

# Schema Therapy A Practitioner S Guide

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*SCHEMA THERAPY: CONCEPTUAL MODEL - Guilford Press*

undergoes cognitive-behavioral therapy for his obsessive-compulsive disorder—Some cognitive-behavioral therapists have adapted these protocols to work with difficult patients in ways that are consistent with schema therapy (c.f. Beck, Freeman, & Associates, 1990). We discuss some of these modifications later in this chapter (see pp. 48–53).