and is ideal for residents and physicians in daily practice.

Clinical Diagnosis in Plastic Surgery Ron Hazani 2015-10-27 This book systematically presents a collection of entities, syndromes, and diseases that are diagnosed and treated by plastic surgeons, hand surgeons, otolaryngologists, oral surgeons, and dermatologists. The goal is to document an extensive array of signs and visual clues that are critical to the diagnostic process, thereby enhancing the clinician's ability to identify relevant diagnostic features and make correct diagnoses. Skill in recognizing deformities and disease processes by observation is of vital importance in plastic surgery, which is very much a visual surgical specialty. In drawing together key diagnostic signs, this book will spare readers the onerous task of searching through endless resources, books, and websites. A helpful appendix details the various classification systems used in the book with the aid of appropriate diagrams. Clinical Diagnosis in Plastic Surgery is intended for students, residents, practicing physicians, and surgeons in all of the

affiliated fields of plastic surgery.

The Doctor and Mr. Dylan Rick Novak 2017-10-06 This is the second edition of the 2014 bestselling medical-legal novel. Dr. Nico Antone, an anesthesiologist at Stanford University, is married to Alexandra, a high-powered real estate agent obsessed with money. Their son, Johnny, an 11th-grader with immense potential, struggles to get the grades he'll need to attend an Ivy League college. After a screaming match with Alexandra, Nico moves himself and Johnny from Palo Alto, California, to his frozen childhood home of Hibbing, Minnesota. The move helps Johnny improve his grades and thus seem more attractive to universities, but Nico loves the freedom from his wife. Hibbing also happens to be the hometown of music icon Bob Dylan. Joining the hospital staff, Nico runs afoul of a psychotic nurse anesthetist who calls himself Bobby Dylan, who plays Dylan songs twice a week in a bar called Heaven's Door, and who believes he is the real Bob Dylan. As Nico and Johnny settle in at Hibbing, their lives turn around, until the soulless Alexandra dies, which accelerates the downfall of Dr. Antone, who is accused of her murder. The medical realism and subsequent courtroom realism and big university atmosphere versus small Minnesota town make this novel ring true. The author's medical expertise is central to the plot, and the author's career as a medical expert witness brings sizzling energy to the concluding courtroom scenes.