

Tantra Relato De La Iniciacion De Un Occidental A

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The Spiral Dance Starhawk 2011-09-13 The twentieth anniversary edition of *The Spiral Dance* celebrates the pivotal role the book has had in bringing Goddess worship to the religious forefront. This bestselling classic is both an unparalleled reference on the practices and philosophies of Witchcraft and a guide to the life-affirming ways in which readers can turn to the Goddess to deepen their sense of personal pride, develop their inner power, and integrate mind, body, and spirit. Starhawk's brilliant, comprehensive overview of the growth, suppression, and modern-day re-emergence of Wicca as a Goddess-worshipping religion has left an indelible mark on the feminist spiritual consciousness. In a new introduction, Starhawk reveals the ways in which Goddess religion and the practice of ritual have adapted and developed over the last twenty years, and she reflects on the ways in which these changes have influenced and enhanced her original ideas. In the face of an ever-changing world, this invaluable spiritual guidebook is more relevant than ever.

Tantra Iluminado Christopher D. Wallis 2022-03-18 *Tantra Iluminado* guía al lector a lo largo de un viaje fascinante hacia el corazón mismo del Tantra: sus enseñanzas principales, los linajes que le dan fundamento y sus prácticas transformativas. Desde que Occidente descubrió el Tantra hace 100 años, este movimiento espiritual ha sido objeto de gran fascinación, especulación, y una buena dosis de desinformación. Ahora, por primera vez en nuestra lengua, *Tantra Iluminado* nos brinda una introducción accesible a esta sagrada tradición que nació hace 1,500 años en el norte de la India. Esta obra se sustenta en fuentes originales en sánscrito, ofrece una mirada profunda a la práctica espiritual, y revela la rica historia del Tantra junto con sus poderosas enseñanzas. Entrar en el mundo del Tantra original es adentrarse en un reino de magia y misterio, en una filosofía que expande nuestra mente;

llena de ritos arcanos; panteones de diosas feroces encarnadas en sílabas místicas; diagramas energéticos que dibujan un mapa de las dimensiones de la realidad; visualizaciones de los centros de poder del cuerpo; posturas que expresan las formas más puras de la conciencia; experiencias neotántricas del éxtasis más absoluto, portadoras un poder sobrenatural, y conceptos que desafían las normas fundamentales de la sociedad tradicional. En pocas palabras, un mundo que abarca todo el rango de la actividad religiosa y espiritual del ser humano, desde las contemplaciones más sublimes y elevadas de nuestra naturaleza interna, hasta las más extrañas supersticiones. Hoy en día, algunos están interesados en la elevada filosofía del Tantra, otros sólo quieren conocer las técnicas netamente prácticas, mientras que a otros más los mueve la curiosidad de conocer el contexto histórico. No importa quién seas, para sumergirte por completo en este mundo, deberás no nada más renunciar a cualquier noción de aquello que tú creas que es Tantra, sino también despojarte de algunas de tus creencias más arraigadas sobre la realidad en sí misma.

Primer acto 2009

Tantra Prabhujī David Ben Yosef Har-Zion 2021-03-30 *Tantra, Liberation in the World* takes us back to medieval India, full of spirituality, magic, esotericism, alchemy, and devotion. It guides us through the stages of the Tantric revelation, which shook the established religious order like a powerful earthquake and left its mark on almost all spiritual traditions of the world. Prabhujī provides us with an historical overview and a philosophical outline of Tantra. His intention is not to present academic research, but to describe the context of the revelation and share its essence with spiritual seekers who want to be enriched by its treasures. The Tantric path aspires for harmony between nature and spirit, or *akti* and *śiva*. The polarity between them manifests at the macrocosmic and the microcosmic level. Therefore, Tantra invites us to explore the body in order to discover what lies beyond. It tells us that our humanity is not an obstacle to the Divine but a necessary stage in our evolution. Divinity dwells within us and in order to recognize it, we just need to pay attention.

Gaṇeśapurāṇa Greg Bailey 2008 This book offers a translation of the seven thousand verses of the second book of the medieval Hindu text, the Ganesa Purana, one of two Puranas dedicated to the important elephant-headed god. In this book the reader is given many narratives about Ganesa's ascent to earth in order to kill demonic figures who threaten to overthrow the correct world order. In addition, these narratives contain myths about Ganesa's birth and family as well as some extended and quite humorous myths about ideal devotees of the god. The translation is preceded by a long introduction offering a geographical and historical context for the Ganesa Purana. Following the translation are very extensive notes which bring our points of philological interest, but focus mainly on the literary structure of the text and the methods used to present the many myths and narratives in a coherent and fully integrated manner.

