

# Urdu Unani Medicines

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**Sacred Remedies** Aasiya Rizvi 2013-12-01 'Sacred Remedies: A combination of Ayurveda, Unani and Phytotherapy cures for common ailments' is a timeless piece of work as it blends ancient remedies with modern findings, presenting the reader with a very wide array of remedies to choose from and with regard to availability of herbs. The book also includes yoga practices and nutritional guidelines offering a holistic dimension to healing with appendices that cover subjects such as pancha karma and immunity. The book is practical, thorough and fun to read.

*Psychological Perspectives on Childcare in Indian Indigenous Health Systems* Malavika Kapur 2015-06-22

This book examines childcare in ancient Indian health systems from the perspective of developmental psychology. The author extensively studies ancient texts and charts from Ayurveda, Unani, Siddha and Tibetan medicines and analyses how gleanings from these systems can be useful in creating preferred practices for modern childcare systems. Though the four systems originated in different geographical regions, they share many common core constructs of a holistic approach consisting of mind-body unity. The core of psychological healing in these systems rests on bringing about harmony and balance of disturbed functions through diet, daily regimen and drugs. However, despite commonalities, understanding of childcare in the four systems varies a great deal. The differences seem to be rooted in local sociocultural, religious and folk healing practices. Remarkably, in all of them, prescriptions of drugs and behaviour are psychologically grounded and uncannily modern from the perspective of developmental

psychology. The book raises the following questions as important for further research: whether holistic approaches be adopted for the empirical study of indigenous health systems, where their strength lies; whether personality frameworks identified in the four systems can be incorporated into contemporary medical practice to its advantage; whether preferred childcare practices among the four systems can be studied empirically in current paediatric, psychological and parenting research; and whether faith, if it is of importance to the patient, can be incorporated as an element into contemporary medical practice.

Current Catalog National Library of Medicine (U.S.) First multi-year cumulation covers six years: 1965-70.

**Indian Journal of Unani Medicine 1991**

*Muslim Bodies* Susanne Kurz 2016 Der Sammelband ist aus einem Panel beim Deutschen Orientalistentag in Marburg 2010 hervorgegangen und beleuchtet aus unterschiedlichen Perspektiven Körpererfahrungen, -kulturen, -diskurse und -techniken in islamisch geprägten Kulturen der Vergangenheit und Gegenwart. Leitgedanke ist dabei die Frage danach, wie Individuen ihr Wissen über Körper/Sexualität im sozialen Feld konstruieren und welche Deutungssysteme (z. B. Islam, graeco-islamische Medizin) dabei wirksam werden. The present volume, product of a conference panel at the German Orientalists' Conference in Marburg 2010, aims at throwing light on the experiences, discourses and body techniques prevailing in Muslim bodily culture. It combines historical with contemporary case studies and explores the individual and collective patterns of knowledge construction related to body and sexuality, in a social field where different and sometimes conflicting knowledge systems (e.g. Islam, Graeco-Islamic Medicine) can be found at work.

*Principles and Short Practice of Cosmetic Care in Unani Medicine* Humyra Tabasum 2018-05-20

Cosmetology, defined as study and application of beauty treatment, has been in practice since ancient times. Natural products involved in cosmetic formulations are becoming popular among the population owing to their safety and effectiveness. The present piece of work focuses on cosmeceutical preparations described in Unani literature regarding hair, skin and nails and is based on the literature from classical Unani texts, viz., Zakhira Sabit Ibn Qurrah, Kitab al Mansoori, Ghina Muna, Kamil Al Sana, Alqanoon Fil

Tib, Zakhira Khawarzam Shahi, Haziq etc.

*Unani Medicine in the Making* Kira Schmidt-Stiedenroth 2020-06-10 In *Unani Medicine in the Making*, Kira Schmidt Stiedenroth examines the contemporary institutions and practices of Graeco-Islamic healing in India. Drawing on interviews with practitioners, clinical observations, and Urdu sources, the book focuses on Unani's multiplicity, scrutinizing apparent tensions between the understanding of Unani as a system of medicine and its multiple enactments as Islamic medicine, medical science, or alternative medicine. Ethnographic details provide vivid descriptions of the current practices of Unani in India and invite readers to rethink the idea that humoral medicine is incommensurable with modern science. Ultimately, the book also discusses the relationship of Unani with Muslim communities, examining the growing practice of Prophetic Medicine in Urban India and the increasing representation of Unani as Islamic Medicine.