S=EX2 Pere Estupinyà 2016-08-25 You have in your hands the most rigorous, complete and readable book ever written about the fascinating science of human sexuality. This book goes beyond the well-worn sexual education advice and the usual evolutionist psychology. After *The Brain Snatcher*, Pere Estupinyà comes back with the first popular science book on sex aimed at a wide audience. While there are some tips for the more adventurous, there is also a wealth of new information to be discovered. Distancing himself from the many books on advice or techniques, Estupinyà brings sex to another dimension by combining popular beliefs and science. Do you want proof that our decision-making in the "heat of the moment" is less rational than we think? Did you know that mind and vagina each go their own way? Are you interested in learning about the effects of yoga on sexual pleasure? Did you know about the attempts in the 60s to "cure" homosexuals with electric shock therapy, the chemical analysis of female ejaculation, or the fundamental relationship between the sympathetic and parasympathetic nervous system? The author has spoken directly with asexual and intersexual individuals, fetishists, multi-orgasmic women, women who never have orgasms through penetration, and men who have no refractory period. He has also participated in sadomasochistic events; learned tantric techniques with a couple of coaches, spoken with porn performers at Barcelona's Bagdad, and attended workshops in which a woman teaches how to have orgasms with your mind and breathing. The result is an incredible miscellany of information that appeals to both the scientific community and the curious.

The Supreme Source Chogyal Namkhai Norbu 1999-05 "In this book, the Dzogchen teaching is presented through one of its most ancient texts, the tantra *Kunjed Gyalpo*, or "The All-creating King" - a personification of the primordial state of enlightenment. This tantra is the fundamental scripture of the Semde, or "Nature of Mind," tradition of Dzogchen and is the most authoritative source for understanding the Dzogchen view."--BOOK JACKET.

Las Religiones en la India y en Extremo Oriente Henri-Charles Puech 1993-10-01 El estudio científico de los hechos religiosos en sí y por sí, simplemente como hechos humanos accesibles a la observación humana, rechazando prejuicios y absteniéndose de juicios de valor, inevitablemente pone en juego y en definitiva termina por poner en cuestión a la religión en sí misma. Esta es sin duda la explicación última de la carrera azarosa y amenazada que ha seguido hasta aquí la historia de las religiones. Institucionalizadas hace mucho a todos los niveles y en todos los países las historias del arte, la literatura, la filosofía, la historia de las religiones ha vivido en precario. Y hoy, cuando parece como si el recelo o el declarado temor que inspiró en otro tiempo ese saber innecesario se hubiera superado ya, otro obstáculo mayor se alza en su camino; el escepticismo ante la viabilidad teórica, ante la autonomía de la historia de las religiones. La conciencia permanente de esa precariedad de su autonomía no es el menor de los méritos de la Historia de las Religiones que hoy presenta Siglo XXI. Tiene otros señalados. Es completa y fiel: examina una a una todas las religiones pasadas y presentes en su plena complejidad y singularidad. Llega más al fondo y al detalle de lo que han llegado hasta ahora las obras de su género: junto a las informaciones probadas y seguras, incorpora

los más recientes descubrimientos, discute las opiniones actuales, avanza hipótesis nuevas. A la vez, ofrece un sugestivo panorama de las tendencias ahora vigentes en el ámbito de los estudios histórico-religiosos. No es un manifiesto de escuela: cada uno de los autores que han contribuido a esta obra sigue su propio método, expresa las opiniones que le ha inspirado la práctica de su especialidad. Mas en una cosa todos coinciden: enmarcar la religión que estudian en las condiciones materiales, políticas y sociales de su tiempo. Dicho de otro modo: todos se esfuerzan por reconstruir la historia de las religiones en el marco de la historia general.

Tibetan Book of the Dead W. Y. Evans-Wentz 2020-11-18 Derived from a Buddhist funerary text, this famous volume's timeless wisdom includes instructions for attaining enlightenment, preparing for the process of dying, and moving through the various stages of rebirth.

The Hero's Journey Joseph Campbell 2003 Joseph Campbell, arguably the greatest mythologist of our time, was certainly one of our greatest storytellers. This new cloth edition of *The Hero's Journey*, published to celebrate the 100th anniversary of Campbell's birth, recounts his own quest and conveys the excitement of his lifelong exploration of our mythic traditions, what he called "the one great story of mankind."

Modern Buddhism Kelsang Gyatso 2011 A guide to the Buddha's teachings explains the fundamentals of Buddhist meditation and philosophy and provides practical explanations for developing compassion and wisdom to achieve lasting happiness.

Budismo moderno - Volumen 2: Tantra Gueshe Kelsang Gyatso Budismo moderno es una fuente inagotable de inspiración y nos ofrece soluciones, desde la perspectiva budista, a los problemas que se nos presentan en la vida. Asimismo, anima a los practicantes de cualquier creencia a profundizar en la comprensión y práctica del camino espiritual. Este libro nos enseña a construir la base del camino espiritual, a recorrerlo y completarlo. Si cultivamos la compasión y la sabiduría, seremos capaces de solucionar todos nuestros problemas cotidianos y daremos verdadero sentido a nuestra vida. Con las alas de la compasión y la sabiduría es posible alcanzar la iluminación con rapidez. Volumen 2: Tantra nos muestra cómo practicar las profundas enseñanzas tántricas de Buda –el camino rápido hacia la iluminación–. Con temas como El precioso valor del tantra El tantra de la etapa de generación El tantra de la etapa de consumación Cómo meditar en el canal central, en la gota y en el aire y la mente indestructibles este volumen nos muestra que mediante una práctica sincera podemos cumplir nuestro deseo compasivo y alcanzar la iluminación completa en esta vida.

Tantric Quest Daniel Odier 1997-04-01 The author reveals his passionate experiences with a female Tantric master who taught him the suppressed practices of her ancient order. In 1968 Daniel Odier left Europe for the Himalayas, searching for a master who could help him go where texts and intellectual searching could no longer take him. He wanted everything: the wisdom and spirituality gained from the life of an ascetic and the beauty,

love, and sensuality of a life of passion. He found both in Shivaic Tantrism, the secret spiritual path that seeks to transcend ego and rediscover the divine by embracing the passions. In an isolated Himalayan forest Odier met Devi, a great yogini who would take him on a mystical journey like none he had ever imagined. At times taking him beyond the limits of sexual experience, at times threatening him with destruction, she taught him what it is to truly be alive and to know the divine nature of absolute love. This is the personal memoir of one of France's most honored writers. Tantrism is the only ancient philosophy to survive all historical upheavals, invasions, and influences to reach us intact by uninterrupted transmission from master to disciple, and the only one to retain the image of the Great Goddess as the ultimate source of power.

Practical Astrology Samael Aun Weor 2010-03-01 In this practical and straight-forward guide to Astrology, one of the oldest sciences in existence, Samael Aun Weor explains how to transform your daily life towards the acquisition of knowledge of your true nature, whose result is spiritual elevation, The emergence of natural wisdom, and a deep and pervasive love for humanity. Completely discarding complicated charts and memorization, one has only to rely on the Innermost Being: that divine Star at the heart of our existence. By awakening our consciousness, we experience directly our intimate relationship with our inner cosmos, who is but a reflection of the cosmos around us. That is why the ancient oracle proclaimed, "Man, know thyself, and thou shalt know the universe and it's Gods!" This edition contains three books in its covers: Zodiacal Course, Esoteric Treatise of Hermetic Astrology And The Manual of Practical Magic. In the first two books, Samael Aun Weor gives a complete discourse on the nature of Astrology. In today's world, The true nature and application of this science has been forgotten completely. In these works, Samael Aun Weor sheds the light of wisdom upon a science that is as ancient as the universe. In the third book, Samael Aun Weor gives the secrets of Theurgy, White Magic, which is the science of influencing nature's phenomena in the internal and external worlds under the guidance of Divine Will and Intelligence. The author writes: "The planets move, evolve and progress within the consciousness. The sidereal temples are within the consciousness. The human being is a zodiac And The zodiacal belt is within the consciousness. "The ten Sephiroth of Kabbalah are the solar system. The seven inferior Sephiroth are the seven planets, And The crown formed by Kether, Chokmah and Binah, are the triune spiritual sun. "These ten Sephiroth are within us and we must learn to manipulate them. We must learn how to transfer ourselves To The different stars in order to know the horoscopes of people. "Conversing with the sidereal Gods, we will know our horoscope without the need For The much-boasted about arithmetic astrology. "Arithmetic astrology was For The "Black Age." the age of "Astro-Theurgy" has now arrived!"