*Functional Foods and Nutraceuticals* Chukwuebuka Egbuna 2020-08-24 Functional foods and nutraceuticals are food products that naturally offer or have been modified to offer additional health benefits beyond basic nutrition. As such products have surged in popularity in recent years, it is crucial that researchers and manufacturers understand the concepts underpinning functional foods and the opportunity they represent to improve human health, reduce healthcare costs, and support economic development worldwide. *Functional Foods and Nutraceuticals: Bioactive Components, Formulations and Innovations* presents a guide to functional foods from experienced professionals in key institutions around the world. The text provides background information on the health benefits, bioavailability, and safety measurements of functional foods and nutraceuticals. Subsequent chapters detail the bioactive components in functional foods responsible for these health benefits, as well as the different formulations of these products and recent innovations spurred by consumer demands. Authors emphasize product development for increased marketability, taking into account safety issues associated with functional food adulteration and solutions to be found in GMP adherence. Various food preservation methods aimed at enhancing the quality and shelf life of functional food are also highlighted. *Functional Foods and Nutraceuticals: Bioactive Components, Formulations and Innovations* is the first of its kind, designed to be useful to students, teachers, nutritionists, food scientists, food technologists and public health regulators alike.

**Scientific Basis for Ayurvedic Therapies** Lakshmi C. Mishra 2003-09-29 Arguably the oldest form of health care, Ayurveda is often referred to as the "Mother of All Healing." Although there has been considerable scientific research done in this area during the last 50 years, the results of that research have not been adequately disseminated. Meeting the need for an authoritative, evidence-based reference, Scientific Ba

*Different Types of History* Project of History of Indian Science, Philosophy, and Culture. Sub Project: Consciousness, Science, Society, Value, and Yoga 2009

**The Traditional Healer's Handbook** Ghulam Moinuddin Chishti 1991 This comprehensive guide to healing synthesizes the principles and practices of Hippocratic, Chinese, Ayurvedic, and Persian medicine, and includes the first English translation of one of the handbooks of Avicenna, whose writings have been classics in herbal and dietetic medicine for more than 1,000 years. Based on the philosophy that "food is the best medicine," Avicenna's canon provides simple and effective diagnostic techniques and therapies for maintaining health and strengthening the immune system. Includes a botanical guide for the 100 most-used healing herbs and recommended treatments for 400 conditions, including diet and nutrition, herbology, and aromatherapy.

**Physicochemical Standards of Unani Formulations** 1986

*Avicenna's Medicine* Mones Abu-Asab 2013-07-04 The first contemporary translation of the 1,000-year-old text at the foundation of modern medicine and biology • Presents the actual words of Avicenna translated directly from the original Arabic, removing the inaccuracies and errors of most translators • Explains current medical interpretations and ways to apply Avicenna's concepts today, particularly for individualized medicine • Reveals how Avicenna's understanding of the "humors" corresponds directly with the biomedical classes known today as proteins, lipids, and organic acids A millennium after his life, Avicenna remains one of the most highly regarded physicians of all time. His Canon of Medicine, also known as the Qanun, is one of the most famous and influential books in the history of medicine, forming the basis for our modern understanding of human health and disease. It focused not simply on the treatment of symptoms, but on finding the cause of illness through humoral diagnosis—a method still used in traditional

Unani and Ayurvedic medicines in India. Originally written in Arabic, Avicenna's Canon was long ago translated into Latin, Persian, and Urdu, yet many of the inaccuracies from those first translations linger in current English translations. Translated directly from the original Arabic, this volume includes detailed commentary to explain current biomedical interpretations of Avicenna's theories and ways to apply his treatments today, particularly for individualized medicine. It shows how Avicenna's understanding of the humors corresponds directly with the biomedical definition of proteins, lipids, and organic acids: the nutrient building blocks of our blood and body. With this new translation of the first volume of his monumental work, Avicenna's Canon becomes just as relevant today as it was 1,000 years ago.

**Contribution to the Unani Medicinal Plants from North Arcot District-Tamil Nadu Regional Research Institute of Unani Medicine, Madras. Survey of Medicinal Plants Unit 1992 Study with reference to North Arcot (India).**

**National Formulary of Unani Medicine 1983**

Traditional Systems of Medicine M. Z. Abdin 2006 The drugs of herbal, herbo-mineral and animal origin have been used by the traditional healers to maintain health and treat diseases since the dawn of civilization. This book contains chapters on Good Laboratory Practices (GLP) and Good Manufacturing Practices (GMP) of traditional medicines.

Ayurvedic Pharmacopoeial Plant Drugs C. P. Khare 2015-11-18 "This kind of systematic work is exactly what is needed for people to help bridge traditional Ayurvedic practice with modern science."

Venkatraman Ramakrishnan, Nobel laureate, current president of the Royal Society and group leader at the Medical Research Council Laboratory of Molecular Biology, Cambridge Biomedical Campus, UK Ayurvedic Pharmacopoe

**Islam and Healing** S. Alavi 2008-09-02 Traces the Islamic healing tradition's interaction with Indian society and politics as these evolved in tandem from 1600 to 1900, and demonstrates how an in-house struggle for hegemony can be as potent as external power in defining medical, social and national modernity. A

pioneering work on the social and medical history of Indian Islam.

*Textbook of Cosmetology in Unani Medicine* Nazim Husain 2021-04-09 This book is intended primarily for medical students, interns, and general practitioners interested in improving their ability to deal with beauty care and ushering in this field. We have essentially chosen to present the theoretical as well as the practical aspects of cosmetology in order to approach the most appropriate strategies suitable for skin type in an abridged manner. Our primary goal is to provide our readers a better understanding of the subject enriched with Unani concept and therapeutic strategies.

**Avicenna's Medicine** Mones Abu-Asab 2013-07-04 The first contemporary translation of the 1,000-year-old text at the foundation of modern medicine and biology • Presents the actual words of Avicenna translated directly from the original Arabic, removing the inaccuracies and errors of most translators • Explains current medical interpretations and ways to apply Avicenna's concepts today, particularly for individualized medicine • Reveals how Avicenna's understanding of the "humors" corresponds directly with the biomedical classes known today as proteins, lipids, and organic acids A millennium after his life, Avicenna remains one of the most highly regarded physicians of all time. His Canon of Medicine, also known as the Qanun, is one of the most famous and influential books in the history of medicine, forming the basis for our modern understanding of human health and disease. It focused not simply on the treatment of symptoms, but on finding the cause of illness through humoral diagnosis—a method still used in traditional Unani and Ayurvedic medicines in India. Originally written in Arabic, Avicenna's Canon was long ago translated into Latin, Persian, and Urdu, yet many of the inaccuracies from those first translations linger in current English translations. Translated directly from the original Arabic, this volume includes detailed commentary to explain current biomedical interpretations of Avicenna's theories and ways to apply his treatments today, particularly for individualized medicine. It shows how Avicenna's understanding of the humors corresponds directly with the biomedical definition of proteins, lipids, and organic acids: the nutrient building blocks of our blood and body. With this new translation of the first volume of his monumental work, Avicenna's Canon becomes just as relevant today as it was 1,000 years ago.

Unani System of Medicine in India Mohammed Abdur Razzack 1991

**Science and Modern India: An Institutional History, c.1784–1947: Project of History of Science, Philosophy and Culture in Indian Civilization, Volume XV, Part 4** Das Gupta 2011 Science and Modern India: An Institutional History, c.1784-1947: Project of History of Science, Philosophy and Culture in Indian Civilization, Volume XV, Part 4 comprises chapters contributed by eminent scholars. It discusses the historical background of the establishment of science institutes that were established in pre-Independence India, and still exist, their functions and their present status. This volume discusses Indian science institutes that specialize in a particular field. It also delves into the area of engineering sciences.

**Unani** Jamil Ahmad 1998 A useful book on the Graeco-Arab medical system of 'Unani' based on the balance of the humours in the body. Also has an informative chapter on home remedies.