Memories, Dreams, Reflections C. G. Jung 2011-01-26 An eye-opening biography of one of the most influential psychiatrists of the modern age, drawing from his lectures, conversations, and own writings. In the spring of 1957, when he was eighty-one years old, Carl Gustav Jung undertook the telling of his life story. Memories, Dreams, Reflections is that book, composed of conversations with his

colleague and friend Aniela Jaffé, as well as chapters written in his own hand, and other materials. Jung continued to work on the final stages of the manuscript until shortly before his death on June 6, 1961, making this a uniquely comprehensive reflection on a remarkable life. Fully corrected, this edition also includes Jung's VII Sermones ad Mortuos.

Tavistock Institute Daniel Estulin 2015-09-14 The real story behind the Tavistock Institute and its network, from a popular conspiracy expert The Tavistock Institute, in Sussex, England, describes itself as a nonprofit charity that applies social science to contemporary issues and problems. But this book posits that it is the world's center for mass brainwashing and social engineering activities. It grew from a somewhat crude beginning at Wellington House into a sophisticated organization that was to shape the destiny of the entire planet, and in the process, change the paradigm of modern society. In this eye-opening work, both the Tavistock network and the methods of brainwashing and psychological warfare are uncovered. With connections to U.S. research institutes, think tanks, and the drug industry, the Tavistock has a large reach, and Tavistock Institute attempts to show that the conspiracy is real, who is behind it, what its final long term objectives are, and how we the people can stop them.

The Tibetan Book of the Great Liberation, Or, The Method of Realizing Nirvāṇa Through Knowing the Mind Walter Yeeling Evans-Wentz 2000 To introduce this great published work on the Eastern, yoga-inspired method of attaining enlightenment, Evans-Wentz presents 100 pages of explanatory notes. Psychoanalyst C.G. Jung offers commentary on the differences between Eastern and Western thought, and Donald S. Lopez, Jr., writes the Foreword. 9 halftones.

La Gnosis Prohibida José M. Herrou Aragón 2012-07-03 Volumen II de las Obras Completas de José María Herrou Aragón. Comprende los libros "La Religión Prohibida", "Gnosis y Alquimia" y el agregado de un escrito sobre el estudio de los libros de Nimrod de Rosario. Este volumen se compone de un vasto conjunto de artículos controversiales sobre gnosis, religión, alquimia, yoga sexual, parapsicología, guerras, revoluciones, crisis internacional, colapso financiero mundial y críticas a las ideas políticas y económicas de moda en el decadente mundo de hoy.

The Crystal and the Way of Light Namkhai Norbu 1986 Chogyal Namkhai Norbu examines the sprirtual path from the viewpoint of Dzogchen.

Tantra : relato de la iniciación de un occidental al amor absoluto Daniel Odier 2014-09

El Budismo Tibetano Esencial Robert A. F. Thurman 1998-05-02 Esta obra es clave para comprender la doctrina que ha llevado a la transformacion radical de la sociedad tibetana modificando la conducta personal y comunitaria, dirigiendolas hacia la universalidad del amor y la liberacion de la sabiduria. El budismo es

una doctrina vigente y liberadora que busca permanentemente el avance evolutivo del hombre y la intensificación de sus emociones, sus percepciones y su inteligencia intuitiva. La esencia del dogma y las enseñanzas de los Budas. La relación del budismo con otras religiones y creencias. La interacción entre budismo y tantrismo. La propagación del budismo desde la India a toda Asia.

Introduction to Tantra Shastra. -- Sir John George Woodroffe 2021-09-09 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Bibliografía española 1998-06

The Mayan Factor José Argüelles 1987-04-01 Visionary historian Argüelles unravels the harmonic code of the ancient Maya providing valuable keys to understanding the next twenty years of human evolution.

Introduction to Buddhism Kelsang Gyatso 2008 A compelling introduction to the essential principles of the Buddhist way of life and what it means to be a Buddhist, this guidebook explains why meditation is such a powerful tool for developing qualities such as inner peace, love, and patience.