*English Education at the Tertiary Level in Asia* Eun Sung Park 2017-03-16 This is the third volume of a trilogy on English Language education in Asia within the Routledge Critical Studies in Asian Education. Put together by editors and contributors selected by Asia TEFL, this book provides a timely and critical review of the current trends in tertiary level English education in Asia. It foregrounds the developments and trends, policies and implementation, as well as research and practice. Written by ELT scholars and educational leaders, this book presents articles on China, Hong Kong, India, Japan, Korea, Malaysia, the Philippines, Singapore, Thailand, and Vietnam. While the authors focus on their own local issues, providing an overview of the state of tertiary English teaching in their respective territories, they also provide insights from their successes and failures which can help inspire solutions to similar challenges faced internationally in the field. Chapters in the book include: • Heading toward the global standardization of English education in Korean universities • English in tertiary education in India: A Janus-faced perspective with special reference to University of Delhi • Developing English language skills in the Singapore higher education context • ELT at tertiary institutions in China: A developmental perspective This book will be valued by administrators, researchers and scholars interested in bilingualism, language policy and planning in higher education.

**Activities and Achievements** Central Council for Research in Unani Medicine (India) 1988

WHO benchmarks for the training of Unani medicine 2022-02-11 The WHO benchmarks for the training of Unani medicine is an update of its previous version published in 2010. It defines the minimum requirement/criteria for establishing training of Unani medicine in WHO Member States. It provides the fundamental knowledge requirements for all those involved in practice and training of Unani medicine, including safety issues related to its clinical application and medicinal preparation. The document shall serve as a reference to national authorities to establish/strengthen regulatory standards to ensure qualified training and practice of Unani medicine. The document is aligned with the objectives of the WHO Traditional Medicine Strategy 2014-23. It reflects consensus arrived through established WHO processes from the community of practitioners in Unani medicine, health service providers, academics, health system managers, and regulators. The document provides information on types of training including training requirements for Unani medicine practitioners and associate Unani medicine service providers, presents the requirements on competency-based knowledge and skills for Unani medicine practitioners and associate Unani medicine providers, and provides content and structures for different training programmes. This update differs from the previous edition in its description of category of health work force, type of training offered and information integrating category of training with the levels of practice described in the WHO Benchmarks for the Practice of Unani medicine.

*Herbal Medicine for Diseases* 2005

**State of Unani Medicine in India** Mohammed Khalid Siddiqui 1995

National Library of Medicine Current Catalog National Library of Medicine (U.S.) 1987

**Standardisation of Single Drugs of Unani Medicine** 2006

Natural Bio-active Compounds Mallappa Kumara Swamy 2019-09-19 Nature has consistently provided human beings with bioactive compounds that can be used directly as drugs or indirectly as drug leads. Some of the major classes of natural bioactive compounds include phenolics, alkaloids, tannins, saponins, lignin, glycosides, terpenoids, and many more. They possess a broad range of biological activities and are

primarily useful in the treatment of various health issues. At the same time, the search for new and novel drugs is never-ending and, despite major advances in synthetic chemistry, nature remains an essential resource for drug discovery. Therefore, more and more researchers are interested in understanding the chemistry, clinical pharmacology, and beneficial effects of bioactive compounds in connection with solving human health problems. This book presents a wealth of information on natural metabolites that have been or are currently being used as drugs or leads for the discovery of new drugs. In addition, it highlights the importance of natural products against various human diseases, and their applications in the drug, nutraceuticals, cosmetics and herbal industries. Accordingly, the book offers a valuable resource for all students, educators, and healthcare experts involved in natural product research, phytochemistry, and pharmacological research.

The Unani Pharmacopoeia of India 2008

*Standardisation of Single Drugs of Unani Medicine 2006*

**Homoeopathic Self Guide For Beginners** Shiv Dua The Book Especially Suits People... Who Desire To Learn Homoeopathy For Self-Treatment, Who Care Their Health And Their Health Of Their Family Members As Well. Who Wish To Cure Disorders And Acute Diseases At Home.

*Annual Report India. Ministry of Health and Family Welfare 2004*

Advanced Bach Flower Therapy Götz Blome 1999-08 This reference book marks a major advancement in the scientific use of flower essences, detailing 200 clinically proven combinations of Bach Flower essences for treating hundreds of psychological conditions at their source.