Shri Sai Satcharita Govind Raghunath Dabholkar 1999 Translated from original Marathi by Indira Kher, this work is a verse composition containing the known facts about Shri Sai Baba's life at Shirdi, and also his teachings seeks to meet a long-felt need. This is the Bible of Sai devotees in every sense of the term, In its veracity, sanctity, faith and devotion that it inspires and the deep satisfaction, a sense of fulfilment that it brings to the devotee, it has no equal. Its sanctity derives from the fact that its idea was conceived during Baba's lifetime and with his blessings and express permission. For those unaware of Shri Sai Satcharita it is necessary to add that in the original it runs into 53 chapters and contains over 9,000 verses. Every chapter has a judicious mixture of philosophy, stories and anecdotes along with the Baba's teachings.

N 2006

Donde meditan los árboles. Respuestas del alma Ramiro Calle 2014-02-05 Hace ahora dos años, Ramiro Calle, el introductor y gran divulgador del yoga en

España, vivió una experiencia insólita. En cuestión de horas pasó de la más apacible rutina a estar al borde de la muerte a causa de una extraña infección. Una bacteria contraída en su último viaje a Sri Lanka provocó una infección en su cerebro que desconcertó a los médicos; la enfermedad le dejó sumido en estado de coma y hacía esperar "una muerte cierta e inevitable". Pero Ramiro se recuperó felizmente, en lo que algunos (incluido su neurólogo) consideran un verdadero "milagro".// Al hilo de lo ocurrido, este libro recoge las consecuencias en el plano personal y espiritual de una experiencia semejante, dando un paso más allá. En un fértil encuentro con Víctor M. Flores, el reputado experto en hathayoga que cuenta con infinidad de seguidores, ambos –el árbol joven y el más maduro– meditan en voz alta sobre la esencia del yoga y de la vida, desgranando multitud de enseñanzas que revelan al lector aspectos trascendentales de nuestra existencia y, en especial, enuncian los valores y conductas que pueden conducirnos a la paz de ánimo y la verdadera felicidad.

Spiritual Emergency Stanislav Grof 1989-09 Argues that many episodes of transformational crisis have been misdiagnosed as mental illness, and explains how to use such a crisis for spiritual development

Esoteric Buddhism Alfred Percy Sinnett 1907 This theory recognizes the evolution of the soul as a process that is quite continuous in itself, though carried out partly through the instrumentality of a great series of dissociated forms. Putting aside for the moment of profound metaphysics of the theory which trace the principle of life from the original first cause of the cosmos, we find the soul as an entity emerging from the animal kingdom, and passing into the earliest human forms, without being at that time ripe for the higher intellectual life with which the present state of humanity renders us familiar. But through successive incarnations in forms whose physical improvement, under the Darwinian law, is constantly fitting them to be its habitation at each return to objective life, it gradually gathers that enormous range of experience which is summed up in its higher development. In the intervals between its physical incarnations it prolongs and works out, and finally exhausts or transmutes into so much abstract development, the personal experiences of each life. This is the clue to the true explanation of that apparent difficulty which besets the cruder form of the theory of reincarnation which independent speculation has sometimes thrown out. Each man is unconscious of having led previous lives, therefore he contends that subsequent lives can afford him no compensation for this one. He overlooks the enormous importance of the intervening spiritual condition, in which he by no means forgets the personal adventures and emotions he has just passed through, and in the course of which he distills these into so much cosmic progress. In the following pages the elucidation of this profoundly interesting mystery is attempted, and it will be seen that the view of events now afforded us is not only a solution of the problems of life and death, but of many very perplexing experiences on the borderland between those conditions - or rather between physical and spiritual life - which have engaged attention and speculation so widely of recent years in most civilized countries.

The Hero with a Thousand Faces Joseph Campbell 2004-01-01 Examines myths and folk tales from around the world in an attempt to understand the symbolism of the hero as it appears in the mythologies and religions of mankind.

Mientras mi niña duerme Rossana Campo 2010-08 Mientras mi niña duerme cuenta las peripecias de una cronista de sucesos habituada a moverse en un mundo marginal lleno de locos y asesinos. Por desgracia queda involuntariamente embarazada de un hombre («el hijoputa») que la ha abandonado. Mientras se recrea en el odio contra el muy canalla con un lenguaje más propio de un descargador que de una joven embarazada, aparece en escena Fruit, una cantante joven, sensual y arrebatadora, con quien comparte una noche de pasión sáfica. A partir de ahí se desplegará una sucesión de asesinatos, sucesos tragicómicos y enrevesados que nuestra protagonista, obligada por las circunstancias a convertirse en improvisada detective, deberá elucidar mientras batalla por llevar un embarazo digno de la hija que espera y cortarse un poco con el tabaco, los porros y el alcohol. Rossana Campo maneja con fuerza y desenvoltura el género negro y nos ofrece una inédita figura de mujer detective llena de rabia, esperanza y determinación que, con su barriga a cuestas, recorre las calles tórridas de un París oscuro lleno de sombras amenazadoras. Rosanna Campo nació en Génova en 1963 de padres napolitanos y vive entre Roma y París, donde transcurre esta narración. Ha publicado varias obras. In principio erano el mutande (1992), que fue adaptada para el cine en 1999; Il pieno di super (1993); Mai sentita così bene (1995); L'attore americano (1997), entre otras. Además ha escrito una novela para niños, La gemella buona e la gemella cattiva (2000). Recientemente ha publicado las novelas Duro como l'amore y Sono pazza di te.

The Forbidden Religion Jose M. Herrou Aragon 2012-07-03 Gnosis means knowledge. But we are not referring to just any knowledge. Gnosis is knowledge which produces a great transformation in those who receive it. Knowledge capable of nothing less than waking up man and helping him to escape from the prison in which he finds himself. That is why Gnosis has been so persecuted throughout the course of history, because it is knowledge considered dangerous for the religious and political authorities who govern mankind from the shadows. Every time this religion, absolutely different from the rest, appears before man, the other religions unite to try to destroy or hide it again. Primordial Gnosis is the original Gnosis, true Gnosis, eternal Gnosis, Gnostic knowledge in its pure form. Due to multiple persecutions, Primordial Gnosis has been fragmented, distorted and hidden.

Autobiography of a Spiritually Incorrect Mystic Osho 2001-06-09 Understand the life and teachings of Osho, one of the twentieth century's most unusual gurus and philosophers, in *Autobiography of a Spiritually Incorrect Mystic*. In 1990, Osho prepared for his departure from the body that had served him for fifty-nine years—in the words of his attending physician—“as calmly as though he were packing for a weekend in the country.” Who was this man, known as the Sex Guru, the “self-appointed bhagwan” (Rajneesh), the Rolls-Royce Guru, the Rich Man's Guru, and simply the Master? Drawn from nearly five thousand hours of Osho's

recorded talks, this is the story of his youth and education, his life as a professor of philosophy and years of travel teaching the importance of meditation, and the true legacy he sought to leave behind: a religion-less religion centered on individual awareness and responsibility and the teaching of "Zorba the Buddha," a celebration of the whole human being. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Tantric Sex for Men Diana Richardson 2010-06-18 A revolutionary approach to male sexuality offers the keys to achieving sexual fulfillment • Teaches how to retain semen for increased vitality and longer lovemaking • Explains the relationship-strengthening benefits of deep, sustained penetration • Includes foreplay approaches and position sequences Fulfilling sex nourishes love, increases vitality, and boosts mental health. Unfortunately, prevailing attitudes about male sexuality and what is good sex work against these innate features by focusing on the excitement of ejaculation as the one and only goal. Using the tantric guidelines they have practiced for more than 25 years, Diana and Michael Richardson show men how to move beyond their preconceptions of sex as a goal-oriented--and often unintentionally stressful--event so they can relax into sex as a meditative union of complementary energies. They explain how retaining semen allows for increased vitality and extended lovemaking sessions and show the relationship-strengthening benefits of deep, sustained penetration. They also explain how to perform soft penetration and how to avoid premature ejaculation. Tantric Sex for Men includes tried-and-true foreplay approaches, diagrams of sexual position sequences, ways to increase sexual sensitivity through awareness, and how to have ecstatic experiences through reaching a woman's body on a sexually deeper level. The authors also demonstrate how the sexual organs can be used to heal both men and women physically, emotionally, and spiritually.