**Chinese and Indian Medicine Today** Md. Nazrul Islam 2017-04-04 This book discusses Asian medicine, which puts enormous emphasis on prevention and preservation of health, and examines how, in recent decades, medical schools in Asia have been increasingly shifting toward a curative approach. It offers an ethnographic investigation of the scenarios in China and India and finds that modern students and

graduates in these countries perceive Asian medicine to be as important as Western medicine. There is a growing tendency to integrate Asian medicine with Western medical thought in the academic curriculum that has led to a gradual decline of Asian medical thought and practices. At the same time, there has been a massive rise in patent drugs, health products and cosmetics being sold under the brand names of Asian medicine or herbal medicine. Most of these drugs and health products do not follow the classical formulas found in the Asian medical texts. The book analyses these texts and concludes that contemporary Asian medicine rarely follows the classical texts, and in fact uses Asian medicine brands to sell Western health products and practices. With a particular focus on the formal and professional sector of Chinese herbal medicine and Indian ayurvedic medicine in urban areas, this book appeals to a broad readership, including undergraduate students and academics as well as non-experts. Md. Nazrul Islam is an Associate Professor in the General Education Office, United International College, Beijing Normal University-Hong Kong Baptist University. He was a Visiting Associate Professor in the School of Population and Public Health, University of British Columbia (2015-16) during which time he completed this book manuscript.

**Humanities, Provocateur** 2021-12-30 This highly original collection is a far cry from the demand on the literary humanities to offer the soothing hum of theory to a world of breaks, crises and pain. Instead, it exemplifies a way ahead for the critical humanities.... -Arjun Appadurai, New York University 'Doing the Humanities' comes to life in this passionate, provocative set of experiments in descriptive poetics. Failure, fantasy, freefall are reconceived as forms of aesthetic achievement across the creative arts.... -Ros Ballaster, University of Oxford ....This timely volume inspires a collective undertaking to learn 'to do' the humanities through the untimeliness of a work of art. A humanities that remains attentive to this form of techné will prove indispensable to remaking the world in the aftermath of a pandemic. -Premesh Lalu, University of the Western Cape ....exhilarating in the democratic breadth of its interests, the emotional fervour of its commitments and its yoking of systemic criticism to the work of poetic language. -Helen Small, University of Oxford How can the humanities make an intervention in such a time as this, when life as we have known it hangs in pandemic balance since the spring of 2020-and when contagion calls for distancing and isolation, while loneliness cries out for the solace of touch? Perhaps only by being, at once, fearless, critical, sorrowing, exultant, enraged, intimate. Humanities, Provocateur brings you fourteen

essays and two creative pieces by established as well as younger scholars and writers from America, Europe, the Middle East, South Africa and South Asia, in a bracing invitation to a freefall of reading. They travel from classical literatures and philosophy to twentieth-century writing, cinema and critical-imaginative thinking, grouped whimsically around a set of provocations-Gleaning, Perforation, Caprice, Paraphernalia, Descent, Flux, Flesh, Ephemera-and welcome you to argue, to cherish or to distrust. Taking sharp, sparkling twists and turns in thought and style, this eclectic collection of writings incites you to be intellectually adventurous and destitute at the same time. And, invoking Dante, to never be afraid, for our fate is our gift.

Essays on Literature, History & Society Syed Naqi Husain Jafri 2010 In a consideration of a vast scope of themes such as ghazal as a form of non-conformist poetry, Hispano-Arabic connections with English poetry, Syed Ahmad Khan's role in the Urdu-Hindi controversy, and madrasa education and its contemporary criticism, the volume forms an important compliment (and corrective) to much of the current writings on the various issues.

*The Routledge Handbook of Religion, Medicine, and Health* Dorothea Lüddeckens 2021-11-24 The relationships between religion, spirituality, health, biomedical institutions, complementary, and alternative healing systems are widely discussed today. While many of these debates revolve around the biomedical legitimacy of religious modes of healing, the market for them continues to grow. The Routledge Handbook of Religion, Medicine, and Health is an outstanding reference source to the key topics, problems, and debates in this exciting subject and is the first collection of its kind. Comprising over thirty-five chapters by a team of international contributors, the Handbook is divided into five parts: Healing practices with religious roots and frames Religious actors in and around the medical field Organizing infrastructures of religion and medicine: pluralism and competition Boundary-making between religion and medicine Religion and epidemics Within these sections, central issues, debates and problems are examined, including health and healing, religiosity, spirituality, biomedicine, medicalization, complementary medicine, medical therapy, efficacy, agency, and the nexus of body, mind, and spirit. The Routledge Handbook of Religion, Medicine, and Health is essential reading for students and researchers in religious studies. The Handbook will also be very useful for those in related fields, such as sociology, anthropology, and medicine.