The Mysteries of Fire Samael Aun Weor 2020-09-13

Merging with Siva Subramuniaswami (Satguru Sivaya.) 2003-08-01 Here is the ultimate text for the really serious seeker. It may well go down in history as the richest and most inspired statement of meditation and God Realization ever, in any language. Yet it's user-friendly, easy-to-follow, sensible, and non-academic! Merging with Siva gives an overview of the path to enlightenment by one who has traveled it himself. Many secrets of the authentic Yoga path -- never before seen in print -- are included. Experience God within through the 365 daily lessons of Merging with Siva. Learn about the functioning and structure of the mind, karmic cycles, the mystical realm of the fourteen chakras, cultivating devotion and meditation, learn some simple and effective techniques for removing subconscious blockages to inspiration and creativity.

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The daily lessons will provide a catalyst for your own intuitive insights, leading you ever deeper into the inner experience of divine oneness, into the clear white light and the self within.

Enseñanzas esotéricas del Tantra Tibetano (Traducido) C. A. Musés 2021-11-05
Este libro contiene tres obras distintas y muy importantes que detallan el pensamiento y la práctica del budismo tántrico tibetano: Los siete rituales de iniciación del Tantra tibetano, Los seis yogas de Naropa y El voto de Mahamudra. Estos libros fueron traducidos y editados por Musés con la ayuda de monjes tibetanos exiliados a partir de manuscritos de la Biblioteca del Congreso. Hay algunos pasajes muy extraños. Está la misteriosa profecía de Mi-Gyur-Dorje, que se encuentra en uno de los manuscritos entre los rituales de iniciación, y que habla de un futuro lejano en el que el Tíbet será destrozado y perseguido por los demonios. Naropa relata el Yoga de entrar en el cuerpo de otro (ique puede utilizarse para reanimar un cadáver!). Naropa también habla con cierta extensión de lo que llamamos sueño lúcido, pero que él llama La práctica del cuerpo ilusorio.

Tantra Andre van Lysebeth 2002-10-01 Known only for the virtues of its sexual practice, ancient Tantric ideology is a universal and wide-reaching ideology virtually ignored in the West. In Tantra: The Cult of the Feminine, one of Europe's foremost Tantric authors and teachers, Andre Van Lysebeth, gives readers a balanced, well-informed, modern examination of the secret teachings and symbolism of Tantra. Espousing no dogma, Tantra involves a search for reality that contradicts neither science nor religion. For Tantra, all of the myriad energy forms in the universe -- gravity, nuclear cohesion, electromagnetism -- exist throughout the cosmos. "Scientifically speaking, the universe is a gigantic continuum ranging from sub-atomic to astronomical dimensions. Tantrists have perceived this unity for over thirty-five centuries," points out van Lysebeth in his introduction. Originally published in 1992, Tantra has become the classic text on the subject, the source for serious students. Eight full-color illustrations and 36 line drawings complement a comprehensive and contemporary explanation of Tantra, complete with meditations. Andre does a remarkable job of bringing ancient theories into the modern world.

The Ancient Secret of the Flower of Life, Volume 2 Drunvalo Melchizedek 2000
The sacred Flower of Life pattern, the primary geometric generator of all physical form, is explored in even more depth in this volume, the second half of the famed Flower of Life workshop. The proportions of the human body, the nuances of human consciousness, the sizes and distances of the stars, planets and moons, even the creations of humankind, are all shown to reflect their origins in this beautiful and divine image. Through an intricate and detailed geometrical mapping, Drunvalo Melchizedek shows how the seemingly simple design of the Flower of Life contains the genesis of our entire third-dimensional existence. From the pyramids and mysteries of Egypt to the new race of Indigo children, Drunvalo presents the sacred geometries of the Reality and the subtle energies that shape our world. We are led through a divinely inspired labyrinth

of science and stories, logic and coincidence, on a path of remembering where we come from and the wonder and magic of who we are. Finally, for the first time in print, Drunvalo shares the instructions for the Mer-Ka-Ba meditation, step-by-step techniques for the re-creation of the energy field of the evolved human, which is the key to ascension and the next dimensional world. if done from love, this ancient process of breathing prana opens up for us a world of tantalizing possibility in this dimension, from protective powers to the healing of oneself, of others and even of the planet. Embrace the expanded vision and understanding that Drunvalo offers to the world. Coincidences abound, miracles flourish and the amazing stories of mysteries unveiled arise as the author probes the Ancient Secrets of the Flower of Life.